

PSYCHIC NEWS

incorporating Two Worlds

NEW SURVEY LAUNCHED INTO THE AFTERLIFE

**WISDOM FROM THE LAND OF
LOVE AND LIGHT BEYOND**

**LIFTING THE LOCKDOWN
AS CHURCHES
START TO REOPEN**

**TABLE 'TALKS' WITH
FAMOUS 'DEAD' AUTHOR**

**WE ALL HAVE THE DIVINE
SPARK WITHIN US**

**SEPARATED TWINS
REUNITED AFTER
CHANCE ENCOUNTER**

**LEARN THE ART OF
PSYCHOMETRY**

**'I'M A CELEBRITY...' WILL BE
BASED IN HAUNTED CASTLE**

**ARTHUR FINDLAY
COLLEGE PLANS
RUSSIAN WEEK**

**THERAPY DOG NOMINATED
FOR HEALTH HERO AWARD**

**HOSPITAL GARDEN HELPS
EXPLORER TO RECOVER
FROM CORONAVIRUS**

DIALOGUE WITH HEAVEN

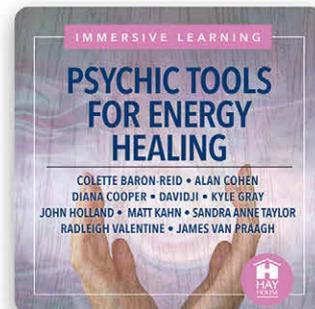
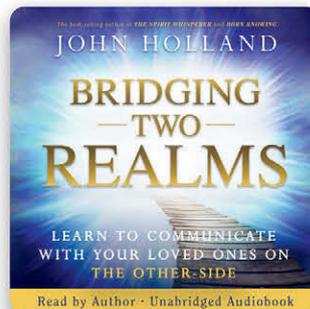
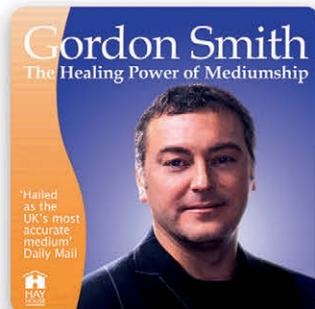
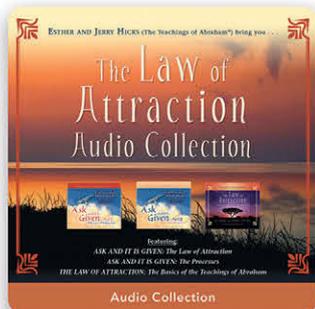
**KYLE'S CARDS HAVE
ANGELIC ANGLE**

NEW AUDIOS
ADDED EVERY WEEK!

Get unlimited access to ALL Hay House audio.



Hay House has been recording audio products with bestselling authors like Gordon Smith, Esther Hicks, John Holland, Radleigh Valentine, Louise Hay and many others for the past 30 years. Now, we're giving you easy, affordable access to ALL of them.



Introducing the Hay House Unlimited Audio mobile app

Carry endless inspiration in your pocket with our new mobile app. At the touch of a button, you'll have access to:

- Over 400 life-changing audiobooks from bestselling authors
- Over 200 meditations to help with everything from easing anxiety and stress to accessing past life memories
- Hundreds of immersive learning audios to help you to improve your mediumship, nurture your connection to spirit, manifest the life of your dreams and more

NOTHING ELSE
TO PURCHASE AND
NO MONTHLY CREDITS
– TRULY UNLIMITED
ACCESS TO
EVERYTHING
IMMEDIATELY!

Plus, the easy-to-use player allows you to keep your place for listening later, skip through by chapter, download your audios to listen to offline and sync your progress between devices!



Start your 7-day free trial now –
search 'Hay House Unlimited' in the App/Play Store on your mobile device



CONTENTS

05 Two Worlds Are One
Amongst various topics, Tony Ortzen tells how being in space had a profound effect on an astronaut, and TV presenter Paul O'Grady describes seeing UFOs

09 Lifting the lockdown as churches start to reopen
A report from Bournemouth Spiritualist Church, which was amongst the first to open again after lockdown restrictions were eased

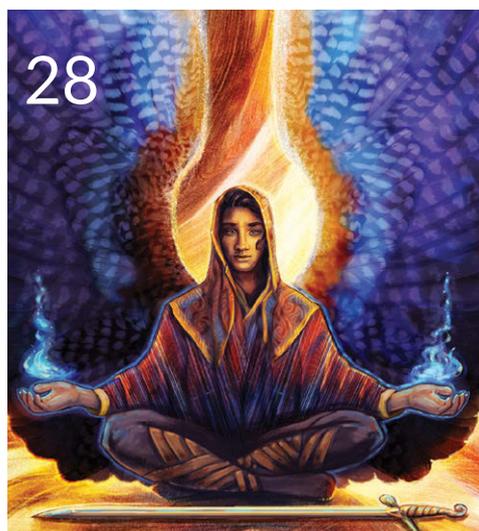
10 Making premises safe
Environmental Health Officer Geoff Nunn outlines the steps taken to make Bournemouth church safe, as the COVID-19 pandemic continues

11 Arthur Findlay College plans Russian week
Plans are announced to host the college's first ever week for Russian students

12 Principal explains why college remains closed
Minister David R. Bruton says it is unlikely that the Arthur Findlay College will reopen until the spring of next year

13 Separated twins are reunited after a chance encounter
Identical twins meet years after being separated in "a cruel experiment"

14 COVER STORY
New survey is launched into the afterlife
Here's your chance to take part in a new online survey into life after death



28

COMPOSURE



30

16 Therapy dog is nominated for Health Hero award
A Cockapoo and her owner who visit intensive care units could win an award

17 Hospital garden helps explorer to recover from coronavirus
Robin Hanbury-Tenison tells of being placed in a garden to aid his recovery

18 Top TV programme will be based in haunted castle
Due to the coronavirus crisis, this year's *I'm a Celebrity... Get Me Out of Here!* will not be held in Australia, but in a haunted Welsh castle

19 'We all have the divine spark within us' says medium
Minister and medium Suzanne Gibson-Foy tells her psychic story

22 Dialogue with heaven
Barbara White outlines some of the ways those in the Higher Life communicate with us

24 Table 'talks' with famous 'dead' author
Roy Stemman reviews a new book about a leading spiritual centre in Scotland

26 Behind the scenes at Camp Silver Belle
Still wearing his reviewer's hat, Roy comments on a title about American medium Ethel Post Parrish

28 Kyle's cards have angelic angle
Tarot expert Wendy Stokes explores a new oracle deck by angel expert Kyle Gray



22

30 Lighthouses of the spirit
Sit back and enjoy some wonderful trance teachings from Silver Birch

32 Learn the art of psychometry
Craig Hamilton-Parker features the fascinating field of psychometry

35 When the white angel calls
A truly inspirational funeral service from famous trance medium J. J. Morse

39 Ask a medium
Robert Brown answers your questions about mediumship and Spiritualism

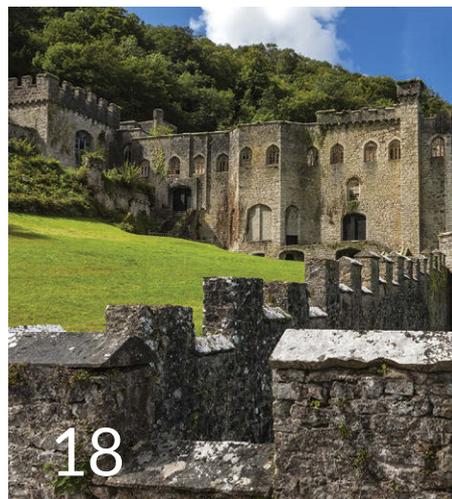
42 The agony of Marie Le Moyne
John West explores a terrible tale of torture in a castle tower

46 Spiritual art
Assistant editor Paul Brett watches psychic artist Alan Stuttle at work

48 Green man has colourful past
Graham Jennings investigates the Green Man's origins and some weird and wonderful British superstitions

53 Classified advertising

60 What's on listings



18

Never miss a copy of *Psychic News*

Psychic News is a monthly 68-page magazine produced in the UK and sent all over the world. It began as a weekly newspaper in 1932.

It features news, views and features on all aspects of living a spiritual life, New Age subjects, mind body spirit and the paranormal.

PLACE AN ORDER WITH YOUR NEWSAGENT NOW OR SUBSCRIBE DIRECT

Please Note: We are currently only producing free online monthly issues during the Covid-19 pandemic. Your subscription will start when we return to the printed issues - which we hope will be very soon.

Never miss a copy of *Psychic News* Take out a subscription!

	6 Months	1 Year
United Kingdom	£25	£48
Overseas	£35	£68
Online version	£14	£26

For the online website version, or to pay in your own currency, please visit:

www.psychicnews.org.uk

By post, send your details or the form (right) to: Psychic Press Ltd,
Unit 2, Griggs Business Centre
West Street, Coggeshall,
Essex CO6 1NT

Email: subscription@psychicnews.org.uk

For the interactive app version with added video content, visit pocketmags.com

Please send me a subscription to *Psychic News* for
(tick box) 6 months 1 year

Name

Address.....

.....

.....

.....

.....

Telephone No.....

Email Address.....

I enclose a cheque for £.....

Cheques payable to 'Psychic Press Ltd'

Please charge my card £.....

Card No

Expiry date

Sec. No (last 3 numbers on reverse).....

We would occasionally like to send you special offers relating to *Psychic News*. If you would like to be informed of these please tick the method you would like to receive them by:

Email Post Phone Any

EDITOR
Tony Ortzen

ASSISTANT EDITOR,
ADVERTISING,
CIRCULATION & MARKETING
Paul Brett
pnadverts@gmail.com

CIRCULATION MANAGER
& EDITORIAL SECRETARY
Amber Wallbank
pneditorials@gmail.com

TECHNICAL ASSISTANT
Magnus Smith

DESIGN AND LAYOUT
Louise Lynch

ACCOUNTS
Bryan Golland

CONTACT DETAILS:
Psychic Press Ltd,
Unit 2, Griggs Business Centre
West Street, Coggeshall
Essex CO6 1NT

Tel: 01376 563091

EDITORIAL EMAIL
pneditorials@gmail.com

WEBSITE &
ONLINE SUBSCRIPTIONS
www.psychicnews.org.uk

ISSN 0033-2801

*The Psychic News logos are UK and Community
registered trade marks of Psychic Press Limited*

FRONT COVER

Life after death

(Photo: Anastasios Kandris/Shutterstock)



Psychic News. Published by Psychic Press Limited. Pre-press and printing by Warners (Midland), Lincolnshire. We regret that we are unable to recommend particular mediums and healers. Whilst we endeavour to ensure those given editorial coverage on our pages and those who advertise their services are bona fide exponents, the abilities of exponents are often subjective. Advertisements appearing in *Psychic News* do not necessarily reflect editorial policy and no responsibility can be accepted for dissatisfaction with any service or product. Readers are asked to exercise due care when responding to advertisements. Whilst we welcome them, PN cannot take responsibility for unsolicited manuscripts, articles, photographs etc. © Psychic Press Ltd



MIX
Paper from
responsible sources
FSC® C017177



TWO WORLDS ARE ONE

NEWS AND VIEWS FROM
THE EDITOR'S DESK

BY TONY ORTZEN

Making space for story..

I WAS fascinated last month to see two American astronauts splash down into the ocean, as the first commercial crewed mission to the International Space Station returned to Earth.

The SpaceX Dragon Capsule which carried Doug Hurley and Bob Behnken landed in the Gulf of Mexico just south of Pensacola on Florida's Gulf coast.

A recovery vessel moved in to pick up the vehicle and free the men, who were then checked by medical staff before being flown to shore by helicopter.

The touchdown marked the first crewed American water landing since the final outing of an Apollo command module 45 years ago.

The astronauts' Dragon capsule launched to the space station at the end of May on a Falcon 9 rocket. It will now be refurbished to fly again next year.

Whether or not their adventure will have a spiritual effect on the astronauts I do not know, but their mission reminded me of the impact space made on Edgar Mitchell, who was the sixth man to walk on the moon.

Edgar described a mystical experience, which occurred on his way back to earth after nine hours of working on the moon's surface, as follows:

"I had completed my major task for going to the moon and was on my way home and

was observing the heavens and the earth from this distance, observing the passing of the heavens.

"As we were rotated, I saw the earth, the sun, the moon, and a 360-degree panorama of the heavens.

"The magnificence of all of this was this trigger in my visioning. In ancient Sanskrit, it's called Samadhi."



EDGAR MITCHELL: "In outer space, you develop an instant global consciousness."

Psychic News (incorporating Two Worlds)

Psychic News was founded in 1932 and *Two Worlds* in 1887. Both were established by famous mediums and joined forces in July 2018 to form a single publication promoting Spiritualism from an independent viewpoint and mind-body-spirit issues.

© We are always thrilled when readers and subscribers tell their social media friends about *Psychic News* and the stories or features that they particularly enjoy. By publicising our existence in this way you are giving us valuable support.

But please remember that like all other publications, our contents are copyright, which means you must not publish screen captures or copies of our pages on Facebook, Instagram, websites or other online media platforms without our permission.

Instead, when you write a comment or a few paragraphs about something you have read in our columns, please add psychicnews.org.uk as a link so that your followers can visit us and buy their own copy of the magazine or take out a subscription and read the story in full.

Then came: "It means that you see things with your senses the way they are – you experience them viscerally and internally as a unity and a oneness accompanied by ecstasy."

"All matter in our universe is created in star systems, and so the matter in my body, the matter in the spacecraft, the matter in my partners' bodies, was the product of stars. We are stardust, and we're all one in that sense."

Edgar later co-founded the Institute of Noetic Sciences. Noetic, from the Greek word *noetikos*, means "inner/intuitive knowing."

In a nutshell, the institute is a non-profit parapsychological research institute. As well as probing consciousness, it undertakes research into other important areas such as healing, mindfulness, meditation and prayer.

Later Edgar added: "I realised that the story of ourselves as told by science – our cosmology, our religion – was incomplete and likely flawed."

"I recognised that the Newtonian idea of separate, independent, discreet things in the universe wasn't a fully accurate description. What was needed was a new story of who we are and what we are capable of becoming."

Born in Texas in 1930, Edgar once said: "We went to the moon as technicians. We returned as humanitarians."

During the Apollo 14 flight, Edgar attempted to transmit information telepathically to friends on Earth. The results of the experiments were published in the *Journal of Parapsychology*.

Edgar was a firm believer in life elsewhere in the universe and "90 per cent sure that many of the thousands of unidentified flying objects recorded since the 1940s belong to visitors from other planets."

In 1998, he called on the American government to acknowledge publicly what it knew about alien life.

Even as relatively recently as 2008, Edgar insisted during a radio interview that aliens had contacted humans multiple times.

Earlier, the astronaut said he had met with officials from three other countries apart from America who had personal encounters with those from other planets.

Edgar added the evidence of



PAUL O'GRADY: "I'm just terrified of waking up one night and there's this thing at the bottom of my bed like ET." (Photo: Steve Punter)

extraterrestrial contact was strong and that beings were giving technology to the US government.

"In outer space," he commented, "you develop an instant global consciousness, a people orientation, an intense dissatisfaction with the state of the world and a compulsion to do something about it... My view of our planet was a glimpse of divinity."

Comic is serious about UFOs

THESE days, most so-called comedians on the radio or TV just don't amuse me for a single second. Whilst audiences laugh like hysterical hyenas, I just think, "Well, what on earth's funny about that?"

An exception is Paul O'Grady, who always has a witty word or spontaneous clever quip no matter what the situation.

I don't know if he is interested in Spiritualism and the paranormal, but it seems he's also a firm believer in UFOs.

Paul told listeners to his Radio 2 show that he has seen a UFO hovering above his orchard.

"I was listening to Kim Wilde and she was going on about aliens," he said on one of his Sunday programmes.

"We've got 'em in Kent – I'm serious – over Folkestone, Dungeness and Hythe.

I've seen them. I'm not the only one. I've got witnesses, so I'm not going out of my mind."

Once best known as the female impersonator Lily Savage, Paul, who these days is much concerned with animal welfare, continued: "These strange light formations are in the sky and we don't know what they are.

"The Army say it's not them sending flares up, so we don't know, but I'm just terrified of waking up one night and there's this thing at the bottom of my bed like ET.

"You don't know do you? It's like I'm taking the dog round the orchard and I'll look up and there are these weird lights. I'm being observed... at 2.00 am."

American singer Kim Wilde is on record as saying that she watched a UFO "about 20 times the size of an aeroplane" hovering above her back garden for two hours at her Hertfordshire home.

At first, she thought it was Michael Jackson coming to haunt her. Kim was Michael's support act during his 1988 Bad tour. The singer added:

"It was the day after Michael Jackson died and I thought, 'He is coming back to haunt me!'

"It was on a Friday night and I saw two lights in the sky that were static and silent.

"I stood watching them above my garden from about 11.00 pm till one in the morning.

"It had a profound effect on me. It makes me think that somebody is looking after us."

Meghan Markle's meditational sparkle

RECENTLY, there's been a huge amount of hoo-ha concerning a new book which features Harry and Meghan, as many of us still think of them, rather than the Duke and Duchess of Sussex.

In any event, it seems a massive shame that they have stepped back from their Royal duties, especially as the couple seemed able to attract and link with so many young people and various communities within the UK who, until their marriage, had no interest whatsoever in the monarchy.

After their relationship became public knowledge, it emerged that Meghan practises transcendental meditation twice a day.

Los Angeles-based Light Watkins, who spent some time with Prince Harry's future wife, told the *Sunday Express* that meditation "is key to the chilled-out demeanour that is winning her admirers."

The former model explained that he met Meghan "through a mutual friend. I think she had been working on some diet stuff with him.

"She'd been obviously familiar with the



ACCORDING to a report from America, the Duchess of Sussex undertakes transcendental meditation twice a day. (Photo: Mark Jones)

meditational practice and had been doing it on her own.

"Maybe a week or two after that, she came by my home studio and we did a little private meditation session."

Mr Watkins added: "I took her through it and she had wonderful experiences. It seems like she was in a relatively good space beforehand and in a better space afterwards.

"She was wonderful to work with and seemed very appreciative." Mr Watkins explained that he sends out a "daily dose of inspiration" and Meghan "responds to those from time to time. I'm pretty sure she's still meditating."

The paper added that transcendental meditation is also popular with celebrities like Oprah Winfrey, Sir Paul McCartney and Australian actor, singer and producer Hugh Jackman.

'Diana attended wedding' claim

DESPITE their sometimes very public faults, failings and foibles, I'm a huge fan of the Royal Family.

The great tragedy is that due to an unhappy marriage, Princess Diana suffered from various emotional and psychological problems as well as an eating disorder. Nonetheless, she was obviously a truly super mum and adored her sons.

Here's a story I wrote a few years ago. At the moment, with most Spiritualist churches still closed, though we are as keen as mustard to do so, it's still not financially feasible to produce a printed version of *Psychic News*.

For that reason, this issue is a mixture of new items and some "best of" features from both *Psychic News* and *Two Worlds*. All subscriptions will be extended once we are back in print.

Still in America, two identical twins who are mediums made news in the British press with their claim that Diana returned to tell them she would attend Harry and Meghan's wedding.

Terry and Linda Jamison said the princess would not miss the event "for the world." According to the twins, Diana told them: "I will most definitely be present for Harry and Meghan's wedding. I was also there for William and Kate's wedding.

"It will be beautiful, like my own



KIM WILDE watched a UFO "about 20 times the size of an aeroplane." (Photo: Andrew Hurley)

ceremony with a horse and carriage. I am around them all more than they realise.”

One press report stated: “It’s expected that Harry and Meghan will pay tribute to his dead mum – who died in a car crash in Paris in 1997 – in a number of small ways at their wedding.

“Meghan, for example, will continue the royal bridal tradition of carrying a sprig of myrtle in her wedding bouquet, as every bride has since Queen Victoria.

“The royal myrtle comes from the same plant grown at Osborne House on the Isle of Wight.”

Out of interest, I did some homework to discover the symbolism behind myrtle.

According to ancient Greek mythology, Venus, the goddess of love, visited the isle of Cytherea, but was ashamed to show herself because she was nude.

To hide her nakedness, Venus hid behind a myrtle tree. She later adopted the tree as her favourite and it became known as sacred to her. It is thought to inspire lasting love, marital fidelity and prosperity.

Apparently, the ancient Greeks so revered the myrtle tree that they planted them around their temples and places of worship.

Telegram confirms father’s passing

ONE of the pitfalls of working at home is that despite my best efforts, the office is always bulging with books, boxes, magazines, pens, cuttings, etc, and items occasionally go walkabouts i.e. I misplace them.

Here’s a case in point. A feature from the *Daily Mail*, which a reader kindly sent about survival after death, recently resurfaced when I was searching for something else.

The paper asked readers for their accounts after a study found that up to six in ten people see, sense or hear a “dead” partner.

Dozens of them responded “to say that you had indeed had contact with partners, friends and even pets after death.”

Mrs J. J. M. cared for her terminally ill mother in the last weeks of her life. The parent had no belief in religion, ghosts or



TWO mediums claimed that Princess Diana would “definitely be present” when Meghan Markle married Prince Harry. (File photo)

an afterlife.

Two days before she passed on, Mrs M’s mother was lapsing in and out of consciousness.

“One evening,” said Mrs M., “she suddenly became lucid and pointed towards the end of the bed.

“‘Joe,’ she said, the name of my father who had died twelve years earlier. ‘What, Mum?’ I asked her.”

The mother, who looked serene and happy, replied: “He’s here waiting for me. I can see him.”

A reader named as Brunosmum said she once saw a dear neighbour, a lovely elderly woman who had been very ill, “standing at the edge of the pavement outside her flat and looking toward my house with a big smile on her face.

“I remember thinking how well she looked and smiled because it seemed she was now better.”

Brunosmum did not pull back the curtain because she had just got up, was wearing a tatty nightie and her hair was a mess. She added:

“How I wish I had because a few days later her daughter told me that her mother had never recovered from her illness and died in hospital before the time I saw her. But I did see her – and I can still see her.”

Karen Dunlop said that her brother was in the Army, stationed in the Middle East, “when he saw my father in broad daylight. Later that day, he received a telegram to

say that our dad had died.”

Grannytwins wrote that her father passed on when her granddaughter was two-and-a-half.

On the first Christmas without him, the family was in the kitchen at her daughter’s house when her granddaughter came running into the room saying, “Grandpa’s here.”

The girl “grabbed me by the hand, took me into the empty sitting room and pointed at the sofa, saying, ‘Look, here he is.’

“She could see him and was so happy. It made a difficult day much easier. She was too young to be pretending.”

Markysparky said that when his daughter was three, his granny, known as GG, passed on.

Driving home from the funeral, the girl “piped up that she was speaking to GG earlier (while the service was taking place, the children who were too young to attend were in a room adjacent to the church).

“She explained that they had talked about being good, not telling lies, being kind and being happy.

“It gives me some kind of hope somewhere for something else after we shuffle off this mortal coil.”

There sure is, as we know and our mediums demonstrate. It’s called the spirit world. End of one story, but the start of another!

Lifting the lockdown as churches start to reopen

In the UK, as in other parts of the world, life is returning to some sort of new normal as the coronavirus pandemic continues. At one point, all churches throughout Great Britain were ordered to close.

As part of gradually lifting lockdown restrictions, churches were eventually allowed to reopen, but with stringent safety precautions in place. Thus far, relatively few Spiritualist churches have reopened their doors.

One of the first to do so was Bournemouth Spiritualist Church, Dorset. Below, we join Patricia Machin, its president, who describes the church's first service and how it prepared to make its premises safe.

TODAY is Sunday, August 2, 2020 and the day of our first service of the new era, but how did we get to this point?

This was something of a bold move on our part, as very few churches were considering opening their doors until September or October.

Looking back to March 21, when I locked the church and went home to self-isolate as bidden by Boris Johnson, it was the start of the strange journey on which thousands of us embarked at that time.

In our most negative moments could we ever have envisaged a situation so dreadful?

For people like me who were living in a relatively safe environment, the first few days of the lockdown felt rather like being granted an unexpected holiday.

I was well and allowed to leave my flat to take some exercise. The lockdown gave me the chance to do jobs that I had been putting off for lack of free time.

I used my daily exercise time to walk the 100 yards to the church to check that all was well. It was still quite cold at that time, so I put the central heating on for a day or two, so there was never a feeling of neglect.

There was even a degree of normality in that post arrived and bills had to be paid. I was sad that the gardens, which had never looked more beautiful, would not be seen by our congregation this year.

Once home again, there were hours of news of the suffering of thousands of people. We heard of those who could not be at the bedside of their loved ones as they passed away or even attend their funerals.

No country was spared. Trusty Google told me Tibet suffered only one case and that the patient had recovered.



GROUPS at Bournemouth church sat to send healing to the world.

The church became my refuge, a beautiful place away from the world where I could sit and ask the spirit world to take healing on wings of love to everyone who was suffering.

Our church has a long history of being a centre of spiritual healing, offering contact healing sessions every weekday until the lockdown. It was natural that absent healing should now to be sent. Groups pledged to sit at certain times to unite in sending healing to the world.

An absent healing list was posted online and requests for names to be added

quickly followed.

At that time I could not picture the church ever reopening. It seemed unfeeling to even think of attempting to recapture the past when untold suffering raged in our country and around the world.

Slowly, three of my colleagues and myself began to think of a few improvements to the church that we could carry out while it remained quiet – a new pathway laid, repairs to a stone wall and outside lighting replaced. A new spirit and a new life were beginning for us and for the church.

We are very blessed to have on our committee Geoff Nunn, who is an Environmental Health Officer.

Geoff compiled a professional risk assessment that empowered us to open the church on Sunday afternoons from July 5 for private prayer.

At that time, the two-metre social distancing guideline was in place and it allowed only eight available seats. But it was a start and gave us valuable experience in implementing the many safety measures required.

Then the words "Places of worship can reopen" were announced. In that moment

“

We heard of those who could not be at the bedside of their loved ones as they passed away

”

I experienced both excitement and frisson. I half wished that another lockdown would be ordered and I would be spared taking that step into a new era of church life.

I arranged a committee meeting for July 18 and proposed a reopening date of August 2, to which the members agreed.

Under the guidance of Geoff Nunn, we opted for one-metre plus for social distancing and to request the wearing of a face covering. That gave us some 40 available seats.

Our church hall is divided from the

church by large folding doors. These were opened, increasing our seating capacity to 60 seats.

The medium we chose for this first service was Elaine Bevan, a wonderful speaker and demonstrator, who is also a trustee and good friend to our church.

We had publicised the service in our new parish magazine *Inspire*, the brainchild of Geoff Nunn, but had no idea if anyone would come.

Having every conceivable Government and Spiritualists' National Union guideline in place, all we needed was a congregation.

I am delighted to say that 28 good souls attended the service, all wearing masks and adhering absolutely to the safety measures.

Elaine, a wonderful servant of Spirit and Spiritualism, delivered a truly inspirational address and a most memorable demonstration of mediumship.

The energy within the church was so beautiful. Everyone was happy and perhaps a tiny bit relieved to know that the church is still here with its warm welcome and its message of love, light and healing.

Making premises safe

BY GEOFF NUNN

THE process of reopening, initially for prayer and reflection, progressing to hosting a regular service with distant healing, created significant changes.

The key to reopening safely is through the process of risk assessment. This involves looking at any potential hazards and ensuring suitable controls are put in place to reduce the risk of harm.

Each risk assessment is unique to each church or centre given the variations in size, layout and facilities, and way the building is used.

The written assessment was created with reference to Government guidance to allow us to reopen working to one-metre plus.

For Bournemouth church, the key changes relating to the building involved taking several items out of use, including several fixed seats to allow for social distancing, kitchen facilities, the water dispenser and one of the two unisex toilets.

Regarding the use of the building, we are fortunate to have a decent sized church with folding doors to the rear separating the church from the hall behind.

The doors were opened to create a larger space with additional seating at the rear. Church services are now reduced to one a week on Sunday mornings.

Three stewards are rostered – one to obtain track and trace information, another to ensure hands are sanitised before entering the church and a third to escort a person to a seat.

A one-way system was introduced

with separate ingress/egress routes. The collection plate is on a table to the rear of the church as the congregation leaves.

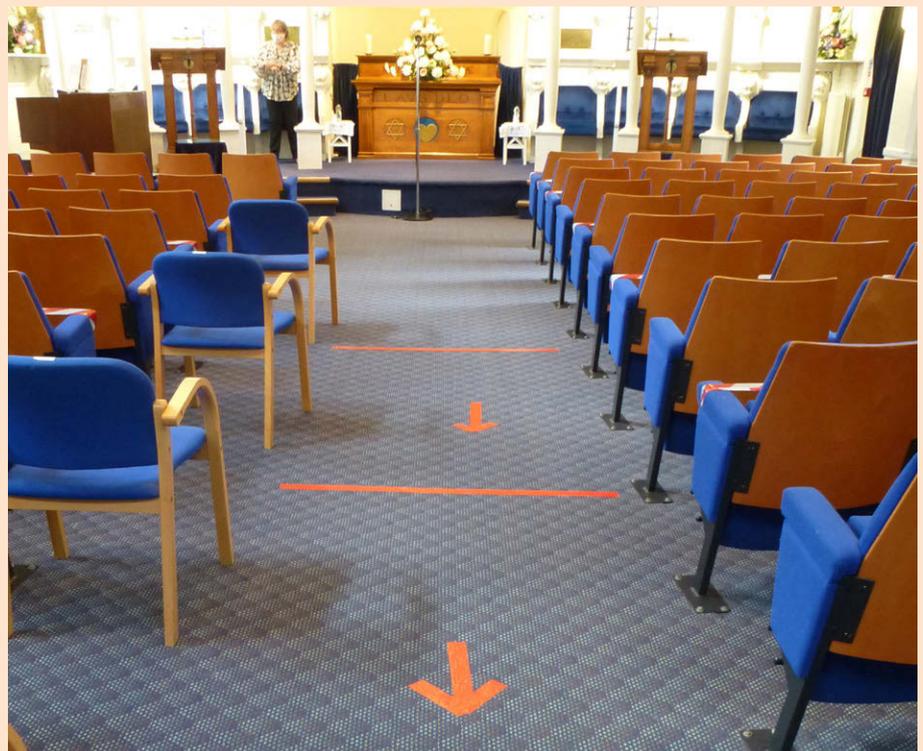
Healing has always been integral to the church, so healers attend for distant healing on Wednesdays. People can also attend should they wish.

At the conclusion of the service/healing session, a steward sanitises all

hand contact surfaces.

Providing information to the congregation is an important part of this process. We are fortunate that Paul Gilliver, one of our healers, is proficient in computing and maintains our website, keeping information updated.

In addition to this, during lockdown we reintroduced a church magazine, which was posted free to members, as a means of providing information and updates as well giving much-needed spiritual food before the church reopened.



FOLLOW the arrows! Amongst new rules at the church is a one-way system.

Колледж Артура Финдли планирует Русскую Неделю

or in plain old English

Arthur Findlay College plans Russian week

FOR the first time ever, the Arthur Findlay College, Essex, is to host a Russian week.

Course organiser Kitty Woud told *Psychic News*: "It will be a wonderful opportunity to promote the gifts of the Spirit and Spiritualism to students from that part of the world.

"It would be very helpful if members of the Russian community in the UK and elsewhere are aware of Russian Week at the college, so they can share this with family and friends in Russia."

Last year, a Russian student Kitty "met on a course approached me, asking if I was willing to organise a Russian week at the college.

"Apparently, there is a great deal of interest in mediumship and the paranormal in Russia, but they do not have a school teaching mediumship and related subjects like the Arthur Findlay College.

"It seems that many Russians hardly speak English or not at all, so it will have to be a week with translators."

Kitty told the student "it was a great idea and that I would love to run it, but I would have to submit her request to the Collegiate Committee, which I did and it was granted at the end of 2019.

"The Russian student has accepted my offer to be the co-ordinator for Russian Week and will also be working as a translator on the course.

"Together we will promote the course in Russia, mainly through social media. There is also a Russian Facebook page run by the college to inform Russian students about the week and to answer any queries they may have both on the teaching side of the week and on practical matters.

"There are no specific dates at the moment because the 2022 programme has not been released yet.

"The last week of September was recommended because that week is a national holiday in Russia and we are likely to attract more students then."



KITTY WOULD: "Attending a course at the college is a unique experience for many students from all over the world."

Though Kitty does not speak Russian, "I don't think that is a problem. The number of translators depends on the number of tutors employed on the week, and the latter depends on student numbers.

"This means that on a stand alone course there will be six or seven of each and on a shared course three or four.

"Non-Russians are also welcome on the week provided they speak Russian. In case they don't, there is really no point in booking Russian Week, but they can select any of the other courses on the college programme."

Asked if the college's menu would be adapted to Russian tastes, Kitty said: "I am not sure what Russian students will expect in terms of food, but will find out well in time.

"Because I am the course organiser for French week, I know that French students like to have croissants at breakfast, but are not very fond of dishes like Yorkshire pudding, so I suppose the Russians will have their preferences too.

"What I hope to achieve with Russian Week is to serve the needs of Russians in the training and development of mediumship and to accommodate the

growing interest in spirituality and self-development.

"As tutors, we will offer them a wide variety of subjects, such as healing, evidential mediumship, trance, psychic art and philosophy.

"The course will focus on practical work in group sessions and tutorials, but we will also give lectures to offer students the necessary philosophy and theory of mediumship because it is important to give them a proper understanding of what mediumship is all about.

"To nourish the spirit within, meditation and contemplation will also be part of the week.

"Like any other week, students can also book private sittings with one of the mediums and attend both the Divine and the public services to familiarise themselves with our religion.

"Attending a course at the college is a unique experience for many students from all over the world.

"Once students have spent a week with us, they want to come back again and again to learn more, to refine their mediumship and deepen their understanding.

"I believe Russian students are entitled to the same experience. I intend to find out what their special needs are in the first year we are running the course, so we can build a solid foundation for the years to come."

Kitty, who lives in Huizen, a fishing village close to Amsterdam, ended: "Mediumship is not just about the phenomena, wonderful though they are, but we hope to show our Russian students the greater truth that lies beyond them.

"I look forward to meeting and working with them to give them an unforgettable experience that is in keeping with the reputation of the college."

■ For details of courses at the college, please visit www.arthurfindlaycollege.org





THE Arthur Findlay College is based at Stansted Hall, which is known as "Spiritualism's stately home."

Principal explains why college remains closed

MINISTER David R. Bruton, who is Principal of the Arthur Findlay College, told *Psychic News* last month why it has not yet reopened.

David, who is also President of the Spiritualists' National Union (SNU), said that the problem "is two-fold.

"Firstly many of our rooms share bathroom facilities, which makes it very difficult to open, as after a bathroom has been used, it needs to be fully cleaned before a second person uses the facilities.

"Secondly, we have also conducted some in-depth research with our students, remembering that 87 per cent come from abroad.

"Whilst most cannot wait to return to the college, many are a little nervous, to say the least.

"In addition to the problems with travel with some international borders still being closed and quarantine periods, a large proportion of our student base is simply not able to travel at the moment.

"When we move to open the college, our overheads will increase dramatically, so we cannot make that decision until we feel we are in a better position to guarantee numbers on every course and not to jeopardise the future of the business."

David added: "We cannot announce a reopening date until we have agreed it. We have made no hard-and-fast decisions



MINISTER DAVID R. BRUTON: "Things are not going to be easy, but we will survive."

at this time, but spring 2021 is looking increasingly likely.

"However, this is dependent on the ever-changing international environment, which greatly dictates our planning process."

Asked, "Are you willing to reveal how much it has cost the college to close?" David replied: "We have been working with our auditors to produce a range of scenarios.

"It is without doubt that the college will

make a significant loss during this financial year.

"We are working hard to mitigate that loss through the promotion of online courses and sittings, which are helping to bring in a little income.

"The college has agreed to keep all courses under review and cancel on a week-by-week basis.

"When a course is cancelled by us, all students with bookings have received a full refund.

"Unlike other parts of the travel industry, nobody has lost money. It is encouraging that many students have simply transferred their bookings to next year, which demonstrates their support for the college. This has been greatly appreciated."

Turning to how the college will weather the storm financially, David explained that from memory, "it returned to profitability back in 2003 and has posted a profit in each and every year since.

"The union has taken a prudent approach to its reserves policy and created sufficient reserves, which will allow us to weather the storm.

"Things are not going to be easy, but we will survive. We very much look forward to welcoming our students back as soon as we can do so safely for them, our staff and tutors alike." ■

Separated twins are reunited after a chance encounter

TWO identical twins who were separated at birth in what has been termed “a cruel experiment” have been reunited after a chance encounter in a pancake house.

Reporting for *Daily Mail Australia*, Alison Bevege said that Melanie Mertzels had no idea she had a long-lost sister.

“Suddenly,” Ms Bevege wrote, “at age 23, she found herself looking at someone she never knew existed – someone with exactly the same eyes, voice and laugh as her: her twin Ellen Carbone.”

A “bizarre coincidence” brought the sisters together after decades apart. They were raised by different families in New York City.

Melanie was working at the International House of Pancakes, her parents’ restaurant in Brooklyn, when a woman who was behaving oddly approached her.

“She saw me and couldn’t understand why I didn’t recognise her,” Melanie told *Australia’s 60 Minutes* TV programme.

A week later, the woman returned carrying a photo of her niece, Ellen. She showed the picture to Melanie’s boyfriend.

“That’s you,” he told Melanie.

“That’s not me,” she replied.

“That is you,” her boyfriend insisted.

“Don’t tell me who I am,” said Melanie. “I know who I am.”

Intrigued, Melanie spoke to the woman, who gave her Ellen’s phone number. When Melanie rang, she was astonished by how their voices and laughs sounded identical.

The sisters compared everything they liked and disliked, and discovered they were mirror twins with Melanie left-handed and Ellen right-handed.

“Her dimple’s on the left side, but my dimple’s on the right side,” said Melanie. “We were like: ‘Wow. We’re mirror images.’”

When the twins met, Ellen was so nervous that she was sick. Ellen had always wanted an identical twin and had dreamed of it.

“I was very, very shy as a child,” Ellen explained, “and clung to my mother. I would hold onto her leg when we went out anywhere. Basically, I feel like that’s because I was missing my other half.”

The twins talked about how strangers came to study them, giving them tests and asking questions.

“They did not know it,” said Ms Bevege, “but they had been used as guinea pigs in a secret 1960’s study that used twins

separated by their adoption agency to find out whether nature or nurture governs a person’s life outcomes.

“When they found out, both they and their families were furious at being duped and used.

“Not only did they miss out on bonding during their childhood years in what might have been their closest relationship, but they are angry at not being told.”

Ellen commented, “We were treated not like humans, but like animals.” The sisters said that New York City adoption agency Louise Wise Services would only confirm they were twins, but not hand over any records or information.

The pair were not the only ones separated as part of the study. As *PN* has previously reported, identical triplets Robert Shafran, Eddy Galland and David Kellman also found each other as young adults.

Robert was reunited with Eddy by chance after attending the same upstate New York college as his brother a year after he transferred. Everyone insisted on calling Robert Eddy.

After the brothers were reunited, their picture appeared in the local newspaper, where it was seen by their third brother David.

The trio were born on Long Island, New York, then placed in different families to study the effects of socio-economic environment on the boys’ development. One family was wealthy, one middle class and one working class.

Several researchers were involved in the study, which received funding from the US National Institute of Mental Health.



TRIPLETS Robert Shafran, Eddy Galland and David Kellman found each other as young adults. (Photo: Cable News Network/Sundance Institute)

During the 1960s, at least eight twins and one set of triplets were separated, with the babies placed in different homes.

“Those in charge of the experiment had good credentials as advocates for social justice at the time,” said Ms Bevege. “Yet the experiment, now criticised as cruel, began with the best of intentions.

“Separating twins for adoption was not begun for experimentation, but because it was thought to be the best thing for the children. As the years passed, however, the study began to be viewed as evil.”

Twin expert Prof Nancy Segal said that great damage was done by separating the twins and triplets at birth.

“These individuals were deprived of what could have been the closest of human social relationships, and not to have had that, to be deprived of that, is horrible,” she added.

Two documentaries made about the experiment, *The Twinning Reaction* and *Three Identical Strangers*, both said that some of the separated children had to deal with mental health issues as adults.

Three of them committed suicide, including triplet Eddy Galland, who killed himself in 1995. ■



ELLEN CARBONE and Melanie Mertzels were brought together after a “bizarre coincidence.” (Photo: Nine)

New survey is launched into the afterlife

A new book being published by the Society for Psychical Research (SPR) is to feature a chapter on whether Spiritualist mediumship has proven life after death.

To find out the answer, Walter Meyer zu Erpen is conducting an online survey and will publish his findings in the book.

Walter works as a self-employed archives consultant in Victoria, Canada, following a twenty-year career with the BC Archives. He graduated from the University of British Columbia with an arts degree in history, then with a Master of Archival Studies.

Walter, 62, began his inquiry into the possibility of survival, mediumship and spirit communication in the 1970s through a Spiritualist church in his home town.

From the 1980s, he visited and communicated with Spiritualist churches across Canada. Those contacts culminated in the "Directory of Spiritualist Organizations in Canada," which saw six print editions and is now available online.

Walter's detailed historical study of the Thomas Glendenning Hamilton psychical research experiments in Winnipeg, Manitoba, began in 1991.

His research in the field includes a decade of observation of psychokinetic table movements in a Spiritualist home circle. He has lectured and written extensively about the Hamilton research and other significant Canadian cases, and is the Parapsychology Foundation's Canadian representative.

Inspired by the Survival Research Foundation, in 1991 Walter and a group of colleagues founded the Survival Research Institute of Canada. Walter has worked for 30 years to preserve the records of Spiritualism and psychical research.

Here, Walter answers questions about the book. The first point put to him was, "Can you tell readers something about it?"

DR LEO RUICKBIE and Robert McLuhan are the editors of the SPR's forthcoming book, which is entitled *Is There Life After Death? Arguments, Theories, Evidence*.

The call for chapters was widely circulated beginning in May and resulted in an incredible response – over 90 proposals in less than two months, of which 26 were selected for inclusion.

The book is intended to provide an accessible and multi-disciplinary discussion of the issues relevant to the question of life after death.

My contribution will focus on the evidence for survival provided through Spiritualist mediumship and whether that constitutes proof of life after death.

Other authors, including philosophers, physicists, psychologists, sociologists and religious studies scholars, will focus on the approaches that the fields of psychical research, parapsychology and survival research have brought to bear on the question.

The phenomena of after-death communications, deathbed visions, near-death experiences, hauntings and poltergeists, electronic voice phenomena



WALTER MEYER ZU ERPEN: "My grandfather transfigured the face of British medium Irene Griffey in circumstances that precluded fraud."

and reincarnation will be explored, as well as a broader discussion of mental mediumship.

The issues of suicide, the possible nature of the afterlife and what it is that might survive death will be examined.

The publication date has not yet been determined, but the SPR will issue a press release when the book is closer to completion.

The purpose of my survey, which does not take long to complete, is to obtain the

opinion of as broad a range of Spiritualists as possible. There is nothing in the least complicated about the questions. Here are just a few of them:

- How long have you investigated Spiritualism, either through self-study, attendance at Spiritualist church services or sitting in a development circle?
- Has survival evidence received through Spiritualist mediumship influenced your beliefs?
- If you are not yourself a medium, do you recall any instance when you received what could be personal communication from a surviving spirit?
- How convinced are you that Spiritualist mediumship has proven life after death?

In your view, what constitutes good survival evidence via a medium?

Good evidence can result when a clairvoyant or clairaudient medium goes directly to the intended recipient, and without fishing delivers specifics about the spirit communicator's identity and personality, including sometimes personal and place names and/or shared memories.

Hopefully, people from countries in different continents will take part in the survey. Are you expecting any differences in their beliefs?

There is no point in speculating. I would rather wait to see the results, but if lots of PN readers respond, the data could reveal more things of interest. Please complete the survey and answer as many questions as you like.

What first drew your attention to mediumship, Spiritualism and the paranormal, and in which year?

My curiosity about life after death was heightened by the deaths of my maternal grandfather and great-grandparents.

My first attendance at a Spiritualist church service was with my mother, in my home town of Nanaimo on Vancouver Island, British Columbia, about 1975.

During the clairvoyance, the church pastor, the Rev Nelle Beresford, saw a man standing between Mom and me, indicating that he was her father (my grandfather) and providing his first name.

The message was that Mom had recently received a shock, which was true (I was the cause of it), and that I would be walking tall in a period of three. The Rev Beresford did not know whether it would be three months or three years.

For a troubled teenager, it was an uplifting message that gave me hope; it turned out to be three years before I got myself sorted during a study year in Europe.

Though I instigated our church attendance, Mom and a friend had attended Spiritualist meetings in Nanaimo in the 1950s.

Do you believe in survival after death? If so, what's convinced you?

Yes, I do. A limited number of instances of good survival evidence through mediums were reinforced by a personal experience, which I interpreted as spirit communication.

In 1984, my grandfather transfigured the face of British medium Irene Griffey in circumstances that precluded fraud.

In addition, I was fortunate to meet Irish-born medium David Young, whose messages could be quite detailed when he was in good form.

Sitting with David before his demonstration of mediumship at a dinner theatre in Victoria, he would be a nervous wreck. With a packed house of people enjoying dinner and drinks, he feared that he would not live up to expectations.

Getting to know David as a friend allowed me to see that his gift was genuine; there was no advance research possible in the situations in which I saw him work.

The Reverends Beresford, Griffey and Young were all ministers ordained or recognised by the British Columbia-based International Spiritualist Alliance that had been founded in 1959 by the Reverends John and Doris Horning, and Beatrice Gaulton Bishop.

The book is being published by the Society for Psychic Research. In his famous psychic messages after passing on, Oscar Wilde said of the SPR:

"I have always admired the Society for Psychic Research. They are the most magnificent doubters in the world. They are never happy until they have explained away their spectres.

"And one suspects a genuine ghost would make them exquisitely uncomfortable." Would you care to comment?

Given that the SPR's mission has remained unchanged since 1882, Oscar Wilde, the spirit communicator through automatist Hester Travers Smith's group, would have known the society's purpose, which is "To examine without prejudice or prepossession and in a scientific spirit those faculties of man, real or supposed, which appear to be inexplicable on any generally recognised hypothesis."

Travers Smith worked closely with Sir William Fletcher Barrett, who was a prominent psychic researcher and one of the SPR's founders.

Her considerable analytical skills are evident in *Voices from the Void* (1919) and *Psychic Messages from Oscar Wilde* (1923). Incidentally, in the early 1950s, both titles were republished by the Psychic Book Club, which was affiliated with *Psychic News*.

Travers Smith leaves it to her readers to decide whether it was the historical Oscar Wilde communicating through her automatic writing.

On all paranormal topics, there is a diverse range of beliefs. Though I believe generally in survival, I am less convinced of our ability to substantiate the identity of "controls" and cautious about alleged spirit communications from well-known personalities.

Often it is difficult to find something unique in such communications that could not have come from the medium's subconscious.

I like to think of myself as a critical Spiritualist, and am also a member of the Society for Psychic Research.

There will be some SPR members who

accept that the spirit communicator Oscar Wilde is who he claimed to be. I am glad that the "SPR holds no corporate belief on the nature or reality of the phenomena studied."

Is there much interest in Canada in Spiritualism in the media?

In the past, there were the occasional public interest stories about a specific medium, healer or Spiritualist organisation when a charismatic individual managed to attract attention.

My guess is that today the media fills the public appetite with stories about ghost hunting and paranormal investigation groups, or near-death experiences.

Do you think that the average Canadian accepts survival after death?

Since 1975, Canadian sociologist Reginald Bibby has done a lot of research into this question, which indicates that a much larger percentage of Canadians believe in life after death than one might think given the largely secular society Canada has become.

Why do you think that possibly the majority of scientists and academics are sceptical about mediumship?

The popular images of Spiritualism do not instil confidence: people sitting holding hands in a darkened séance room or the mystical medium – typically female – sitting in a curtained off area at a fair gazing into a crystal ball.

Would you agree that too many people dismiss Spiritualism and mediumship without even investigating these subjects?

Yes, but this does not surprise me, as most people are not sufficiently interested to invest the time that it takes. As we know, there is no guarantee of good evidence of survival from a single sitting with any one medium.

■ **To take part in the survey, please visit <https://survivalresearch.ca/spiritualism-survey/> The closing date for submissions is September 30.**

Therapy dog is nominated for Health Hero award

A THERAPY dog who visits patients battling for their lives in intensive care units (ICUs) has been nominated for an award.



HELEN MOSS visits patients in intensive care units with her therapy dog Tilly Rose (pictured). (Photo: Facebook)

In conjunction with eBay and NHS Charities Together, the *Daily Mail* asked readers to nominate people in the healthcare sector who had made a difference to their life or that of a loved one.

In *Mailonline*, journalist Sheron Boyle began by featuring a comatose man in his mid-20s, who had not moved for weeks.

"His desperate parents kept a vigil at his bedside, the silence in the intensive care unit punctuated only by the beep of machines keeping their son alive," said Ms Boyle.

"The strained atmosphere was interrupted by a cheery 'Hello' from Helen Moss, and the arrival of her Cockapoo, Tilly Rose, who gently nuzzled the mother's leg."

A mental health first-aid trainer from Skelmanthorpe, West Yorkshire, Helen introduced herself to the unconscious patient.

"I explained I had brought Tilly, a therapy dog, to see him," she said. "She put her paws on the waterproof pad placed on the bed, then the patient's dad took his son's hand and guided it to Tilly's head and they stroked her."

"I talked about Tilly and what we did in

the ICU. The patient's eyes flickered – and we held our breath to see if he would move again.

"Sadly, he remained unconscious, so we settled back to chatting, which distracted his parents from the stress of their present life.

"A few weeks later, the man regained consciousness, and one of the first things he asked about was Tilly.

"He could clearly recall our visit. It was such a powerful demonstration of what can be achieved with pet therapy."

Fifty-three-year-old Helen and Tilly visit patients in the ICU wards at Huddersfield Royal Infirmary and Calderdale Royal Hospital as part of a voluntary scheme to bring comfort to patients.

"Helen's daughter, Kelly, then a play worker at Great Ormond Street Hospital for Children in London, had witnessed the benefits of bringing dogs on to wards and encouraged her mother to look into it for Tilly," said Ms Boyle.

"Helen contacted the charity Pets As Therapy and was informed that to be considered suitable for the task, dogs need to be calm and friendly, which Tilly is.

"Helen underwent training in hygiene, ward protocols and infection control procedures before the pair were allowed to visit patients."

Describing how the scheme works, Helen said: "We go in to a hospital when invited by the staff, patients or their relatives. We have a bag with Tilly's things.

"She sniffs inside and knows the blue collar and lead (the charity's colours) means she is going to work. Tilly knows where to go when we get to the hospital and leads me in."

Helen and her husband, Steve, 54, teach mental health and first aid to NHS trusts and commercial companies. In her spare time, Helen takes Tilly in to the ICUs.

Another patient who benefited from a visit by Helen and Tilly was Lilian Henshaw, 70, from Holmfirth.

Helen had spent four nights in ICU with sepsis and was at a crucial point in her recovery.

"I was frightened and knew I was fighting for my life," she said. "Helen and Tilly's visit was the best medicine. It was so soothing to stroke Tilly. It took my mind off reality."

Helen said that being "a patient, a family member or staff in ICU is high-pressured.

"We work with the sickest people. Some are unable to respond and others face a long journey to recovery.

"It's been shown that stroking an animal can reduce blood pressure. But it also helps with mental health, giving anxious relatives another focus."

Tilly and Helen were nominated for an award as Health Heroes by Paul Knight, an ICU consultant at the Huddersfield and Calderdale hospitals.

"Helen has the professional experience to talk to worried or grieving families, or anxious staff, but Tilly is often the icebreaker," he said. "They're a powerful double act."

Nominations for the award closed last month. Judges will select seven finalists for the outstanding difference they have made to people's lives.

Each of the finalists will receive a paid-for one-night stay in a five-star London hotel, and travel to and from London for them and one guest to attend the Health Hero Awards ceremony at the end of the year, where they will receive their award unless circumstances prevent the event from going ahead.

The prize for the Health Hero of the Year is a luxury break up to the value of £5,000. ■



ROBIN HANBURY-TENISON prepares to leave Derriford Hospital to a send-off from medical staff. (Photo: Robin Hanbury-Tenison)

Hospital garden helps explorer to recover from coronavirus

EXPLORER Robin Hanbury-Tenison, who was one of the first people in the southwest to contract COVID-19, has told how being placed in a hospital garden aided his recovery.

President of the charity Survival International and previously Chief Executive of The Countryside Alliance, he lives with his wife in Cornwall.

Robin survived a six-week battle after suffering from complications with the coronavirus.

Daily Mail journalist Louise Atkinson said that after contracting it in mid-March, the turning point in Robin's recovery came with a trip to a "secret garden."

"He was hooked up to life-saving equipment as staff wheeled him from the intensive care unit (ICU) to an outdoor oasis of calm in the hospital, a moment Robin now credits with his recovery."

The 84-year-old explorer and author commented: "I was lifted from the depths of a coma by the sunshine striking my face. I remember opening my eyes and thinking, 'I'm back!'"

Robin caught the virus on a skiing trip and developed a dry cough just days following his return. After becoming feverish and experiencing difficulty in breathing, he was rushed to Derriford Hospital in Plymouth and taken straight to the ICU, where he was put on a ventilator.

Over the next six weeks, Robin drifted in and out of consciousness. At one stage, he developed multiple organ failure as COVID-19 ravaged his body.

"He was clearly lucky to survive," said Ms Atkinson. "But he was also fortunate that the hospital where he was treated is one of about twenty in the UK to have a dedicated ICU garden."

"Derriford's garden is a small, paved courtyard with a raised flower bed. Its close proximity to the ICU – and the staff's belief in its restorative powers – means seriously ill patients like Robin have access to fresh air and sunshine, no matter how much life-saving equipment they require."

The paper added: "Until the middle of the 20th century, most hospitals were designed to incorporate 'natural areas' for exercise and fresh air.

"But with space at a premium and costs tightly controlled, gardens fell into the 'not essential' category and many disappeared.

"However, there is now growing support to have a garden for intensive care patients."

Specialist intensive care sister Kate Tantam, who organised Robin's garden visits, is a "fierce advocate of the transformative health benefits of outdoor spaces for the seriously ill, even during the COVID-19 pandemic."

She told the paper: "Intensive care is a very difficult place to be. You have little control. You're in an unfamiliar environment and drugs can affect your level of consciousness.

"Exposure to fresh air and sunshine, even briefly, seems to remind patients of what they are missing and somehow reassures them that they can recover.

"I have seen thousands of amazing recovery cases just like Robin's. The effect of gardens like these can be miraculous.

"We find patients respond differently when they are outside ICU, often becoming more alert. The garden is a great place to assess recovery, such as swallowing function or manual dexterity.

"As the patient improves, they might be able to be reunited with a family pet in the garden, or even enjoy a beer.

"We take the patients out as often as we practically can, even every day if it is clearly making a difference to their recovery."

The *Daily Mail* added: "There is a growing number of hospitals raising funds for such gardens, including King's College Hospital in London, where the plan is to convert its roof garden into an ICU-accessible space.

"Studies have also shown that time spent outdoors can improve recovery from conditions including stress, depression and spinal injuries.

"A 2013 report by the independent think tank The King's Fund found a strong

association between access to green spaces and improved physical and mental health.

"It subsequently worked with 30 hospitals and 35 hospices to design healing environments, with a strong focus on gardens."

Andy Jones, a professor in public health, commented: "Whether the mood-lifting benefits come from being in contact with nature or being exposed to beneficial soil bacteria, being outdoors helps our immune systems work well.

"We often reach for medication when we're unwell, but exposure to health-promoting environments is increasingly recognised as being beneficial for both preventing and helping to treat disease."

Some years ago, Prince Charles admitted that critics might view his organic garden at Highgrove as an "expensive indulgence," but insisted that it helps to heal "damaged souls."

Launching an outspoken attack on the "short-sighted" destruction of rare plants, fruit and vegetables, he defended the care and money he had lavished on the grounds of his country estate in Gloucestershire.

Since buying Highgrove 40 years ago, Charles has transformed its gardens by restoring a wild flower meadow, planting unusual British varieties of apples and using only natural fertilisers.

The prince once admitted that he talked to his plants, although subsequently joked that he had changed this practice, saying, "Now I instruct them instead."

Colin Crosbie, a gardens superintendent at the Royal Horticultural Society's garden in Wisley, Surrey, said: "I'm a great believer. I definitely talk to plants.

"Most gardeners are quite tactile and we do talk to them. Sometimes we talk kindly and sometimes we threaten them.

"There are times with a plant when you say: 'If you don't do something, this is the end. You are not producing flowers.

"I'm very sorry; it's going to be the compost heap.' It's amazing how they respond."

Top TV programme will be based in haunted castle



A PREVIOUS owner and a servant are amongst those said to haunt the 200-year-old Gwrych Castle. (Photo: Fulcanelli)

ITV's top programme *I'm a Celebrity... Get Me Out of Here!*, which is usually based in Australia, will be held in the UK this year at a haunted Welsh castle.

Richard Cowles, Director of Entertainment at ITV Studios, said: "We pulled out all the stops to try and make the series happen in Australia.

"Unfortunately, due to the ongoing Covid-19 pandemic and despite us looking at many different contingencies, it became apparent that it just wasn't possible for us to travel and make the show there.

"However, we are all really excited about a UK version of *I'm A Celebrity*. While it will certainly be different producing the show from the UK, the same tone and feel will remain.

"Our celebrities will probably have to swap shorts for thermals, but they can still look forward to a basic diet of rice and beans, and plenty of thrills and surprises along the way."

Soon to start its 20th series, contestants, who usually travel to Queensland, will stay in the 200-year-old Gwrych Castle folly, a Grade I listed country house in Abergele, North Wales, at a cost to ITV of £1 million.

A source on the show told *The Sun*: "Producers are chuffed with the new location and are excited for a change in scenery this year.

"The Bushtucker trial crew, who work tirelessly all year round, have been

working overtime to come up with some terrifying new trials and challenges.

"Not only will there be creepy crawlies galore, but now they have the added aid of playing with a haunted castle. They think it will make for brilliant TV."

Built by Lloyd Hesketh Bamford-Hesketh in the early 1800s, the castle's frontage is 1,500ft in length. The building boasts 18 battlemented towers.

The castle is said to be haunted by a number of beings, including a previous owner, Winifred Hesketh, the Countess of Dundonald, who passed on in 1924.

According to legend, the countess is angry with her husband for taking all of her former home's valuables. Some people maintain that she, or another spirit being, stalks the area in a white dress.

Locals also believe that the form of a servant girl who died after falling off a horse also haunts the area. Others claim that apparitions of former caretakers have been seen around the castle, which has 250 acres of land.

During World War Two, around 300 Jewish refugees lived at the castle, which has fallen into disrepair in recent years.

The series, which usually returns to TV in November, will be presented by

longtime hosts Ant McPartlin and Declan Donnelly.

Their base is the village of Llanfair-pwllgwyngyllgogerychwyrndrobwllllantysiliogogoch, which has the longest place name in the UK.

One press report said: "While viewers have become accustomed to seeing celebrities boost their careers by donning bikinis and going shirtless as they sweat it out in the jungle, the new batch will likely need to pack thermals for the new series.

"As the stars settle into their temporary digs, they will no longer get the opportunity to luxuriate in the daily delight of an outdoor shower, as they will now be bathing in a primitive tin tub, according to *The Sun*."

The new location also means a change of weather for contestants, who will face a temperature of around 8.5C (47.3F) temperatures and winds in contrast to the heat of the Australian jungle of 22C (71.6F).

It is believed that cameras will be around the castle to capture any paranormal activity. ■



THE new series will be presented by longtime hosts Ant McPartlin and Declan Donnelly. (Photo: ITV)



‘We all have the divine spark within us’ says medium

PN REPORTER

SUZANNE GIBSON-FOY: “Life is about experiencing, learning and developing, and ultimately finding self, Spirit and God.” (Photo: suzannegibsonfoy.uk)

A minister and medium, Suzanne Gibson-Foy holds a number of awards from the Spiritualists’ National Union (SNU), with diplomas in demonstrating and public speaking.

An accredited healing medium, Suzanne is also an SNU tutor and holds the union’s certificates of recognition in demonstrating, public speaking and teaching.

Additionally, Suzanne also served the Spiritualist Association of Great Britain (SAGB) from 2015-2019.

Below, she answers a series of questions about her life and gift. The first point put to Suzanne was: “As well as being a medium, you are also a holistic therapist, qualified counsellor and psychotherapist. In a nutshell, can you tell me something about your work in this direction?”

UP until recently, my work was compartmentalised, so that the three different aspects did not feature together.

I have a diploma in crystal healing, but do not advertise this and just work on family and friends. Crystal healing is a wonderful way to be energetically restored and nourished.

The bulk of my work was as a psychotherapist. I work in private practice with Carlos, my husband, and deal with a range of issues including relationships, anger, anxiety, loss, depression and low self-esteem. The focus in psychotherapy is on understanding with a view to change.

While I still work as a psychotherapist, I now have a greater opportunity to combine my skills to offer personal and spiritual development, which encompasses energy work, mediumship and psychotherapy, a combination which I thoroughly enjoy using.

Where were you born and when? Were you raised as a Spiritualist? If not, what was your

first encounter with Spiritualism?

I was born in Newport Pagnell, Bucks, in 1969. I was not raised as a Spiritualist and my parents were not at all religious or interested in religion. However, Nesta Wyatt, my grandmother, was a Spiritualist.

She was a healer with the National Federation of Spiritual Healers and a serving platform medium, who held a diploma in speaking and demonstrating from the SNU.

My grandmother often told stories about her demonstrations and sittings. Over the years, she conducted many private sittings and at one point had many minor TV and theatre celebrities visit her.

I only used to see her once a month and was rarely on my own with her as a child, so we never actually had discussions about it.

From her stories, I believed in the afterlife from a young age, so when my own mediumistic happenings began, I knew what it was.

I did go to see her work a couple of times – once when I was seventeen at

Luton, Beds, which was the first time I entered a Spiritualist church, and then some ten years later in north London.

Are you a full-time medium? What other jobs have you done in the past?

I am now more or less a full-time medium, with a little bit of psychotherapy and counselling on the side.

As a student, I had many jobs from waitressing and working in bars to generalised office work in university administration. After graduating, I became a course organiser for a number of history courses at the Open University.

I then became a teacher and subsequently Head of Department of History in the secondary independent sector, working initially in an all-girls’ school in Bedford and then in a mixed school in Wellingborough.

I taught history and politics, mainly at GCSE and A level. I have to say that I miss the subject of history and also miss teaching. I was in that profession for over fifteen years.

Who’s in the rest of the family? How do they regard your mediumship?

My main family is quite small, but because of my grandmother, mediumship is accepted.

I think some are uneasy about it and do not want to use the gift themselves, even though they have the ability and could develop it. I am not criticised in any way for choosing to follow that path.

Initially, Carlos was not terribly interested in it, although supportive of my development. I think that over the years he



“
It is a privilege to be able to link the spirit world with their loved ones
”

has become a lot more understanding of it and has become a champion supporter.

I do not have children, but am secretly hoping that one or more of my nephews or my niece will become curious. I would then be happy to pass on all that I have experienced and know.

What psychic gifts do you have? How did they first manifest?

I am clairsentient, clairvoyant and clairaudient with the latter being the latest to develop, although present at the start. I am also a healer and do trance. I know that there is also a creative element present, but have not developed that yet.

While I had mediumistic and psychic experiences as a child, they were not many and not really concrete enough to say with real certainty what they were.

My mediumship, as I understand it today, started very suddenly when I was 23 and I became aware of smells, particularly one aftershave and various perfumes that would appear very pungently before my nose wherever I happened to be.

After visiting many churches looking for answers, I was eventually led to a meeting with a relative of medium Stewart Alexander, which resulted in forming my first circle.

Trance came first, and then clairvoyance and clairsentience began to develop simultaneously.

Where did you develop your mediumship?

I was very lucky because I first sat in a small home circle. We sat for trance and it lasted about eighteen months until I had to move away from that part of the country in the late 1990s.

I didn't realise at the time just how

precious that circle was, as it took time to find another circle. I then joined an open circle run by medium Daphne Cross, which again I stayed in for about eighteen months.

I also started to go to the Arthur Findlay College at Stansted Hall around 2000 and went two or three times a year for the next decade.

From there, I attended more courses with the late Glyn Edwards. I first met Glyn in 2002 and attended numerous courses with him. He has been a great source of both inspiration and encouragement to me.

Where do you live?

In a small market town in Northamptonshire called Higham Ferrers. I have lived there for about eighteen years.

Do your neighbours know you are a medium? If so, what's their reaction?

As far as I am aware, my neighbours have no knowledge of my religious beliefs or activities.

How long have you been serving Spiritualist churches?

I served my first church in 2002 with Daphne Cross, who worked at the SAGB. It was a Christian Spiritualist church at Rectory Cottages in Bletchley, Milton Keynes, Bucks.

I began working in my own right the following year, so have been serving churches for seventeen years.

How many churches do you serve a month and in which parts of the country?

Generally, I work within the Northamptonshire, Bedfordshire, Buckinghamshire and London areas,

but also travel around the country and continent for courses and training.

I also offer regular readings and personal spiritual development in Higham Ferrers near Wellingborough, Kettering and Bedford.

I try to keep travel time to about an hour for a Sunday service or mid-week demonstration.

From a medium's point of view, what makes a Spiritualist church really stand out?

When it is clean and tidy, well organised and friendly to all who enter.

A solid committee or leadership is the cornerstone of any successful Spiritualist church, a committee which will work to enable the church to become a community offering a range of events and services for its congregation in which participation is encouraged.

Also, that they have an understanding of how mediumship works, so that services, including the reading, are put together with thought and care.

Finally, that they create a warm-hearted and friendly place to be for everyone, medium and congregation alike.

What can a congregation do to assist a medium on the platform?

It makes a difference when a congregation participates fully in the service, joining in with prayers and singing hymns or songs with enthusiasm.

For the demonstration of mediumship, it is helpful if members of the congregation are open-minded about who might want to communicate with them, that they speak up clearly if they are a recipient and stay attentive throughout.

Having said that, we also have to recognise that not everyone is able to be in

a positive and open frame of mind for lots of different reasons and that's OK.

What's the most satisfying aspect about being a medium?

I thoroughly enjoy being able to communicate with the spirit world. It is a privilege to be able to link the spirit world with their loved ones, as it is a healing experience for both.

I would also add that the message of the philosophy of the spirit world is extremely important and that we are all spirit with the divine spark within us. This information and the experience of it should transform our lives.

What was the best day in your life... and the worst?

I don't tend to think in terms of good days and bad days. Five years ago, for instance, I had two great days within Spiritualism – one was becoming an officiant of the SNU, which was a loving day of affirmation, and the second was passing my SAGB audition.

In 2017, I became an SNU minister, and a tutor of the Arthur Findlay College in December 2019.

Following one assessment week for the college, I was so excited that I drove up the M11 and missed my junction by about 20 miles! I was on cloud nine and not just for the day.

The worst? When something bad happens the effects tend to last far longer than a day.

What is your philosophy of life in no more than two or three sentences?

Life is about experiencing, learning and developing, and ultimately finding self, Spirit and God.

Don't get too caught up in the small things, as they are just distractions. Find your greatness and don't give yourself a hard time for all times that you fail to do so.

If you were stranded on a desert island, which three or four luxuries in life would you miss the most?

During the last few years, I have travelled for a period of four weeks with a back pack, so can tell you exactly what I miss – a weak latte coffee, my cat – or at least some animal to stroke – books, especially those concerning religion, spirituality or history, and finally my phone, as I want to be able to contact home at some point.

Similarly, if you had to leave your house in an emergency, which three items would you grab on the way out?

My laptop, for all that is has on it. My

diary, the old-fashioned type made of paper, which I would be lost without, and as many books as I could grab.

Do you have any hobbies or special interests away from the psychic scene?

I love reading and visiting places of historical interest. I spend a lot of time in cathedrals and monasteries looking at the architecture and taking in the atmosphere.

When I can, I go on a pilgrimage with Carlos and we walk the Camino de Santiago, or Way of St James, to the cathedral of Santiago de Compostela in Galicia in north-western Spain.

I used to be involved in battle re-enactments from the Wars of the Roses and have my own armour, but think I'm a bit old for that now!

I love the energy of crystals, so occasionally have a mammoth day of making my own jewellery.

How do you relax at the end of the day?

The nature of my work means that I often work evenings and therefore don't tend to have the traditional wind down.

I love the idea of sitting and reading a book while nursing a coffee or to have a really good conversation.

If you could invite four people, "dead" or alive, for dinner, who would they be and why?

The first would be Indian yogi Swami Rama, who died in 1996. The work of great spiritual teachers is often limited when

left in the hands of their disciples. Thus, I would like to talk to the real person and experience his light for myself.

The second would be Emma Hardinge Britten in order to have a better understanding of the mechanics of mediumship in her era and to witness the tremendous drive she must have had to achieve all that she did.

The third would be Estelle Roberts in order to have her explain her relationship with her guide Red Cloud.

The final member would be Joan of Arc, as I would like to hear her talk about her visions and her experiences of medieval France.

What would you choose for a three-course menu?

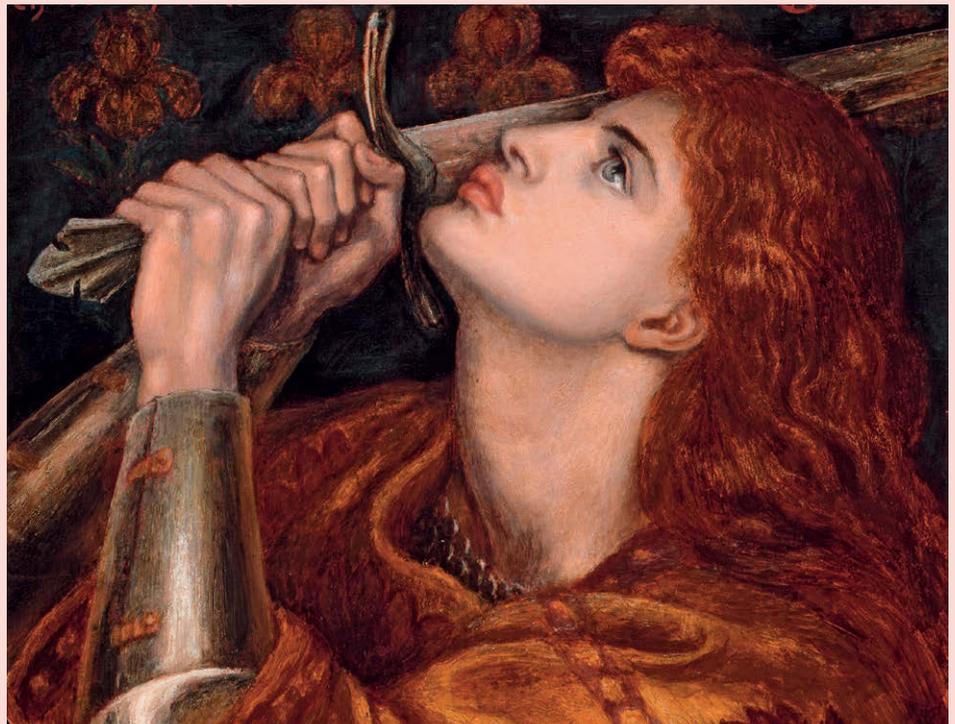
For a starter I would have something which included a combination from mushrooms, cheese, garlic and aubergines.

For the main course, a fish dish, such as lightly cooked salmon, and for dessert bread and butter pudding with cream.

What's your main ambition in life?

To fulfil my potential – whatever that is – and to be at peace with myself.

■ **Suzanne's website is at www.suzannegibsonfoy.uk Amongst services she offers are spiritual development consultations, individual readings, mediumship training courses, weddings, namings and funerals.**



MEDIUM would like to meet Joan of Arc "to hear her talk about her visions and her experiences of medieval France."

DIALOGUE WITH HEAVEN

BY BARBARA WHITE

This month, Barbara White looks at various signs and signals sent from loved ones in the spirit world. Can birds, leaves or a feather really be a message from the Beyond? Read on to find out!

WOW! I would love to see your faces as you read the title of this feature, for there are many possible reactions to such a heading, which could strike you as provocative, silly, unrealistic or a total exaggeration, to name just a few.

Let's first examine the protests of those who believe that any contact with heaven is impossible. After all, heaven doesn't exist, does it? A little indignation and bluster help to dismiss the very idea.

Agnostics and atheists cling to the thought that all the advances in science haven't managed to find God in anything which can be cut open. Of course they haven't, for God is spirit, not physical.

As for organised religion, some find comfort in the hopes and beliefs they sing and pray about in church. Yet we feel excitement when hearing of extraordinary psychic and spiritual incidents happening frequently.

Psychic happenings regularly feature in magazines and newspapers, so your reaction to the title could be exhilaration at the idea of communication with heaven. Spiritualists, of course, have long known that such contact exists.

Burning curiosity on the part of the general public is increased by the testimonies of folk who have seen or spoken to family members or friends in the hereafter.

What I aim to convey in this feature is that everyone can be in contact with heaven right now. In fact, once we have tuned in, we can remain permanently in touch.

Whatever your "official" religion, those dear to you who have preceded you to the afterlife are already in contact with you.

How can they be? Because Spirit is a world of thought. All we have to do is to



BARBARA WHITE: *"All we have to do is to think of a loved one Beyond and they will know, as love forges a magnetic link." (Photo: Trinley Paris)*

think of a loved one Beyond and they will know, as love forges a magnetic link.

When we think of them, they are all attention. They are tuned in to us at this very moment, even as we busy ourselves with everyday matters.

Loved ones are waiting for us to think of them or even speak aloud to them. We shall consider various ways we can help ourselves to be aware of them.

There always has been contact with the so-called dead. This is nothing new. However, people were once persuaded to keep happenings which would have been considered abnormal to themselves.

Currently, individuals are emboldened to speak of such matters because publicity has made this acceptable. A large percentage of the population now believes in psychic and spiritual phenomena.

It's all happened at a breakneck pace, meaning recent generations have seen the bursting of the dam of silence to let

through the clear water of truth.

As mind-blowing as the realisation is, 50 years ago no one had even heard of the term near-death experience. Added to that, the visions, messages and apparitions which now occur so regularly in hospices and hospitals were still in the future.

But that future is now. There is a reason why each and every one of us is on Earth at this very moment.

Some knew in a previous life that they would be reincarnating in order to spread the Spiritualist message. Others were meant to be here when all these truths exploded.

Here we are all gathered, prepared according to our differing capabilities, to follow the path of truth. We can ensure we are always open to the idea of spiritual communication.

We are used to thinking of this contact as confined to clairvoyance, clairaudience and clairsentience, but it simply cannot be limited or defined in such a clinical fashion. Yet when a medium stands up to give a demonstration in church, it is precisely these "clairs" that we expect.

Later we'll explore some case histories demonstrating different ways in which the spirit world, or heaven, manifests.

But first, how can we make ourselves more receptive to spirit contact? A starting point is to take ourselves outside our homes and commune with nature, sitting or walking among all the wonders that the Great Spirit has created for our pleasure.

It is among the glories of nature that we can begin to communicate with people who have been part of our lives. Begin with someone you lost who is especially dear. It helps if you achieve a meditative state while concentrating.

What you can be 100 per cent certain of is that the specific person who is now in the afterlife will hear you speaking to him or her either in thought or aloud.

Since some of our thoughts are picked

up, someone to whom you were close is likely to attempt to reply or send a sign.

You have probably already had frequent conversations in your mind with this person without realising they could actually hear you. Talk to them as you stroll along and know that the special person is there with you.

Have you ever noticed a bird come to perch beside you, singing his heart out? Many people believe that birds really do come as messengers. Thank the person in Spirit for the bird's visit.

Or a leaf may flutter down in front of you. Pick the leaf up and again thank the person for communicating with you.

Some people consider a feather to be an extremely strong signal. The most likely explanation is that the individual you are thinking of simply wants you to acknowledge contact.

Best-selling author Theresa Cheung has written many books about communication with the spirit world.

Her book *Conversations with Heaven* contains inspiring accounts which ordinary people sent to her about communication with loved ones. Later, I'll give a cross-section of accounts which I found the most fascinating and convincing.

In all these accounts, Theresa emphasises that the language of heaven is one of love. It is the only thing that matters.

Theresa lost her mother when she was young and missed her so much that she sank into deep depression.

Her first psychic experience was when her mother visited her in a dream, or, as she calls them, "Night visions" because they are more realistic than dreams, which often vanish quickly from the memory.

The visions never fade. Indeed, a great proportion of the population experiences them at times.

When Theresa was a young mother herself, she developed an addiction to running, which was ruining her life. One day, she tripped and fell because her shoelace was undone. It was close to a bench where she saw two women sitting the previous day.

The women had been talking about Theresa, saying that the running obviously wasn't helping her because she looked miserable.

This particular day there was a kind man sitting on the bench, who helped her up after she tripped. Theresa commented she had seen two women with identical blue coats sitting there the previous day, but they were not present today.

The man was overcome with emotion as he realised it was his wife and her sister, who used to sit on that bench before they were killed in a car accident.



MANY people "believe that birds really do come as messengers."

From that day, Theresa stopped running as much and began to walk and appreciate everything in nature she saw around her. The two women had come from heaven to help her.

Now to some readers' accounts of night visions sent to Theresa. Take Kathy, whose father died without saying what kind of funeral he would like.

Kathy had him cremated and her dad appeared in a vision to say thank you for "a great send-off."

Will saw his father leave his body, smile and wave goodbye to his physical body, as he rose up and disappeared.

When Mary's grandfather passed, she was inconsolable. One night she had a vision that she opened her bedroom curtains to see her grandfather sitting cross-legged outside the window but floating. Mary had an intense feeling that he loved her.

Next, here are some readers' accounts of intervention and warnings by someone in Spirit.

Irina felt that her life was saved when she was fifteen. Swimming in a rough sea, a massive wave swept her away. A "presence" beneath the water gently guided her back to the surface.

Brenda was standing on kitchen units, putting up some new curtains, when she stepped backwards and fell onto the stone floor. As she fell, she had the sensation of being supported and landed without a single scratch.

Susanna lost control of her car on a bend and felt "paralysed," but heard a shout from her spirit guide to put her foot on the brake. This saved her life.

On the very day I was researching these stories from Theresa, I had a real warning myself from Spirit.

On my scooter in heavy traffic and feeling nervous about crossing a main road,

just a hundred yards or so from this road, I was twice forced to stop before a zebra crossing when someone called my name.

No one was there, but a bus went over the crossing in front of me at that moment without pulling up.

This was a similar incident to Susanna's, so maybe it was my spirit guide too. I had never before heard a spirit voice, so this was a double blessing!

Here are two more stories readers sent to Theresa. The first concerns an out-of-body experience, which are very common and occur when someone returns to their body without getting as far as a near-death experience.

Gwen's story is typical. After a major operation, she felt she was being pulled upwards through a whirlwind and transported through the roof of the hospital. She awoke to find herself back in bed and in her body.

Meanwhile, when he was five, Owen was in hospital and not expected to live. His mother sat with him during the night.

Owen is convinced he visited heaven that night and says that the colours were like a Swiss Alpine meadow.

A white robed man approached him, telling Owen he must go back. He had to "scrunch himself up" to get back into his body.

As a final note, remember that any dialogue between here and hereafter must be two-way to be meaningful.

Acknowledge all unexplained sights, sounds and smells as potential signals from loved ones who now reside in the spirit world. These signs could be the beginning of a truly divine dialogue.



A LEAF which flutters down may be a sign of spirit contact.

TABLE 'TALKS' WITH FAMOUS 'DEAD' AUTHOR

Complex psychic influences inspire home circle and help to create The Arthur Conan Doyle Centre in Edinburgh

BY ROY STEMMAN

A MAJESTIC Victorian listed townhouse stands imposingly on a corner of Palmerston Place and Chester Street in Edinburgh's West End.

As a prominent feature of a well-heeled neighbourhood that is a mix of residential and office accommodation, interspersed with small guest houses and retail outlets, the exterior of 25 Palmerston Place gives only a hint of its glorious past and stylish interior.

Next to the double doors through which visitors enter is a large sign that satisfies some of the questions which must intrigue casual passers-by who recall that a decade ago the building had fallen into a state of disrepair.

"The Sir Arthur Conan Doyle Centre," it tells them, is "a spiritual centre for the physical, mental, emotional and spiritual wellbeing of society."

This statement dispels any further doubts by adding, reassuringly, that it is a resource for the whole community and welcomes people of all religions and none.

Those who venture inside are always impressed by its architecture – particularly its central sweeping staircase that curls upwards to an engraved glass dome on the roof – and various large meeting rooms, one of which is occupied by the Edinburgh Association of Spiritualists, a Spiritualists' National Union church.

Yet little seems to have been written about its 140-year past. Understandably, it is the present day that now dominates with top mediums and speakers making regular appearances.

The centre's website (arthurconandoylecentre.com) keeps its finger on the pulse of current and future activities as the building enjoys probably the most colourful and important period in its long life.

But who was responsible for transforming it into a vibrant spiritual and psychic centre? The answer is that its creation was inspired – even engineered – by the spirit world, with Sir Arthur Conan



THE centre is "a prominent feature of a well-heeled neighbourhood."

Doyle the driving force of a team on the Other Side.

For more than a decade, they have communicated with Ann Treherne, now the centre's chairperson, and a like-minded group of people who sit in her Thursday night circle.

In her independently-published book *Arthur And Me*, she tells the story of their experiences and how they were guided by their spirit team to the building that now houses the centre.

Sir Arthur, incidentally, was born in the Scottish capital and studied medicine at the University of Edinburgh.

As well as having paranormal abilities – particularly experiencing premonitions – and also being a psychic investigator, Ann had a corporate background in banking and finance.

Using these diverse skills, she found others with similar sensitivities willing to dedicate themselves to weekly séances where they could develop their mediumistic abilities.

The challenge for them all was to understand what their spirit team wanted them to achieve.

Were they sitting to develop trance, healing or physical phenomena? At times it seemed like a movable feast, often changing direction in ways which were beyond their comprehension.

Readers who have sat in a regular circle or are contemplating embarking on such an initiative will find much in her book that reflects their own experiences.

Ann soon realised that both having the right people in the circle and also finding a suitable venue in which to sit each week were essential, but these factors were not always in their control.

However, she was certain that in time, Arthur and the spirit team would guide them to the perfect place.

There are times when Ann's accounts of a Thursday night circle read more like a report from the early days of Spiritualism when rapping, table tilting and physical phenomena were far more common.

That's surely appropriate, since as well as writing the wonderful Sherlock Holmes detective novels, Sir Arthur also produced the excellent two-volume *The History of Spiritualism* around a century ago.

What's more, some very familiar names from Spiritualism's more recent history – Maurice Barbanell, Gordon Higginson and Arthur Findlay, for example – appear to be playing supporting roles in Arthur's spirit team.

Some evenings, Ann tells us, the circle received messages via a table, which rapped out answers and almost climbed up a wall in its excitement. At other times, a glass and alphabet placed on a table top was the means of spirit communication.

However, the circle knew that modern Spiritualists are wary of using such

methods, preferring the use of mental mediumship to converse with their spirit helpers.

This need for caution was confirmed on a couple of occasions. Once, Ann quickly realised that a spirit being who was said to be one of her relatives was not the person she claimed to be.

Even more frightening was the time when a “materialisation” of an entity appeared in a corner of the room that they all sensed was malevolent. It seems he was well known in occult circles many years ago, when he had a sinister reputation.

Not only were circle members able to identify him from a photograph they tracked down, but soon discovered that he had actually lived in the building in which they were holding their Thursday circle. It was time for them to move on!

Much of the book is devoted to lengthy transcripts of the circle members’ conversations, which some readers might find a little tedious, particularly when they all seem to be speaking at once or when sitters don’t ask questions that a reader would have asked.

At least, this approach doesn’t leave readers wondering if the author is jumping to false conclusions or misinterpreting what is happening. They can judge for themselves.

A description of the building to which they were being guided, and various other

corroboratory items of information, were given at the Thursday circles and recorded on tape, as well as being transcribed and printed out for the group’s own benefit.

When the building came on the market, it was exactly as described. As well as finding the ideal permanent home for their circle, once a major renovation project was undertaken, they, and the spirit team led by Sir Arthur Conan Doyle, also helped to create a spiritual centre that is in tune with the needs of the 21st century.

That, apparently, is not the end of the story. It seems that empowered by their

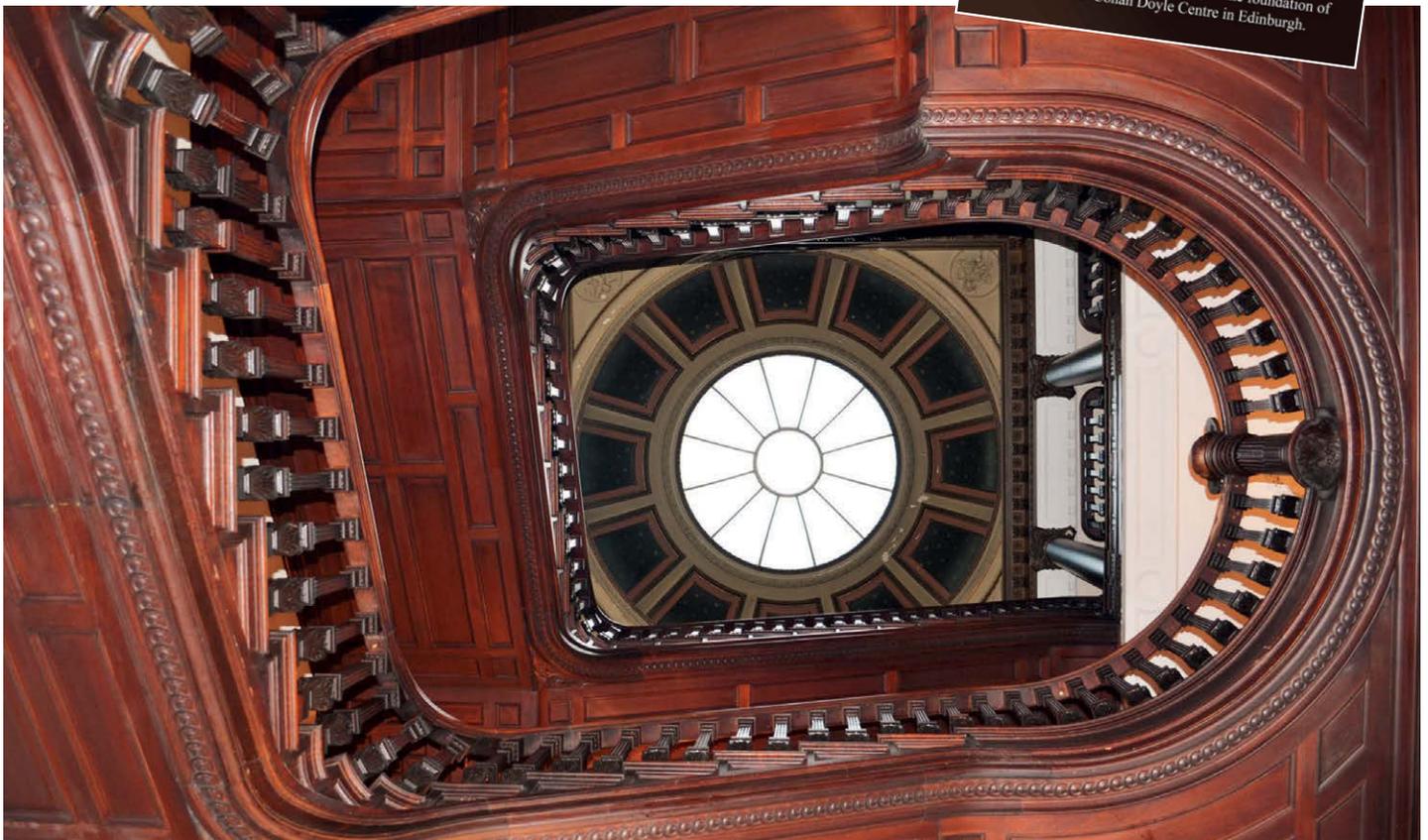
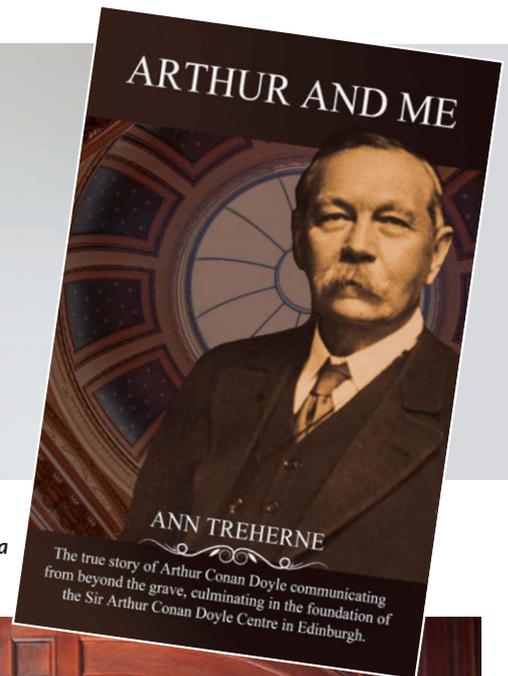
new surroundings, the Thursday circle has continued to meet and to develop their mediumistic abilities.

The intimation is that the phenomena produced are stronger and the communications even more evidential. This will be the subject of Ann’s next book on which she – and Arthur, of course – are already working.

■ **“Arthur And Me” by Ann Treherne is available from Amazon. A 278-page paperback, it costs £8.99.**



ANN TREHERNE: *As well as having paranormal abilities and being a psychic investigator, she had a corporate background in banking and finance.*



HERE is the centre’s magnificent central sweeping staircase that curls upwards to an engraved glass dome on the roof.

Behind the scenes at Camp Silver Belle

BY ROY STEMMAN

SIXTY years after her death, Ethel Post Parrish is still remembered affectionately by the rapidly diminishing number of those who met her and experienced her mediumship.

Fortunately, for those of us who never encountered this formidable woman or the apparent miracles that occurred in her presence, *Ethel Post Parrish* by Gerald O'Hara conveys the story of her very colourful life in incredible detail.

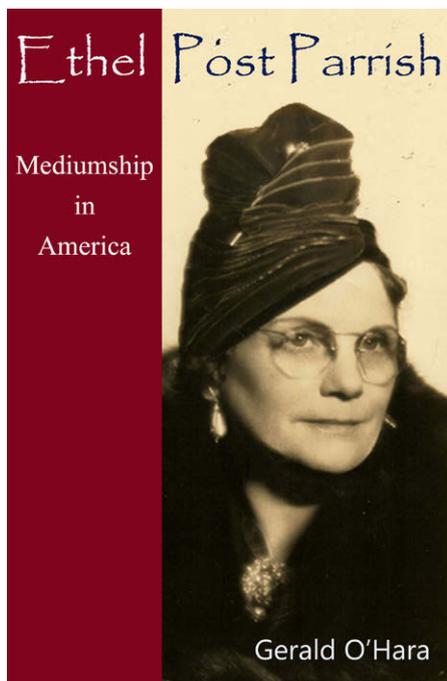
Ethel was the powerhouse behind one of America's most vibrant Spiritualist centres, Camp Silver Belle, in Ephrata, Pennsylvania, and its associated Mountain Springs Hotel.

She was also often centre stage, working as a materialisation medium capable of bringing the "dead" back to life, cloaked in ectoplasm and apparently looking and sounding exactly as they did when alive.

Acting as the co-ordinator between this world and the next was a spirit guide – sceptics would describe her as Ethel's partner-in-crime – named Silver Belle.

Other mediums with similar mediumistic powers often worked alongside her. At its peak, Camp Silver Belle was a magnet not only for Spiritualists in the United States, but believers and sceptics from all over the world.

O'Hara has done a superb job of piecing together the complex story of Ethel's



life, including her four marriages and her numerous spirit world connections, as well as recognising her skills as chief operating officer of what became a large and profitable enterprise.

He has even compiled detailed accounts of American Spiritualism's main "profit centres" – the leading camps, churches and other venues that attracted the top mediums and their wealthy patrons – in the period between the two world wars, information that has not, apparently, previously been researched and made available.

Camp Silver Belle faced strong competition. The exposure of blatant fraud at a very similar Spiritualist centre – Camp Chesterfield – inevitably had an impact on Ethel's business and career, though it has to be said that she appears to have successfully demonstrated her astonishing mediumship under test conditions at other venues where fraud would seem to have been impossible.

Maurice Barbanell and Fleet Street journalist Hannen Swaffer were among the visitors to Camp Silver Belle. Both wrote glowing tributes to the evidence they received from the materialised spirit beings who appeared.

In his book *This Is Spiritualism*, Barbanell even published a remarkable photographic sequence that appears to show the gradual ectoplasmic creation of Silver Belle, with Ethel Post Parrish visible in a curtained cabinet throughout the manifestation.

But were Barbanell, Swaffer and numerous other witnesses hoodwinked by a team of "spirit" impersonators



TAKEN from a series of photographs, this one purports to show the medium's spirit guide materialising.

who crept on stage during these public demonstrations?

That was what was happened at Camp Chesterfield – a scam which was eventually exposed by infra-red filming by researcher Andrija Puharich that did untold damage to American Spiritualism at the time.

In contrast, the pictures of Silver Belle's materialisation, also taken with see-in-the-dark infra-red, would appear to be a powerful testimony to the reality of the phenomenon captured on film. But was it?

Canon William V. Rauscher, an Episcopal priest and highly respected researcher who was chairman of the Spiritual Frontiers Fellowship (1964-68), suggests in his autobiography *Religion, Magic and the Supernatural* that the Silver Belle image sequence was phoney.

Rauscher believes the photographer, Jack Edward, produced the sequence by double exposure, using previously captured images of smoke and drawings of Silver Belle superimposed on photographs of Ethel in the cabinet, with her assistant Lena Barnes Jefts holding the curtain aside.

Others will beg to differ, of course, particularly those who formed a committee to oversee the taking of the infra-red sequence and who testified to the genuineness of the results.

However, Rauscher, an accomplished magician, knows how easy it is to deceive witnesses particularly when the results

“

Was Ethel Post Parrish a genuine medium, a ruthless and cunning charlatan or a mixture of the two?

”

have to be developed in a photographic darkroom.

Was Ethel Post Parrish a genuine medium, a ruthless and cunning charlatan or a mixture of the two?

I was hoping this book would provide an answer, but as the author explains early on: “Some have argued that the focus of the book should be on Ethel's mediumship, that accounts of phenomena should be first.

“That would be a different book. The emphasis in this work is a narrative of the life that Ethel lived.”

Having said that, long accounts of her mediumship are grouped in an Appendix.

As well as quotes from individuals who believed she was a fraud, there

are also fulsome accounts from those who were totally convinced that Ethel's mediumship had enabled “dead” loved ones to appear before them and even to convey information that the medium could not have known.

For me, the genuineness of her mediumship is still an open question. What Gerald O'Hara demonstrates is that she was clearly a very clever and competent businesswoman, and many owed their belief in Spiritualism to her efforts.

■ **Running to 240 pages, with 24 illustrations, “Ethel Post Parrish” costs £12.01 and is available from Amazon.co.uk**



Kyle's cards have angelic angle

**Tarot expert Wendy Stokes reviews
"The Angel Guide Oracle" by Kyle Gray.
Artwork by Jennifer Hawkyard.**

THE text from the inside box of this 44-card set reads: "Thank you, angels, for reminding me of your presence and for revealing to me what I need to know. I am willing to listen and receive..."

"Angels record our life and evolution. They are extensions of divine love and are messengers from God. When we connect to angels, we connect to God.

"They want to guide and protect us, and send us messages, signs and reminders of our true and highest aspirations.

"We all have a guardian angel to guide us and who knows us intimately because they were created especially for us.

"They help us to grow in love and wisdom, and are governed by spiritual laws. Though they are dedicated to us, they cannot act for us unless we invite them. They do not judge and will never abandon us.

"There are many angels available to us that have many spiritual duties and responsibilities. They want us to be happy and live our life with purpose and compassion."

This deck is designed to help us to

access our own intuition and clairvoyance, and to strengthen our connection to angels. We are encouraged to create our own interpretations using the card images and titles.

Our use of the cards and the relationships we forge with them will create a bond or help us to remember the bond you once had with them.

The *Guidebook* provides information on each of the card titles, with a message and an extended message, and also advice on how to use the deck, although there is no right way or wrong way to use them.

We are told to hold the cards close to our heart and visualise a swirling golden light around us, which cleanses our energy and that of the cards.

Next ask the angels to bless the cards and help us to work accurately with them. This is the prayer that is suggested:

"Divine angels of light. Thank you for

blessing me with your presence and for blessing these cards with your light, so that I can use them as a tool of spiritual growth and to connect to divine guidance. Thank you for being here and for revealing to me what I need to know.

"I set the intention that this deck will act as a bridge that brings us together, for the highest good and in the presence of love. And so it is!"

The cards can be used for personal readings or for readings for others. They are based on the law of attraction, where you attract experiences and energies due to your thoughts.

The cards will match your intention by helping you to draw those which will reveal the message you most need. There is information on reversed cards that fall upside down.

These upside down cards strengthen the meaning given to that card. Spreads suggested are for a daily one-card reading, a three-card spread of Strength, Heart and Challenge, a nine-card spread and a Future Guidance card for the month ahead.

The cards have modern styling with enjoyable high colour artwork with multi-cultural figurative paintings that feature young people between the ages of 20-30 years old.

Many are winged and have a halo. Some of the titles are *Spiritual Growth*, *Surrender*, *Sacred Plan* and *Transformation*.

The creator is the award-winning Kyle Gray, a spiritual teacher who had his first psychic encounter with the spirit of his grandmother when he was just four years of age.

As a young person, he saw, felt and heard Spirit, which led him to his speciality in working with angels.

Kyle hosts a weekly show on Hay House Radio called *Angel Club* and has several audio books and apps. His online courses are available for anyone who would like to be a certified angel worker. See <https://www.hayhouse.com/authorbio/kyle-gray>

Kyle is based in Glasgow. If you visit his website at kylegray.co.uk you can learn your angelic destiny number and receive a weekly angel message.

The artist for Kyle's latest deck is Jennifer Hawkyard, who lives in West Wales. She is a traditional and a digital illustrator, art director and graphic designer who specialises in vibrant, highly colourful textural images. She is also known as Jezhawk.

Here is a sample from the deck: "Your Message. Ask and Receive: Ask and you shall receive. Your angel guide wants you to know that help is available.



KYLE GRAY: *As a child, he saw his "dead" grandmother.*

"You are being encouraged to shift your perceptions and recognise that even in the most difficult of circumstances a miracle is possible.

"Whatever miracle you need, it is available to you now. Your angel guide is encouraging you to recognise that you may have been blocking support by saying 'No' to the things you wanted to say 'Yes' to, and they are asking you to change that now.

"When you begin to say 'Yes' to the experiences that light you up, you usher increased levels of support into your life."

An Extended Message reads: "You may feel that your prayers aren't being heard, but this isn't true.

"Angels have heard you and are suggesting you take time to assess where in your work or relationships you may be creating barriers to success.

"When you are open to seeing and doing things differently, you will experience the answers and miracles you need. You are being encouraged to pray from a space of gratitude now.

"When you focus on what you are grateful for, you align your energy with the miraculous. Heaven is encouraging you to welcome support in all areas of your life."

Now 33, Kyle has, said his publisher, "been blessed with a strong connection to the angels, who have guided him as he developed his intuitive gifts.

"After years of hiding his abilities, Kyle was called to share the angels' incredible messages with the world.

"Now, Kyle dedicates his life to helping other people open to the angels through his workshops, talks and online Angel Tribe."

Kyle regularly travels for sold-out events in the UK, USA and Europe. The author of seven books and co-creator of three oracle card decks, he has 151,000 followers on Facebook and Instagram, and 45,000 e-mail subscribers.

■ **"The Angel Guide Oracle" are available this month at £15.99. They are published by Hay House UK.**



COURAGE AND BRAVERY



EXPECT MIRACLES



MANIFESTATION

WISDOM FROM THE LAND OF LOVE AND LIGHT BEYOND Lighthouses of the spirit

Over the years, many people heard Silver Birch speak through his medium Maurice Barbanell. Most of the sittings were held at his NW London flat, but this was not always the case.

On one occasion, Silver Birch addressed the now defunct Council of Spiritualists. This was composed of representatives from the Greater World Association, Spiritualist Association of Great Britain, Spiritualists' National Union and Institute of Spiritualist Mediums.

Let's begin by reading the guide's opening words to members of the council. Questions put to him appear in italics.

I REGARD it as a great privilege that you should ask me to come and talk with you. I hope that I may be of help in the tasks that lie before you.

I am not a figure of all-wisdom, all knowledge, but I have lived longer than all of you.

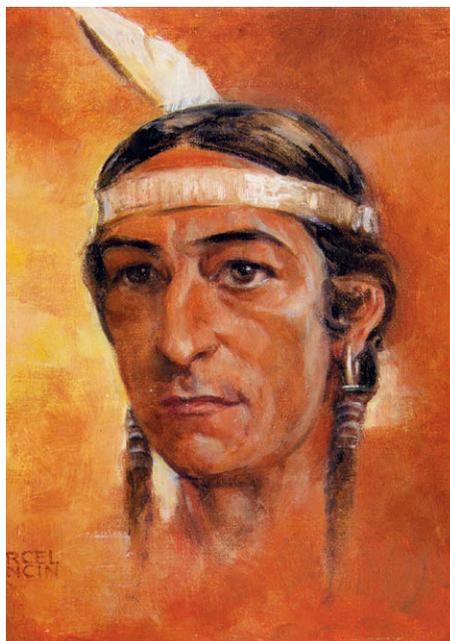
I have acquired perhaps a little more knowledge of the universe and the natural laws which control it. What I have to say may not be very new. There is no new truth, but only different ways of expressing it.

You are all fortunate because you are the recipients of knowledge and of evidence. You have an awareness of the Larger Life and its reality.

You have an awareness of those – some of you can see and hear them, others cannot, but know they are there – who are as much a part of the sublime plan as you are. Their task is to ensure that it will continue to operate and follow its ordained path.

I do not have to tell you that the truths you represent come to you as part of a highly organised concerted scheme engineered by evolved beings. Some call them masters; others call them the hierarchy.

They are the ones charged with the supreme responsibility of ensuring that



PSYCHIC artist Marcel Poncin produced this oil painting of Silver Birch.

spirit power should flow into your world in ever-increasing measure, that more and more human channels shall be found who can act as the divine emissaries on earth, and furthermore that you should work together to see that you offer this very important knowledge to those who have

nowhere else to turn.

These are the mourners, the sick, the perplexed, the weary, all who think there is no purpose left for them. Neither the churches, the scientists, nor the philosophers can be of any help to them.

You have a saying in your world that man's extremity is God's opportunity. It is when the human soul feels it has come to the end of its tether, and the world of matter has nothing to offer, that the spirit gets its first chance to begin to be kindled, so that its light can gradually become stronger and more lambent.

The part you play is helping these souls to understand themselves, the purpose for which they are incarnated on earth and the gifts they possess, which should be utilised in the service of others.

In short, what they must do to fulfil themselves so that they leave earth properly equipped for the next stage of their eternal pilgrimage that begins when death comes to the physical body.

All this is part of a sublime plan. Those who conceived it and who work to ensure its fulfilment are the ones co-operating with you.

The important thing is that the bridgeheads which have been established by all the groups, bodies and societies that you represent should be consolidated and strengthened.

Then you have the equivalent of lighthouses of the spirit shedding their beams so that the weary and lost ones can find their way to you and you can help them to solve the problems which none other has been able to do for them.

This is the task on which you are all engaged. This is what matters. This is also your great responsibility.

You are the chosen ones. In some cases you have chosen this yourselves, whether



you are aware of it or not I do not know.

Yours is the responsibility because you have to offer a great truth, one that is of inestimable benefit to the whole of mankind. It is very vital for your troubled world lost in a materialistic morass.

Lip service is paid to some truths that were established yesterday, but the largest number worship mammon, seek power and indulge in selfishness and greed, causing untold misery to millions.

If you succeed in helping one soul to find itself, to come into its own, then your life has not been in vain.

Part of our work is to try to publicise this truth on a national scale. It has been suggested that we should try to interest or call together every Spiritualist organisation for a mass meeting for this purpose.

Would this produce results? The objective would be to try to get the co-operation of all Spiritualists instead of individual bodies.

If you think it would help, why not try it? It is better to have co-operation if you can achieve it. Your primary purpose must always be to reach the largest number you can.

Another equally important purpose is to ensure that those endowed with gifts of the spirit should unfold them wisely, be aware of the sacredness of their task and fit themselves by their lives so that they can be the instruments for the greatest possible spirit power to pour through them.

It is not organisations that matter as organisations, but what they do. Names do not matter. It is the service rendered that is important.

The Great Spirit is not concerned with the names you give to your bodies, but the means by which you express divine truths and allow divine power to flow as much as

possible...

In our view, you should try to reach the largest number of people with the fundamental message and evidence that you have to offer.

Every child of the Great Spirit should be given the opportunity to acquire this truth, which is a priceless boon, a rich spiritual treasure providing direction in the whole of life. Whether they accept or not is their responsibility, not yours.

I would like to feel that one of our most important aims is to raise the quality of mediumship rather than the quantity of mediums.

It is felt generally that our standard, our presentation, needs to be raised. Would you agree?

I would agree that at any time in the things of the spirit, quality is preferable to quantity.

Better to have one selfless, dedicated instrument capable of expressing the fulness of spirit power than 100 undeveloped souls who are no credit to mediumship.

Have you any suggestions as to how the quality of mediumship could be improved?

I can suggest many ways. It would seem that I am resorting to quotations, but they can be very apt.

Your Bible says, "Seek ye first the kingdom of God, and His righteousness, and all these things shall be added unto you." This is a question of getting the priorities right.

Once an instrument is aware he possesses a gift that is divine in origin, he is charged with a great responsibility. He should order his life so that no action in any way sullies or tarnishes his gift.

He should strive diligently to unfold it to

its highest possible pitch. He should try to live in accordance with the knowledge he has received.

He should seek time for meditation and for attunement. He should have recourse to those with similar aspirations who will help in the unfoldment of his gift.

This you can do. Having trod this path, you can point out the pitfalls, difficulties and the temptations to be avoided.

The greatest of all objectives is to become aware of the responsibility. It is a tremendous responsibility to be an ambassador for the divine.

If the priorities are right, all will fall into line. When the spirit is right, everything else will be right. But when priority is given to the things of the physical body, then everything will be wrong.

Would you say that a medium is helped by understanding a little more of the natural law and therefore the mechanics of his mediumship?

This is very controversial. Whatever I say some will disagree with me, but I have been using my instrument for many years and understand the intricacies of this form of mediumship very well indeed.

I think, viewing the question from every angle, that knowledge is always preferable to ignorance. With knowledge you are armed. With ignorance you are unarmed.

■ **For a full list of Silver Birch books which are available, please go to www.silverbirchpublishing.co.uk/ They are kept in print by the Spiritual Truth Foundation, a registered Spiritualist charity, whose website is at www.spiritualtruthfoundation.org**

Good, good, good, good vibrations!

Learn the art of psychometry

By Craig Hamilton-Parker

WHEN mediums start out in a development circle, one of the first things they will learn is the skill of psychometry. The word comes from the Greek psyche (soul) and metron (measure), and literally means “measuring of the soul.”

Psychometry is the psychic skill of touching an object and describing impressions about an event or person associated with it. The term was coined in the mid-nineteenth century by Joseph Rhodes Buchanan, an American professor of physiology from the Eclectic Medical Institute, in Covington, Kentucky.

Mr Buchanan noticed that some of his students could distinguish different chemicals when wrapped in thick brown paper. Some of these “sensitives” could also describe, from unopened letters, the contents and the characters of the writers.

Mr Buchanan published the results of these studies and his theories in a book entitled *Journal of Man* as well as a *Manual of Psychometry* (Boston, 1889).

In development circles, we use psychometry as a stepping-stone towards psychic skills and mediumship. By holding an object and talking about the vibrations we feel from it, we can tell a lot about the object and its owners. We tune in to its residual energy, which is an energy memory imprinted into the item. From this, we can describe the character and memories of its previous owners.

PSYCHOMETRY AS A TOOL

Apprentice mediums and sitters often confuse this with mediumship. If the former owner is “dead” and the student gives an accurate description of their life, personality and so on, they assume that this is coming from Spirit. It is not. It comes from the memories imprinted on the object.

Similarly, some stage mediums give alleged spirit communications by holding a photograph. This is face reading. It is easy to describe a person’s personality by looking at a photograph, but this is not mediumship. Today, a lot of psychism is passed off as mediumship.

Nonetheless, psychometry is a good way to get a reading started. It helps the medium to connect with the vibrations of the person in front of them and make an inner connection with the person they want to speak to in Spirit. No tools or aids such as tarot cards, crystal balls and photographs are required to make contact

with the spirit world. These should not be used as part of a mediumistic reading.

It is essential to put the object down when moving from a psychometric reading to a mediumistic one. The medium could say: “That was psychometry. I’ve given you things that I’ve picked up using my psychic skills.” Then put the object down and say, “Now let me see what I can tell you using my mediumistic skills.”

This is basic stuff, so it is infuriating when you see a high-profile medium passing off psychometry and photo-reading as mediumship. You can’t hold a “dead” celebrity’s hat and say you’re in touch with their spirit just as a jar of photographs collected from an audience cannot be used to make spirit contacts.

PSYCHIC ARCHAEOLOGY

Psychometry is an excellent teaching aid, but also a fascinating psychic skill to explore for its own sake. I worked on a movie about Jack the Ripper and was asked to hold some of the items owned by his victims. The vibrations hit me hard and I felt sick to my stomach, but also had flashes of what happened.

From these feelings it is possible to gain an insight into who could have been the killer and his motives. This illustrates how psychometry can profile murderers, but unfortunately the policy of British police is not to use psychics.

With psychometry, we have a means to look back into the past. I did some fascinating readings for a famous French archaeologist who asked me to handle various artefacts from Stone Age times and early history.

The archaeologist was excited by the fact that what I was saying seemed to confirm his theories about the ancient landscape and lifestyles of the archaic people from the dig where the items were found.

However, I warned him that although I was doing psychometry from the objects, it was possible I was also receiving his own thoughts by telepathy. Some people regard mediums as infallible. It is important that we always explain any potential flaws to our insights.



CRAIG HAMILTON-PARKER: “I worked on a movie about Jack the Ripper and was asked to hold some of the items owned by his victims. The vibrations hit me hard and I felt sick to my stomach, but also had flashes of what happened.”

I’ve also worked with archaeologists on television. One of the most interesting was with wildlife TV presenter Chris Packham, who was runner-up for *Britain’s Most Sceptical Person Award 2001*. I was blindfolded and driven to various locations and museums. Here, I held artefacts and was asked to give their history.

Some items were real and some were fake. The museum curators would judge my success rate. Chris nearly fell off his seat when I was given a battered violin and said it was once owned by the writer Thomas Hardy. There was absolutely no way I could have known this.

Once you develop the skill of psychometry, it can open up fascinating windows to the past. I love to touch the stones at Avebury ring in Wiltshire to see what images and feelings cross the screen of my awareness. I cannot always prove that what I “see” is true, but it is an interesting spiritual pastime.

Doing psychometry on my travels in rural India offered some of the most engrossing experiences. In the ruins of Mahabalipuram in Southern India overlooking the Bay of Bengal, I tuned in to the locations and described what happened there. An expert whom we hired to guide us through the sites confirmed this.

In a museum in Delhi, northern India, I was given permission to touch Gandhi’s clothes and some of the bed linen of the saint Ramakrishna. In Varanasi, I sat in a

dark cellar on the seat of the miraculous yogi Trailanga Swami and felt the energy of his presence in the past, and in the obscure Arundhati Guha Caves I sat where Jesus allegedly meditated when he visited India.

When you open to these things, psychometry becomes a way of inner transformation. For a few moments, it is like being in the company of these great spiritual men. We can feel it in holy places. I'm sure many also feel it in Spiritualist churches and Stansted Hall at the Arthur Findlay College, Essex.

FILMING IN INDIA

When filming the movie *Mystic Journey to India*, we met someone who collected ancient relics and antiquities and was prepared to allow the crew to film me clairvoyantly reading their history. He would confirm or deny my insights.

Unfortunately, the sound levels were terrible, so we couldn't use the footage but it was interesting to spiritually access strange objects from India, Tibet, Nepal and China.

The most interesting items I held for psychometry, I found out later, were healing wands. They are made of wood and crystals, and decorated with strange images and Sanskrit writing. They were bizarre contraptions, but when I held them, they felt electrifying. I explained that I believed that these objects were used for magical healing and had to be placed in a special way directly on the body.

In Spiritualism, we use hands-on healing, but this was something quite different. Strange as it was, I felt it could work. The energy from these weird objects was very powerful.

Spiritualists underrate psychometry. It is associated with fledglings and beginners. Psychometry is used in circles and fledglings' demonstrations as a starting point leading to mediumship, but as you can see from my experiments, it is also an interesting gift to use in its own right.

For me it is a way of exploring the past. Sometimes, these insights can be confirmed when an expert is with me, but at other times it is enjoyable to link into history and feel that most of what you are "seeing" is probably true.

GETTING STARTED

Practising psychometry is one of the best techniques to get you started on the path to becoming a medium. It is also a worthy gift to develop in its own right and can give you interesting insights into the past.

You can learn in a circle, but it is also something that can be practised at any time if you can find a few people willing to

let you experiment with them.

It is important not to be given any clues or know anything about the object you want to read. You should not know who has owned it.

Some mediums say that metal objects are best at holding vibrations, but that is not my experience. You can read just about anything. You can even read a flower that has been held for a while.

TRY IT FOR YOURSELF

Most people who try psychometry struggle to speak at first. They are worried about looking a fool and getting things wrong and are confused about what to say. The key is to be a fearless fool.

You must speak out and say whatever comes into your head no matter how stupid it may seem. In this way, the intuition can bypass the critical mind and genuine information will come through.

I also tell my students to pretend that they are the greatest medium that has ever lived as they do this. You know you are play-acting, so do not take yourself too seriously. You will trick yourself into being confident and unconscious clairvoyance will flow.

At first, only a small percentage of the things you say will be right, but once you learn to speak out and say whatever is on your mind then highly specific things will creep in. Eventually, you will gain confidence and can improve your latent gifts. This happens when you add structure to your flow.

I encourage my students to focus on describing the characteristics of the owner of an object. There may have been multiple owners, so you must describe what you feel is the most dominant person.

In your mind's eye, you will picture someone. You then describe what they are like as a person, what illnesses they may have had, what personality traits they have, their hopes and fears and this sort of thing.

It is a bit like the way a medium will describe a spirit personality when doing clairsentience, but in this case the information is coming from the object and welling up through the intuition.

I also tell my students to add a timeline. This is not easy when you are allowing yourself to speak without censoring any thoughts and simply allowing everything in the mind to arise of itself.

Start with childhood. Let the unconscious produce pictures, feelings and flashes of things from the person's past. Then push yourself to intuit the recent past and the present. (We do not tell the

future with psychometry because these vibrations are not imprinted on the object.)

All of this is said without the sitter responding. You simply close your eyes and speak. When you dry up and feel you have said all that you can, then you ask the sitter to tell you what was right and what was wrong.

At first, you may be disappointed, but as you gain confidence and trust the unconscious clairvoyance to break through, you will find you will get more and more right. A time will eventually come when the sitter will tell you are 100 per cent correct.

The skill of psychometry happens to all of us in everyday life. When you walk into a building you may sense the energies of its past.

A church may have a peaceful vibration whereas an abattoir is imprinted with the fearsome vibrations of suffering. When we buy a new home, we become sensitive to the "feel" of the place.

We can also sense when a person is being truthful, is jealous, distressed, projecting repressed anger and so on.

Vibrations are all around us. Becoming aware of them increases our intuitive understanding of the world and helps us to make better decisions and choices.

■ *Craig Hamilton-Parker's books about psychic development are available from his website at www.psychics.co.uk You can watch Craig's film "Mystic Journey to India" on Amazon Prime.*





SPIRITUALIST ASSOCIATION OF GREAT BRITAIN

341 Queenstown Road, Battersea, London SW8 4LH

Tel: 020 7931 6488

Website: www.sagb.org.uk

OPEN
SEVEN DAYS
A WEEK

PRIVATE
SITTINGS
DAILY

Private Sittings: face to face, telephone or Skype

One-hour Daily Demonstrations at 3.30pm, apart from Sunday which is at 5pm

Evening Demonstration at 6.30pm on Wednesdays

Spiritual Healing daily ❖ Open Circles ❖ Open Platforms ❖ Beginners' Trance Circle
Hypnotherapy ❖ 'Living with the Light' Circle ❖ Psychic Art Demonstrations
Distant Healing Circle ❖ Bereavement Support Circle ❖ Connecting with Guides Circle
Guided Meditation ❖ Sunday Service

Thursday Evening Teachings 6.30pm - 8pm:

Lectures, Philosophy, Open Platforms, and Understanding Trance Circle for intermediate/advanced students

KEEP AN EYE ON OUR WEBSITE FOR DETAILS OF WHEN WE WILL BE RE-OPENING



Save the Dates in 2021!

**The next ISF training conference will be at the
Cober Hill Conference Centre
Scarborough, North Yorkshire, UK
7th—14th August 2021**

**Founded in 1923, the ISF supports Spiritualists throughout the world.
Encouraging *Strength Through Unity*, membership includes individuals and
organisations in 37 countries across all continents.**

**To find out more visit:
www.theisf.com**

WHEN THE WHITE ANGEL CALLS

J. J. Morse is regarded as one of Spiritualism's finest trance mediums. Born in 1848, he passed on in 1919. A former editor of "Two Worlds," his Spiritualist funeral service is truly inspirational.

Sadly, despite its beauty, the service is little known these days, so we decided to print it this month, for its words are still wonderfully applicable.

IN the fulness of time comes the harvesting. The golden sheaves are garnered, and the husbandman rejoices that his labour has not been in vain. He thanks the giver of all good whose laws have thus fulfilled His purposes.

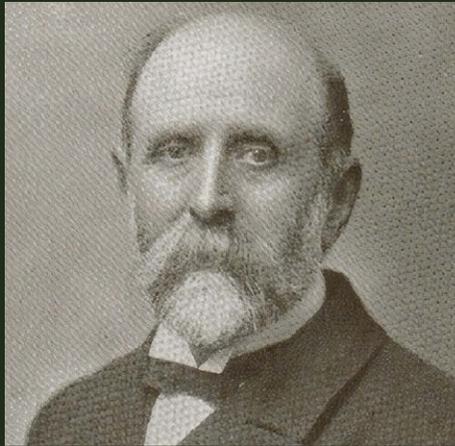
We are ears of corn in the fields of life, ripening for the Great Reaper to gather us in for the harvest home in the sweet homeland beyond.

Man, too often ignorant regarding his heritage of continued existence, sees but gloom and sorrow in death. He notes the drooping of the young, the failing of early prime, the steadily advancing snows of age.

His heart aches, the brevity of life seems so pitiful, the dread ending so swift that in anguish he asks, "What is there beyond?"

He muses that if life be all, then all too brief is life. The little span of three score years and ten scarce affords him time to know he truly lives.

Youth and age alike ever feel the coming of the white angel all too soon. But truly,



J. J. MORSE: "In very truth to die is to gain."

God knows best, for assuredly His will and wisdom rule all things wisely and well.

Death is the gateway of life. In very truth to die is to gain. In all ages the eye of faith has caught glimpses of the serener regions of the life beyond.

Prophets, poets, seers and soul-

illuminated thinkers of all lands have upheld the hope of immortality, while visions, trances and open visitations from the spirit realms have added knowledge to faith, giving man the certainty that death does not end all.

But human life is not all suffering and strife. To each of us comes something of gladness and sweetness.

The tender ties of blood bind hearts in loving unison, while those still holier links of human love hold us firm and true to each other when trials and disappointments fret us almost beyond endurance.

Our children comfort us in age, soothing our pains of body and mind. Tenderly they minister to us when the spirit bids its adieu to mortality as it goes to realise its greater freedom.

Sad it is when death comes to the accompaniments of pain and anguish, but then sweet are the ministries of those nearest and dearest to us.

Let us then give thanks with heart and soul for the love that blesses and soothes in our hour of separation. But a greater comfort is ours in the certain knowledge that death, as men call it, is truly a part in the great plan of life.

As the rose buds and blossoms, making summer airs fragrant and the days





beautiful, so, in due time, the human spirit buds, blossoms and is made ready to be transplanted to the more congenial life of the Summerland beyond.

To die is as natural as to live. As the bud contains the potentiality of the flower, so we each contain the finer elements which are fashioned into our supernal forms.

Those forms, fashioned in life, are liberated by death that they may evermore grow beautiful under the clearer skies of the spheres of glory and light towards which each and all of us are surely tending.

How can we say there is no death? Because those whom we once counted dead are oft about us, not as phantoms of our dreams or articles of our faith.

They are realities, the arisen ones of our hearts and homes, the friends of former years, parents, children, the loved and the loving.

Today, as of old, the gates are ajar. Messengers come and go. Loved ones come to the aching and hungry-hearted to console them, to add further proof of life hereafter to those who already hold such testimony, to cheer those who have it not.

Tears may flow. We are but human, for the great poet has truly said, "One touch of nature makes the whole world kin."

Not cleansing fires, but cleansing tears remove ills and hatreds, cleansing our minds, our loves, freeing us from the impurities of unkindness and uncharitableness.

The tears of joy are also shed, of joyful thankfulness that wounds are healed, that the haven has been gained.

The tears that give ease to sorrow, that relieve the overcharged breast, are nature's means to ease her children's griefs. Be not ashamed to receive our great mother's kindly help.

This silent form is to be removed from its accustomed home. One face will be absent from the family circle. There will be a vacant chamber, an unused chair, a voice no longer heard.

Reverently take away the discarded garment; quietly bear it to its final resting place. It is but the casket that hid the beautiful jewel. That which made this form so wonderful, the form we knew so well, has gone.

The immortal jewel it contained has now a richer setting, one more fitting to its nature and high destiny.

Bowing to the wonderful mystery of death, yet lifting our faces that they may be flushed with the glory of life, let us rejoice that another has gone a little further along the road our feet are treading.

But the home is not vacant of the presence of the arisen. The dead do not all depart; they are with us often, to help and cheer us on our way.

The blessing of heaven be upon us, and the hallowedness of this hour remain a sweet memory for many days to come.

At church or chapel

Life and death are the servants of God, love and duty the incentives that link people to their higher selves. A well spent mortal life is man's best acknowledgement of indebtedness to God and nature.

Now in this place let each search his heart in silence that the good or ill therein may be discerned, that one may be fostered or the other overcome. (Let the company indulge in silent prayer.)

We have not assembled to grieve, but rather to rejoice that the arisen one has escaped from darkness and found the light.

We pay soulful tribute to the eternal power. Within these walls there is no insensate grief, no uncontrollable terror.

We know that death is liberation, a step "Nearer, my God, to Thee," an uplift in the divine order of eternal progression.

God's laws heed neither creeds nor rituals. His only ritual is the order of His laws; His church, the universe, its members all mankind; His ministers the souls that are seers, the hearts that live, the minds that serve. His altars are human hearts sanctified by love and service.

In honouring the departed, let us not forget our duty to the living. Unwisely to bemoan our loss is to becloud our judgement. It is not pleasing to the arisen, nor is it helpful to the living.

Rather than unduly lamenting, let us recall the goodness of the departed that



great order of the universe. Life never ceases; it only varies in its moods and forms.

We know death is but the doorway to a larger life. Upward lies the pathway of the deathless soul.

Earth and its limitations are left behind; sense and time no longer thrall. To nature then what nature loaned.

For cremation

The life-containing spirit having finally departed from its temporary earthly tenement, the body is now to be resolved into its original elements for mother earth to use again in her own way.

The one who occupied it will never need it again. It has done its work. It has served its purpose.

We are about to hasten and sweeten the process of disintegration by committing it to the purifying flames.

As fire and smoke ascend, so too does the deathless spirit. Earth and its limitations are left behind. Sense and time no longer thrall.

To nature then what nature loaned. The body is dead, but the spirit still lives.

After interment

Farewell to thee thou raiment of mortality, so wondrously fashioned to serve the purposes of our earthly life; thy task is

done.

May we who still wear thy semblance learn to use our garment ever wisely and well, that we may return it undimmed by aught dishonouring to our God, our fellows or ourselves.

All hail to the enfranchised soul that lately left this tenement. Let us, dear friends, rejoice in the knowledge that giveth strength, the knowledge that there are no dead.

The silver cord is loosened, the golden bowl is broken. The bond has been freed. Never again shall the flesh be the prisonhouse of the soul now released.

Also suitable for a funeral service is this verse by Sylvia Barbanell, which is entitled "Some call him Death"

Some call him Death whose hands efface,
 With swift and certain skill,
 The lines of pain that marked a face
 Now mercifully still.
 At the appointed hour comes he,
 As envoy of the Lord;
 With gentle touch he tenderly
 Severs the silver cord.
 Arise bright soul with living breath,
 Vanished is mortal strife;
 Greet then thy friend whom some call
 Death –
 His other name is Life.

we may emulate it.

If we needs must remember their ill, let it be that we may avoid its like in ourselves and do our best to prevent it in others. (Here introduce appropriate personal comments to the arisen one.)

Out from these walls, for the time being sanctified by our sympathy and love, let us follow this mouldering flesh that it may be decently returned to the great mother from whose vast stores it was first compounded. She will resurrect its elements for her further purposes.

The late dweller in this silent form will never need it, or its like, again. It has done its work; it has served its purpose.

Committal

Leaves have their glad recall. Flowers bloom and die, but they come again.

Night and silence bring quiet and rest. Death smooths out the creases from the faces of those who have suffered, leaving the face as tranquil as if an angel had said, "Poor, tired frame be at rest."

With the trees as sentinels we leave this empty tabernacle, while flowers, like silent watchers, keep their guard.

Summer suns and winter snows will come and go. Oft our memory will turn towards the grassy mound that presently will rise above the form we leave beneath the earth.

But life is growth and change, as in the



SYLVIA BARBANELL: "Greet then thy friend whom some call Death – His other name is Life."



**Elizabeth
Francis**

PSYCHIC & MEDIUM

"A wealth of comfort, direction, advice and much needed communication"

RELIABLE • INFORMATIVE • NO-NONSENSE
YOUR QUESTIONS ANSWERED

www.elizabethfrancis.co.uk

CALL 01579 384 708

Credit/Debit from £27 for 20 mins

CALL 0906 400 7443

Premium number £1.50/min

**WRITTEN READINGS
FROM ONLY £13.75!**

Authoress of
GIFT



0906 calls cost £1.50 pm + network extras. 18+ bill payers only. Calls recorded. Ent. only. Reg. by Phonepay+. Inveroak help: 0845 0504380

**HIGHLAND
HEALING SPACE**
Inverness, Scotland



Helene Fleming works from her studio to bring you a holistic approach to health and wellbeing

On offer are Courses, Workshops, Sessions, and a full programme enabling you to relax and access your potential Sound Healing, Reiki, Tai Chi, Qigong and Meditation are the main focus, but check out the website for more!

Check the events diary for regular Sound Baths and Workshops

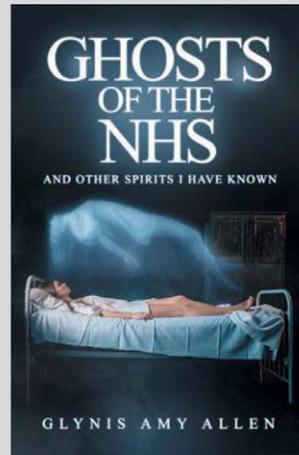
www.highlandhealingspace.com

Tel: 07985 983160

Email: helenehealing@hotmail.com

Like us on Facebook to stay up to date

SPIRITUAL BOOKS



Hereditary medium Glynis was a senior nurse in the NHS for over 30 years. She tells the stories of her encounters with the spirits of the dying, their spirit relatives & doctors – not to mention the ghosts of A&E! This wonderful book is as entertaining as it is evidential – a true page-turner...

YOU WILL BELIEVE!

Local Legend brings you the very best spiritual writing by great authors who know their subjects: fiction and non-fiction, angels and Druids, past lives and afterlife, mystery and the paranormal, nature and healing, the real lives of mediums... and so much more!



**Exciting paperbacks & eBooks
www.local-legend.co.uk**

**WINGS OF LOVE
PSYCHIC CLUB**

Run by Stacey and Susan
The Ashley Club,
Victoria Road,
Thornton Cleveleys,
Lancs. FY5 5HQ

WINGS OF LOVE PSYCHIC CLUB



AT THE ASHLEY CLUB THORNTON

We are a friendly small club with a big heart

We run our monthly events at the club on a Tuesday evening

We also stock a small selection of crystals which can be purchased at our events

Find us on Facebook for upcoming nights and mediums

Tel: 07511 612275
Everyone welcome

EVENINGS START
AT 7PM

Tuesday 25th August
CHERYL JEX
Spiritual Medium

Tuesday 29th September
JASON D ROTHWELL
Spiritual Platform Medium

BOOKING ESSENTIAL

**LEE Psychic
Clairvoyant**

I am an independent psychic with over 30 years experience.

I get straight to the point in my phone readings with honesty and details.

Love and relationship specialist.

Call my landline phone to book

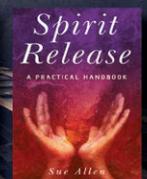
01273 671796

Credit & debit cards accepted. Entertainment.

To advertise in
Psychic News email:
pnadverts@gmail.com



Publishing Books
on Parapsychology



www.6th-books.com



@oobooks

ASK A MEDIUM

ROBERT BROWN

ANSWERS YOUR QUESTIONS

World renowned Spiritualist medium, minister and healer Robert Brown answers your questions

What is the best evidence you have received from another medium?

I really have been fortunate in having had excellent evidence. Some of the best, I find, is information that a medium relays about which I have no prior knowledge but which, upon investigation, I find to be true.

For years, my mother had told anyone who asked that her brother passed with cancer. It was just something we all heard and accepted in the family.

In the early 1970s, I saw medium Gaye Muir giving a demonstration of spirit communication at the Spiritualist Association of Great Britain, which was then in London's Belgrave Square.

The demonstration was just coming to an end when Gaye pointed to me and proceeded to explain that an uncle wished to link with me. She correctly gave my mother's brother's name and many other details that were spot-on, but then she told me that this uncle had "taken himself over": committed suicide.

I could not work out how the medium could be so correct in so many details yet so wrong as to the manner of his passing. I very nearly gave up with mediums, thinking it to be just guesswork.

My parents had quite some discussions before they decided to tell the full truth. My uncle *had* taken himself over; they just did not want people to think badly of him. This was not too long after the war and times and even the Church's teachings – my parents were Baptist – were different and rather harsh then.

After they had come to terms with telling us the truth, a most amazing healing took place, especially with my mother. Instead of avoiding talking about her brother, she spoke openly and with great love for him, as did her siblings. It was through this incident I became convinced that there was great healing possible when mediumship is demonstrated truthfully, with honesty and integrity.

Medium Bertha Harris often said, "I give it as I get it" and that became a kind of mantra for me. I find when mediums do just that, without altering or adding anything – giving exactly what they receive – they surprise the recipient and often themselves with the accuracy of the information.



Do you ever receive communications from your loved ones through your own mediumship?

I have, but even after years of working as a medium, I find it difficult to be objective when dealing with people connected with me. I think this might apply to all mediums, in varying degrees. We are vessels that Spirit can use, but we are also human. When facilitating for others we have the capacity to be empathic yet not get directly affected, whereas when one is involved on a personal level this is not always possible.

Have you ever received healing? If so, from whom and with what results?

Yes, I have had healing on numerous occasions and the first time was after a car accident that had left me with a perforated eardrum. I was a teenager and very new to mediumship, and while I totally accepted spirit communication I was very suspicious of healing. I also somehow perceived healers as the “poor relations” to mediums.

Thankfully I learnt to laugh at my own naivety and stupidity – soon discovering that true mediumship actually comes from the fountain of healing.

Because it was a car accident, lawyers were involved and I was required to go to a Harley Street specialist for diagnosis. This eminent consultant announced that my ear had healed as much as it was going to and that he would need to perform an operation.

I recall asking him what was involved in that, and was not reassured with his explanation which was: “Think of your ear as a ham sandwich; you have two slices of bread and I have to insert the ham.” I was not convinced, except that the insurance company and my doctor all insisted that this chap was the best ear, nose and throat consultant around.

While I was considering this, I was visiting some friends in Bexhill-on-Sea, East Sussex, a few days later, and soon realised the wife would often disappear without notice. One day I asked her husband where she had gone and he explained that his wife suffered from very painful shingles, and on certain days she went to visit a “healer”.

I asked him if it worked, and he replied: “I don’t know Robert. All I know is she goes, spends an hour there and then I can live with her for another week or so.”

I found this funny but wanted to see for myself. I got an appointment, went along – I believe the healer was called David – but I recall being very suspicious, looking around to see what was the motivation behind this healing set-up.

I was surprised I could see nothing untoward, no demands for money, simply a dish for donations. It was all very pleasant. The healer did not ask me any questions but sat with his hands around my head and, after fifteen minutes, told me I would need another visit. This I made the next week.

Three weeks after seeing the consultant I went back. I did not feel any different and had not noticed any change, but when the consultant examined me prior to preparing me for surgery, he exclaimed: “Well, that is amazing. You seem to have healed by yourself”.

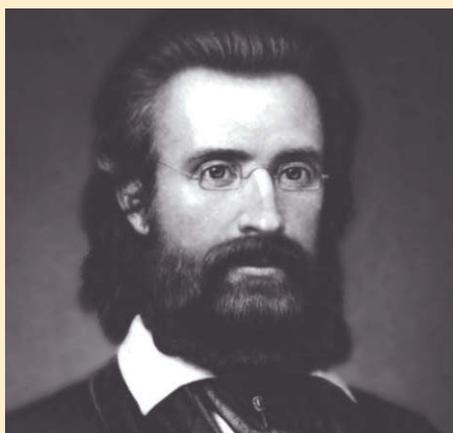
I was so excited that I did not have to have surgery, and was eager to recount my healing experience, but the consultant would hear none of it. He said he must have misdiagnosed the problem. I found that shocking: one of the leading surgeons in the UK was prepared to admit to making a wrong diagnosis rather than entertain the notion that some other form of healing may have taken place!

I know this story made it into a little book whose title was something like *A Room at the*

“

Well, that is amazing. You seem to have healed by yourself

”



Top and I am mentioned in the book. If any reader has that book please let me know the name of the unsung hero about whom the book is written.

What is your view of spirit messages that contain predictions about a sitter's future?

I think this is where we start to go wrong. If people would only accept that the medium's job is simply to prove that life continues. In itself, when done correctly, that is a miraculous revelation.

How this kind of great knowledge has got twisted by some who seek mediums as fortune tellers, I really don't know. I *do* know that Spirit do come through with things that may, could and sometimes do happen, but that is because they are trying to point a way, to show that if we make this or that choice or decision it could lead to certain experiences, good and bad.

But nothing is set in stone; nothing is written. So, while we may get glimpses of what *might* be, everything depends on how and why we react to things that confront us.

We have the most precious gift: *freewill*. It may be nice that someone can point out what may or may not happen down the road, but the day you rely on any medium to inform you what your future is to be, is the day you should lie down and cross your arms across your chest, for at that point, you have rejected personal responsibility. You have given away your freewill and have spiritually died.

If, on the other hand, you receive information from Spirit and take it into account when you make your own decisions, this can be most helpful. Spirit may offer some insight as to what may be, but they do not know what you are going to choose because you have freewill, so how can these predictions be 100 per cent certain unless, of course, having heard them you allow them to happen?

Which Spiritualist book do you feel has made the biggest contribution to our knowledge of mediumship and the afterlife?

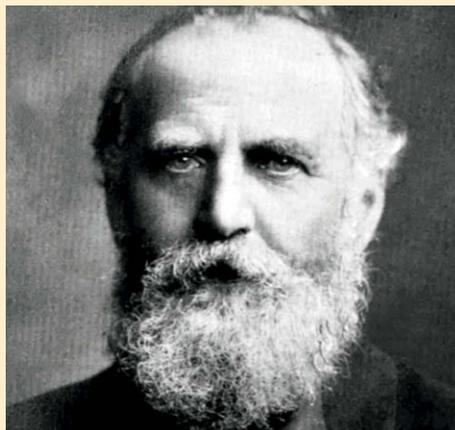
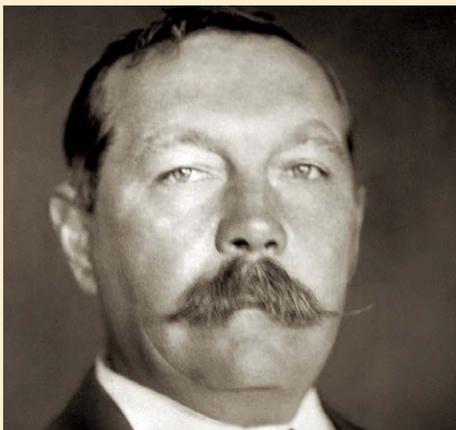
As someone who is fortunate to have a library, gathered over all these years and numbering several hundreds, I have several contestants for this honour. The one that best answers the question would be *On the Edge of the Etheric* by Arthur Findlay.

In addition, all mediums should read Ivy Northage's *The Mechanics of Mediumship* which I believe has now been republished as *Mediumship Made Simple*. I am shocked at how many mediums I meet have no clue as to how even the basics of mediumship work.

If you could invite five famous Spiritualists (living or passed on) to a dinner party who would they be?

My guests would be Emanuel Swedenborg, Andrew Jackson Davis, Emma Hardinge Britten, Sir Arthur Conan Doyle and William Thomas Stead (pictured in that order, left and below).

I would like the table talk to be the question "From the point of view of the Spiritualism you knew and promoted, how are we doing today?" I would also like to have Mervyn Stockwood, Bishop of Southwark, to sit at the table as moderator. I would also like musical medium Rosemary Brown to play the piano as entertainment and psychic artist Coral Polge to draw all attendant spirits! ■



“

The day you rely on any medium to inform you what your future is to be, is the day you have rejected personal responsibility

”

GHOSTS & HAUNTINGS

THE AGONY OF MARIE LE MOYNE

JOHN WEST explores a terrible tale of
torture in a castle tower



“

The dog ran home and was found by the postmaster on the doorstep, shaking with fear

”



BARNWELL CASTLE in Northamptonshire was built in the 13th century by Berengar le Moyne, a powerful nobleman. It is now a ruin, closed to the public, but has acquired a sinister reputation due to unexplained occurrences in the neighbourhood of the castle.

A policeman patrolling the area once encountered a rushing wind on an otherwise windless night. On another occasion, the village postmaster was out walking his dog when the animal suddenly broke free and ran towards the ruined castle. The postmaster chased the dog to the southern side of the ruins, near the gatehouse, when he too was caught up in a gale of wind which seemed to rush past him.

The dog, apparently terrified by this, ran home and was found by the postmaster on the doorstep, shaking with fear.

It is also reported that in the 1930s, another policeman experienced similar phenomena in one particular area – the north-east tower – and vowed that he would not return there “for all the tea in China”.

Local historian Tom Litchfield was intrigued by these tales and decided to find out what was behind the strange occurrences. In 1948, he and an engineer friend who was psychic carried out a series of séances using a ouija board, in an attempt to contact the spirit or spirits responsible for the haunting of Barnwell Castle.

Three séances were held: the first two at Litchfield’s house in Barnwell and the third in the castle’s ruined north-east tower.

At the first attempt, on 20 September, 1948, contact was made with an entity claiming to be a former Abbot of Ramsey



(Photo: Dave Winer)



(Photo: Michael Trolove)

“

Local historian Tom Litchfield resolved to cease all further attempts at communication with the spirits of Barnwell Castle and became convinced that the use of the ouija board in the investigation had been a mistake

”



THE Le Moyne Brasses at All Saints Church, Sawtry. (Photo: Flickr)

Abbey. He stated that the castle had been used as a court of justice and execution in the 14th century. When Litchfield checked local historical records this information was found to be correct.

At the mention of executions, the identity of the spirit appeared to change and the messages became more detailed. The new spirit claimed to have been “Marie, uxor (wife) of le Moyne”. She then referred to “horror and untimely death” and mentioned a chest hidden in a dungeon where the remnants of a “ruined life” resided – the ruined life being hers. Her death, according to the communication, had taken place while the castle was still being built.

When the spirit was asked, “How was your life ruined?” her reply was short and to the point: “By heathen rule enforcing a brutish captivity”.

Litchfield and his companion then asked for her tormentor’s identity but she declined with the words, “Secret. I can never betray my soul’s secret”. All she would say was that it was a terrible death, adding: “He came quietly. Play not for time, he will win the race”. The messages then stopped.

Litchfield decided to research the claims made at the séance and found that a local tradition credited one of the le Moyne lords (Berengar) with walling up a woman alive in the castle. It was also discovered that a woman called Marie – wife of the lord – had, indeed, died during the castle’s construction.

The second séance, held on 30 September, 1948, proved just as rewarding in terms of information. A Reginald le Moyne came through but quickly handed over the communication to Berengarius le Moyne, who was described as his successor and also, mysteriously, as the “second bastion”.

Berengarius was asked about what lay in the bastion and he replied, “The horrid remnants of suppression which befell an honest lord. William forced my reason.”

The inquirers asked William’s identity. “We call him covert in Ramsey” was the reply.

It emerged that he was William, Abbot of Godmanchester, and a contemporary of Berengarius who had sold the castle and lands to the abbey in 1276. It was not known why he had sold William the property. Had it been done under duress? The message from Berengarius seemed to imply this. Had William become aware of Marie le Moyne’s fate? Was acquiring the castle the price demanded for his silence?

The third and final séance was held on 9 November, 1948, in the castle’s north-east tower. It was to prove terrifying.

The ouija board was placed on a stone slab and a storm lantern was lit to illuminate the ruined tower. The séance then began. Berengarius immediately came through and was asked what he wanted to say. “I will fire to warn you,” was his ominous reply.

Suddenly, above and behind the heads of Litchfield and his companion, came the crack of a whip or gun. When the two men turned, they saw to their horror the head and upper body of a monk standing in the doorway to the courtyard. It is not surprising that, upon seeing the apparition, they both fled the tower and raced home.

Tom Litchfield resolved to cease all further attempts at communication with the spirits of Barnwell Castle and became convinced that the use of the ouija board in the investigation had been a mistake. Despite this, part of him still remained curious about the case.

He decided to visit All Saints Church at Sawtre, near Barnwell, where members of the le Moyne family are commemorated in brass memorial tablets. It was here that he noticed the insignia of the le Moynes – it was the upper torso of a monk and in the monk’s hands was a whip or flail!



So what are we to make of this case? That the evidence given in the séances later proved correct is certainly true. The names given during the first two séances proved historically correct, including the fact that a lady called Marie le Moyne had died during the construction of the castle.

This also tied in with local traditions concerning a murder and concealment in the castle walls. And let us not forget the startling appearance of the phantom monk and the subsequent discovery that the emblem of the le Moynes was, indeed, a monk.

So in this case the use of the ouija board had proved useful ... or so it appeared.

I have always been wary of ouija boards and remain very sceptical as to their use in paranormal investigations. Can we be sure that the spirit wishing to speak is who it claims to be? And is it really a spirit or something more sinister?

I well recall a medium once telling me to stay clear of ouija boards. She explained that you could never be sure what may be tempted to come through. Indeed, she likened it to leaving your front door wide open with the offer "to enter my home and do as you wish".

I also remember a lady who once mocked my aunt's use of the ouija board during one of her regular psychic demonstrations. The glass was seen to levitate and fly towards the lady in question. It missed her by inches, smashing against the wall and sending fragments of glass flying across the room. Is this a power to be taken so lightly?

The consequences could certainly prove costly to those who see the ouija board as simply a toy or a way to impress paying guests during ghost hunts.

Tom Litchfield never forgot what he had witnessed in the ruined tower of Barnwell Castle. He died in 1985, deeply regretting the use of the ouija board and wishing to his dying day that the horror it

had revealed to him could be erased from his mind.

So is the skeleton of a murdered woman – Marie le Moyne – really hidden in a secret dungeon in Barnwell Castle? The evidence of the hauntings and the ouija board sessions do appear to point to the place of concealment as the north-east tower.

However, we're unlikely ever to learn the truth as the castle lies on private land and the current owners are content to leave the ruins and any attendant ghosts well alone.

But maybe a prayer for the soul of Marie le Moyne and the hope that she can finally find release wouldn't go amiss if you are so inclined to visit the area. ■



John West is a writer, broadcaster and film producer. In 2018, he teamed up with director Jason Figgis to produce feature films and TV documentaries. The first of these was the documentary *Simon Marsden: A Life in Pictures* and the film, *Winifred Meeks*, a ghost story set on the Suffolk coast.

John also has his own golden oldies show on Smart Radio, which is broadcast every Tuesday at 2.00 pm on smartmediag.com



(Photo: Richard Humphrey)

SPIRITUAL ART

This month Paul Brett welcomes spiritual artist, author and Arthur Findlay College tutor Alan Stuttle (pictured right) to the Spiritual Art gallery. Here he shares his wide-ranging styles of work which include spiritually-inspired pieces alongside scenes from York and Stansted Hall. We also meet some of the dear friends and colleagues he has met whilst working at Spiritualism's world-famous stately home in Essex.



"FOR artists many subjects inspire. We develop an idea and strive to capture it in paint," states Yorkshire-based artist Alan Stuttle.

Alan, who trained at both Stoke-on-Trent College of Art and the Royal College of Art, London, works mainly in watercolours and oils, and enjoys UK landscapes, historical architecture and portraits. He retired from teaching at the age of 29 to devote his time to painting as a professional artist.

In 1972 he moved to York and opened a gallery there in Micklegate which was used as a base for travelling around the country painting new subjects. In 1988 he opened another gallery in Scarborough on the east coast.

Alan is also a Spiritualist, psychic artist and tutor at the Arthur Findlay College, Stansted Hall, Essex, so incorporates spiritually-inspired work into his vast portfolio.

I was fortunate to meet Mr Stuttle in 2016 as, by pure coincidence, I was attending the Wednesday night service for an evening of mediumship by JV Trust trustees Hugh and Margaret Davis alongside medium Eileen Davies during JV Trust Week at Stansted Hall.

This wonderful evening was opened by an inspiring talk about art and spirituality by Alan where he displayed some of the paintings presented in this feature.

Following David Bowie's passing in January 2016, Alan was compelled to paint the three portraits shown at the top of this page. Here, he describes his work and his connection to Bowie:

"During the many years I have worked as a painter, mainly of landscapes in different parts of the world, I have also been inspired by people – what they do, what and how do creative people become inspired to paint, write, sing. It is all a creation given to us by Spirit, and given freely with the greatest power we have... which is love. Love in what we do and what we create. Putting down in colour, words and music the very feelings direct from Spirit.

"These feelings from Spirit inspired me to make a few small sketches of an outstanding artist, David Bowie. Not only was he a very inspired man, but a kind one



Oil paintings of David Bowie – "sketches of the changing spirit of a creative man and his dreams"

who felt very deeply for his fellow man.

"One incident I remember very well was when I had an exhibition at Castle Howard near York. It was in aid of the NSPCC and my paintings were there to raise money for the children's charity – a very worthy cause. It was organised with the patronage of His Grace The Duke of Westminster.

"A number of celebrities were asked to help by sending something personal to be auctioned. Many never answered, and some were very rude! But David sent one of his stage coats from his Ziggy Stardust period. It was a very generous thing to do, and it raised a great deal for the charity.

"I could have been inspired to paint many more pictures of this outstanding and creative man – creative to the very end of his life on this beautiful earth, so full of colour and life. All I could really do was feel the creative energy of this outstanding spirit, as we all do when working with spirit-inspired art.

"As a spirit artist I am inspired to create work in colour and words. What a gift it is to prove that spirit is eternal." ■

• 'The Bridge' by Alan Stuttle is available from Amazon

• For further details of Alan's work, visit: www.alanstuttlegallery.co.uk



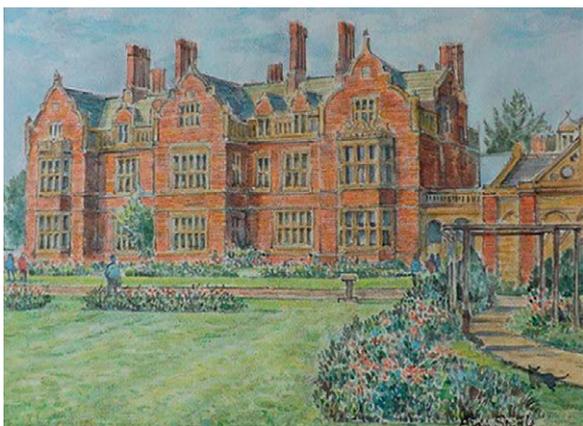
Four examples of Alan's colourful spiritually-inspired work

FREE
 spiritual book or gift for
 every artist we show

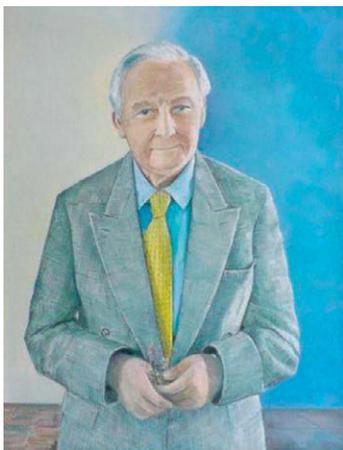
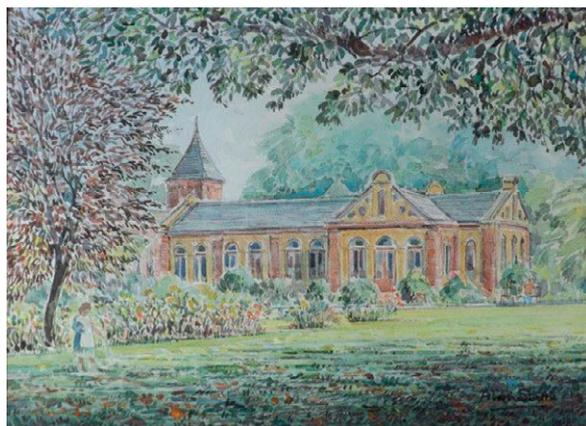
Please do keep your artwork coming so we can display it in the magazine and with our followers on Facebook and Twitter. If we print your work in the magazine you will receive a surprise spiritual book or gift.

Send your art to: **Paul Brett, Psychic News, Unit 2, Griggs Business Centre, West Street, Coggeshall, Essex CO6 1NT**
 or email to: **pnadverts@gmail.com**

The Arthur Findlay College at Stansted Hall, Essex



The Arthur Findlay College at Stansted Hall, Essex (left) and the adjoining Sanctuary (right), both views taken from the beautifully peaceful garden



From left to right: Minister Eric Hatton, psychic artist Coral Polge, musician Mike Rowland and medium Jill Harland

Scenes from York



From left to right: York Minster, The Shambles in York, and the city of York



Your paranormal and s

BY GRAHAM JENNINGS

Green Man has colourful past

Recently, I saw a representation of the Green Man three times on one day whilst on holiday in Norfolk. Can you tell me what he represents? – Paul McKenzie, Guildford, Surrey.

The Green Man or “foliate head” is one of the most enduring symbols of life, death and rebirth. In ancient times, many such representations were to be found among rural and national deities.

In the Greek and Roman world, every spring, river, woodland and glade had a *genius loci* or guardian spirit in addition to the general deities of nature such as the Greek gods Dionysus and Pan and their Roman counterparts Bacchus and Faunus.

In his *Odes and Songs*, the Roman poet Horace declared that he owed his life to Faunus, who “lightened a blow” from a falling branch that would otherwise have killed him.

These rural deities were typically portrayed wearing leafy crowns, masks or cloaks, and occasionally with a rustic staff or animal horns. Their functions included



THE Green Man is one of the most enduring symbols of life, death and rebirth.



OSIRIS: Originally, he was the legendary pharaoh who taught the people agriculture. (Photo: Tyszkiewicz)

fertility, protecting crops and livestock, and ensuring a bountiful harvest.

They oversaw the annual cycle in nature of life, death and rebirth. Dionysus had a dual role as a god of the underworld.

The Greco-Roman deity Okeanos, associated with Dionysus, was also a god of death and rebirth. His acanthus-sprouting head, dating from the 5th century BC, was found in the Turkish city of Mudanya. A leafy statue of Dionysus of the same period was discovered in Naples.

In Egypt, the deity most associated with life, death and rebirth was Osiris. Originally, he was the legendary pharaoh who taught the people agriculture. There are various legends concerning his murder,

death and resurrection.

His wife Isis is said to have found his scattered body parts and put them together again and, with the help of Thoth, resurrected him. He is thus likened to the scattered grain in the fields, germinating and bringing forth life anew. In that sense he was the prototype Green Man.

Representations of similar foliate deities have been found in other eastern countries with different religious traditions. They include the Lebanon, Iraq, India, Borneo and Nepal.

In Islam, Khidr or the Green One was known as a righteous servant of Allah and the possessor of great wisdom.

In Western Europe, the various

spiritual questions answered

deities of antiquity were assimilated and became what we have come to call the Green Man. His image is found in churches and cathedrals in the UK and across Europe.

In Germany, he is der grüne Mann and in France tête de feuilles, cracheur de feuilles or masque feuillu. Surprisingly, the Church authorities, who would have forbidden the representation of any other pagan deity, allowed these strange

non-Christian foliate heads.

The title the "Green Man" is relatively new in the UK. It appears to have been coined by folklore enthusiast Julia, Lady Raglan in 1939 in an article for the journal *Folklore*. The Green Man is also associated with the eighteenth-century "Jack in the Green."

He is as symbolic of the eternal cycle in nature of life, death and rebirth as he was in ancient times, and his

image is carried on May Day at folk festivals.

Recently, there has been a revival of interest, and modern artists represent him in various sculptures, carvings and ornaments.

It is also a common name for pubs and restaurants, and I'm not surprised you saw his image three times in Norfolk – there seems to be a Green Man something-or-other in every town and village!

SOME WEIRD AND WONDERFUL BRITISH SUPERSTITIONS

A friend of mine is celebrating her 65th birthday soon and I would like to compile a special illustrated book of British superstitions. Could you suggest some to include? – Audrey Dawson, by e-mail.

In bygone days, the agricultural year ended in the autumn with Harvest Home. While customs varied in different parts of Britain, they were broadly similar.

The last of the corn, representing the spirit of the fields, was left standing and ceremonially scythed and tied in a sheaf. It was then decorated with ribbons and green boughs, placed on the harvest wain with the last load of corn, and accompanied into the barn with shouting and blowing of the merry harvest horn.

Next, it was sprinkled with water – it no longer mattered if it rained! – and hung up in the barn or farmhouse until the sowing season. In some areas it was woven into various shapes, a more modern variation being the harvest doll.

Made homeless by the harvest, the spirit was thus provided with one for the winter months. It was hoped that the grateful being would produce a bountiful harvest the following year. Sometimes, the spirit was called the cailleac, a Celtic and Gaelic word for various female deities.

In Suffolk and Essex, the harvest workers of old used to solicit "largesse" from passing strangers; they expected shillings. The lord o' the harvest, the elected headman (foremost with the scythe), solemnly placed the coins on the



THE last of the corn, representing the spirit of the fields. (Photo: Marilyn Barbone)

ground.

All would gather in a circle while, as custom dictated, he stood a few paces apart and "hallered" (hallowed) it with "Hello Largesse!" In Suffolk dialect it is recorded as, "Holla lar, holla lar, holla lar-jees!"

The rest inclined their heads and accompanied him, prolonging the "o" sound. They also prolonged the final "lar" while lowering their voices, then threw up their heads and yelled "jees!" as loudly as possible.

This saying was thought to derive from "á la largeasse," a term used by medieval peasantry to solicit bounty from the nobility.

Each donor was afterwards thanked by name. The day ended with everyone shouting loudly, "Lar-jees, lar-jees!" From neighbouring farms and hamlets the cry "Lar-jees!" was returned.

In Suffolk at the horkey (the Harvest Home supper hosted by the farmer), the same lord o' the harvest was crowned with a pair of rams' horns. They were painted and decorated with flowers – shades of the Green Man?

A recent survey found that many of the superstitions of old survive in newer forms and are observed by millions, although their origin and associated superstitions seem to have been forgotten.

For instance, we all know that breaking a mirror brings seven years' bad luck, but in the first year of life it is unlucky for a

baby to see its reflection in one. Once she is fully dressed, a bride, too, should avoid looking in a mirror on her wedding day.

Did you also know that in a house where a person has passed on, you should cover the mirrors as well as open the doors and windows so that the soul may escape?

Returning to babies, it is believed that a lock of hair from its first haircut should be kept for good luck, but the hair must never be cut in its first year nor, according to an old couplet, must nails – “Cut not its nails until a year has gone; then, mother, have no fear.” However, the nails may be “bitten short.”

It has long been believed that certain animals are harbingers of good or ill. A rabbit’s foot has always been considered lucky, but only, says received wisdom, if certain conditions are fulfilled. It is the left hind foot that is lucky and only if the animal has been captured or killed in a cemetery, preferably over a grave!

Is it really unlucky for a black cat to cross your path? Not necessarily. If it crosses from left to right and walks towards you, it is lucky. However, if it walks away, the cat takes the luck with it.

Two or more magpies are a good omen, but a solitary one is always bad. This may be averted by a salutatory bow or by spitting. As the old rhyme has it, “One for sorrow, two for mirth; three for a wedding, four for a birth.”

According to a recent poll, the robin is Britain’s best-loved bird. Beware, though, if you see it approach a window, for this is not merely unlucky, but presages a death. So, too, does a blackbird pecking at a window or a pigeon settling on a house.

Even a pigeon’s feathers were considered unlucky. In Lancashire, their presence on a bed or pillow was indicative not only of a passing, but a lingering one.



ALTHOUGH the robin is Britain’s best-loved bird, traditionally if you see one approach a window it indicates an impending passing.



RINGS at the ready! Even today, many brides continue the custom of throwing their wedding bouquets backwards. (Photo: Rawpixel.com)

Fowl crowding together under a bush foretold a human quarrel. Hearing a cock crow before midnight was bad enough, but if you were male and heard a hen crow then heaven help you, for “A whistling maid and a crowing hen, Are neither good for God nor men.”

There were many superstitions concerning death especially in the countryside of long ago. A Suffolk belief was that if you stood in a church porch on April 25, which is St Mark’s night, you would see the apparitions of those who would suffer some life-threatening complaint in the year ahead.

They would glide up the path and through the locked church door. If an apparition reappeared, the person would recover, the time spent inside being an indication of how long recovery should take. If it did not reappear, the individual would pass on.

In the days of log fires, coffin-shaped cinders presaged a death in the household, as did a candle wick curling towards someone, which was suggestive of a winding-sheet.

In Suffolk, when a body was laid out at home, it was known as “lying against the wall.” If there was an intervening Sunday, there was an old saying, “If one lies against the wall on a Sunday, another will lie there afore long.”

Also, if a body was found to be still supple at the time of burial, that, too, was indicative of another passing in the household.

An enduring superstition concerns shoes. It is considered unlucky nowadays to put new shoes on a table, but in the past it was lucky to throw old ones. They were thrown after departing honeymoon couples, tied to a car bumper or even their aeroplane.

This custom was English. In other countries, a pair of presumably new shoes was given by the bridegroom to the bride or her relations.

In a few districts of Yorkshire a slipper was thrown at a bride as she neared her new home or more alarmingly a cake on a plate. This was for good luck – if she escaped injury! – but if the plate was not broken or at least chipped, it was a bad omen. The bride was then lifted over the threshold and sometimes carried a pebble in with her for luck.

Meanwhile, in London boiling water was sometimes poured over the doorstep of a house where a wedding reception had been held to “warm the threshold for the next wedding.”

It is usual for a modern bride to throw her bouquet for a lucky bride-to-be to catch, but in the past a pin from the bridal veil would also ensure a marriage.

A piece of wedding cake passed through the wedding ring was believed to bring dreams of future weddings if the ring were placed under the pillow at night. Conversely, it was thought to be unlucky ever to remove it from the finger.

Finally, the number thirteen is popularly held to be unlucky, especially where thirteen people dine at the same table.

Could this be because Jesus and his disciples at the Last Supper numbered thirteen and the last person to be seated was Judas? Friday the 13th is especially unlucky, perhaps because Jesus was crucified on a Friday.

The paradox is that the number 13 features in some orthodox Christian festivals, saints and feast days and similarly in other religions. Make of it what you will! ■

THE DIGITAL REVOLUTION IS HERE

Read *Psychic News*
at any time anywhere
on any electronic device

Phone • Computer
iPad • Tablet • Kindle

Includes additional video content
to accompany many features*

Download this **FREE SAMPLE COPY**
for the full *Psychic News* experience

Visit your app store or click
the link below

[https://pocketmags.com/
psychic-news-magazine](https://pocketmags.com/psychic-news-magazine)

* Video content is included
in the sample copy and
every issue from June 2014.
Internet connection required.



Pauline Mason

International Medium

The Robin and Rainbow Centre
115b High Street, Hythe,
Kent CT21 5JH.

PRIVATE READINGS

Call Pauline on
07733 212286



www.psychic-paulinemason.co.uk

Clearly Destiny



12 Woburn Walk,
London WC1H 0JL
Tel: 020 7387 0358

Website: clearlydestiny.london
or find us on Facebook
Email: clearlydestiny@gmail.com

**Visit our website or
contact us for details
of our online classes
and workshops for
September 2020**

 **PSYCHICFOX.CO.UK**

TEXT TAROT
to **82070**
+ QUESTION

Texts cost **£1.50** per message, we may send you
a maximum of 3 billed message replies.

0911 102 2681

Calls cost **£1.50** per minute plus network extras

TERMS & CONDITIONS: Text Psychic Over 18's only with bill
payers permission. Details may appear on phone bill. For
Entertainment purposes Only. Phone Psychic Over 18's only
with bill payers permission. Calls recorded & details may
appear on phone bill. For Entertainment purposes Only.
Service Provider Digital Select Ltd. Helpline: 0330 103 9999

**SPIRITUAL SURGERY
EMOTIONAL HEALING
SOUL HEALING
UK AND WORLDWIDE**

You can be treated effectively in
the comfort of your own home



*Telephone or video
real time appointments*

Money-back guarantee on your first treatment

For full details see website:

www.spiritsurgeon.co.uk

Or contact Ed Pearson for a chat
via mobile or WhatsApp on
+44 (0)7771 862088



Ethel Post Parrish

Mediumship
in
America



Gerald O'Hara

The first biography of Ethel Post Parrish,
America's most versatile materialisation
medium and successful business woman.
Using never before published sources,
the author breaks new ground in
research and looks at Ethel's life in the
context of the Spiritualist movement of
the 1930s/1950s.

240 pages, 24 illustrations.

Available from Amazon in
paperback and ebook for **£12.01**
and **USA \$15.00**

Also available at ebay

Silver Spiral
Holistic Health

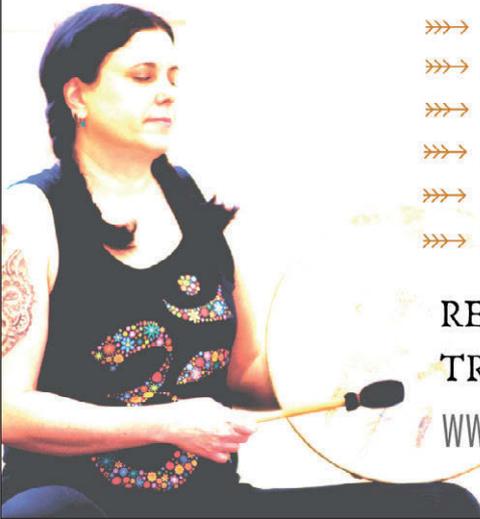


Zoe Smith
Colchester, Essex

HOLISTIC Therapies

- YOGA & Chair Yoga
- Reiki & REIKI DRUM
- DRUM Journeying
- Indian HEAD Massage
- REFLEXOLOGY
- Meridian Tapping - EFT

REIKI & Reiki DRUM
TRAINING courses
www.silver-spiral.co.uk



Sparkle of Light Spiritual Church



A congregation of Love, Healing and Support, where two worlds shall meet as one. With evidential proof of life after life, the existence of our spiritual soul.
There is no death.

EVERY TUESDAY

DOORS OPEN 7pm for 7.30pm START

**RHU & SHANDON COMMUNITY CENTRE
HALL ROAD, RHU, SCOTLAND G84 8RR**
alicetrevorrow@gmail.com

Guest psychic mediums who serve the church from all over the country
Healing and refreshments included. £4

Angel
Wings Art®



Gorgeous Angel Gifts and Psychic Angel Art
Jayne Tunney at Angel Wings Art creates beautiful spiritual art to connect you with your Guardian Angel.

Lots of spiritual gifts including crystals, jewellery, figurines, cherubs and angels. Perfect for connecting with angels and receiving wonderful messages through an angel card reading and personalised art.

Mind Body Spirit Fairs, plus Development Groups and a variety of treatments in our Angel Wings Holistic Room.

5 Arcade, Colne, Lancashire, BB8 0HX
www.angelwingsart.co.uk



Spirit of Awen, Ffwrwm, Caerleon NP18 1AG
South Wales' little shop of magic

Here be dragons... and jewellery, singing bowls, clothes, incense, tarot and greetings cards, essential oils, books, music... whatever your spirit needs is probably here!

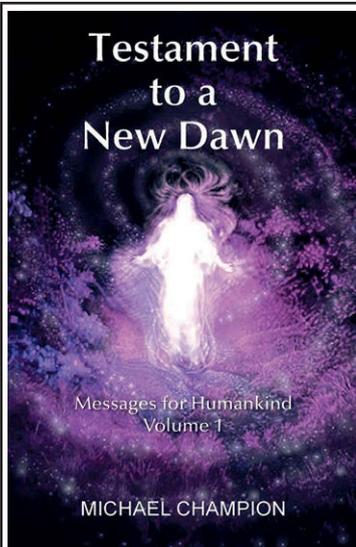
We host ceremonies to mark the seasons in our beautiful courtyard surroundings, open to all.

www.spiritofawen.com

Email: spiritofawen@hotmail.com

Like us on Facebook to see what's new!

Testament to a New Dawn



This collection of transcribed communications through 'mind transference' from Spirit Guides, Teachers and Beings of Light offers profound guidance and sometimes warnings to the whole of humankind.

The author's connection with these beings came as a complete surprise: while meditating one of these beings appeared to him.

Since then they have been constant companions, bringing him their profound messages.

Their appearance is tall and slim, dressed in a long white coat with a high collar. As the name suggests, they radiate light – you might know them as Angels or beings from higher dimensions or other worlds.

Messages for Humankind
Volume 1

MICHAEL CHAMPION

Available at: Amazon.co.uk or Waterstones.com

Happy Buddha

86 HIGH STREET, POOLE
01202 925 924

4 RICHMOND GARDENS
SHOPPING CENTRE
01202 677 023

Happy Buddha, a proud family run business, started back in 2014 as market stalls has now grown into the two shops you see today in Poole & Bournemouth.

Our ethos is completely fair trade, so we are able to offer delights from across the world guilt free! From large wooden carvings, to hand made dream catchers, backflow burners, water features, selection of Himalayan salts items, crystals, oils & plenty of Buddha's.

We are the UK's biggest supplier of Satya incense! Each member of staff has put their loving touch into the shops and a warm welcome awaits you.



www.happybuddha.co.uk

A NEW BOOK BY ROCHELLE JONES

'Emma and Me: An Unusual Biography'



Recovering from ill health, Frances Taylor is taken on a holiday by her brother at a country hotel. She likes everything about the hotel except for a portrait of Lady Hamilton in her room, called 'The Lady Hamilton Room'.

The sight of this curiously annoys her.

However, when something seems to be influencing her mood and her dreams, Frances is greatly alarmed. When the strangely realistic dreams occur more than once over the following days, Frances comes to realise that something about the portrait, or her room, may be trying to tell her something, becoming the life she knows, so real that reality itself becomes more like an interlude.

Convinced she is being shown the life of Lady Hamilton, as the dreams take her first to London and then on to Italy, is the life led in the dream really the life led by Lady Hamilton? And why is this life led in the past being shown to her?

Available from Amazon and eBay
Price: \$19.99 USD £15.99 UKP

 **Butterfly Tarot**
66 West Yard, Camden Lock Market
Chalk Farm Road, London NW1 8AF



WEBSITES:
tarotcamdenbutterfly.com
berylstockman.wixsite.com/butterflytarotcamden

FACEBOOK:
www.facebook.com/camdenbutterflytarot

Open 7 days a week for
Psychic Tarot Readings
and other services

We stock Tarot and Oracle Decks, Books,
Crystals, Sage, Palo Santo and a variety of
other items to help with your spiritual work

ANGELS WHISPERS

North Park Pavilion,
Weekly Glebe Road, Kettering,
Northamptonshire NN16 9JT



Angels Whispers is a group of ten volunteers that hold Evenings of Mediumship throughout the year to raise money for non-government-funded organisations in our local area

To date we have donated over £8,000 to nine different organisations since we began three years ago

We're open Friday evenings fortnightly 7:30pm - 9:30pm
It's £5 on the door and we also run four Saturday Night Specials that are ticket only events to help boost our funds

We have different mediums throughout the year

Join our Facebook Group Page:
Angels Whispers Events Page
for details of upcoming events

Enter as strangers and leave as friends ~ All Welcome

Harry Edwards Healing College Courses

Foundation Day Course (Introduction to Healing) on the 25th July 2020 and 14th November 2020.

Harry Edwards Healer Training Courses (2 years) commencing in September 2020, October 2020 and March 2021 (Weekend and midweek residential course options available).

Harry Edwards "Healer Know Thyself" Course (1 year) commencing September 2020

Courses include refreshments and a light 2 course vegetarian lunch. Limited accommodation available - please enquire.

Contact Shelley for more information on
college.administrator@burrowslea.org.uk
or 07706027141 or 01483 202054

Harry Edwards Healing Sanctuary, Burrows Lea, Hook Lane, Shere, Guildford, Surrey
GU5 9QG
www.harryedwardshealingcollege.com

SNUi Divine Service

Online Divine Service

Every Sunday at 6.30 pm UK

www.snui.org.uk

*Let's join in prayer
and help the World*

OPEN TO THE PUBLIC
NO PASSWORD REQUIRED

LET'S
GET
SOCIAL

Follow Psychic News on



+



Keep an eye
on our
SOCIAL MEDIA
for exclusive
POP-UP
COMPETITIONS
to win
spiritual books
and gifts

CAMBERLEY SPIRITUALIST CHURCH

112 GORDON ROAD, CAMBERLEY, SURREY GU15 2JQ

Website: www.camberleyspiritualistchurch.org ~ Tel: 01252 879719

**SUNDAY SERVICE
AT 6.30PM
WITH A DIFFERENT
MEDIUM EACH WEEK**



**TUESDAY CLAIRVOYANCE
AT 7.30PM
WITH A DIFFERENT
MEDIUM EACH WEEK**

PLUS SPECIAL EVENTS, OPEN PLATFORMS, WORKSHOPS AND AWARENESS CIRCLES

PANDORA'S MYSTICAL CRYSTAL UNIVERSE

Call: 07500 505484
Facebook: pandoras
mystical crystal universe



Natural crystals, original stone ornaments, crystal skulls, crystal balls, sculptures and other crystal products. Himalayan salt lamps, selenite. Large church amethysts, citrines, clear quartz & coffee tables to order. Great selection of tarot and angel cards.

Meditation and crystal classes.

Mediumship nights (dates posted on Facebook)

I've loved crystals and picked up Spirit around me since I was a child. In 2014, I had the chance to work in a therapy centre with my crystals and gave angel card, tarot and mediumship readings. In the summer of 2016, I moved to Yorkshire to follow my dream and work with Spirit full time.

Come and visit me at these venues:

Monday & Wednesday: 4 Regents Terrace, Bridlington YO15 2PD
Readings & small amount of stock (Please book readings)
Thursday to Sunday, 8am - 5pm: Shambles Market, York YO1 8RY
Also, appointments from home (Barby, North Yorkshire YO8)
to view crystals or for a reading (please book in advance)

Wellbeing at With Complements
36b High Street, Burton Latimer,
Kettering, Northants. NN15 5LB
Telephone Su: 0755 730 0862
www.withcomplements.co.uk

Su's passion for helping others spiritually has kept growing since the therapy centre was established in 1997, so it now has three treatment rooms, a workshop room, several holistic therapists that work independently and the Align Crystal Shop. Therapies include Reiki, Rainbow Reiki, Reflexology, Psychic/Spiritual Readings, Tarot, Crystal Healing etc.

**For details of exciting workshops
planned for 2020, visit the website or
follow on Facebook at:
Wellbeing at With Complements**



Healing Hearts Spiritual Centre

A superb platform medium every week, psychic surgery, healing, stalls, 1-2-1 readings & luxury raffle.

Doors open EVERY Tuesday at 6.00pm for 1-2-1 readings & healing.

Platform demonstration begins at 8.00pm - 9.15pm.

£4 entrance fee includes FREE buffet with cakes and all refreshments.

HEALING HEARTS PSYCHIC SURGEONS

See contact details below for opening times
(£5 minimum donation includes refreshments)

All profits above running costs to 4 charities - see website for more details at: www.healing-hearts-centre.co.uk

Or see our Facebook Page
www.facebook.com/healingheartscentre

Contact: **07455 227100**

Bulphan Village Hall,
Church Road, Bulphan,
UPMINSTER, Essex, RM14 3RU



SACRED SOUND HEALING & ARTS CENTRE

SSHAC

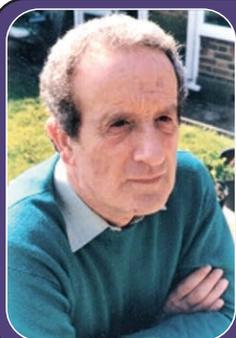
SSHAC is a Multi-faith Community Centre Hub

Our aim is to build a strong, healthy and cohesive community, offering a place of safety and support, where people can come to learn, build self-esteem, personal empowerment, wellbeing and resilience

We offer a wide range of classes from Meditation, Stress Management, Self Healing, Tai Chi, Shamanic Drumming, Angelic Higher Order Channelling, Yoga, Belly Dancing, Sound Baths, Mantra, Spiritual Development, Talks and Demonstrations, Holistic Therapies, Reiki Training, Art Exhibitions and So Much More!

Rooms to hire from £8 to £12 per hour for meetings, workshops, exhibitions and events
*T&Cs apply.

Kirkland Avenue, Mansfield, Notts, NG18 5QP
Contact 07806305304
www.sacredsoundhealingartscentre.org.uk



RONALD HEARN

Born on June 9, 1927, Ronald Hearn (pictured left) became one of this world's greatest tried-and-tested mediums. Apart from public demonstrations, he reached countless thousands of people through highly accurate taped sittings and many TV and radio programmes. The author of three books, London-based Ronald worked in the USA, Canada, Sweden, Australia, Germany and New Zealand as well as the UK.

Ronald passed to the spirit world on June 5, 2016

To read about his unique gifts, please visit the official Ronald Hearn website at:

www.ronaldhearn.com



*Sandy
Ingham*
Medium
Psychic Artist



Available for public demonstrations and workshops
For Readings/Portraits call Sandy on
0791 802 8888
or email: sandyingham@live.co.uk
For details visit:
www.sandyingham.co.uk

Shop & Readings
ECLECTIC SPIRIT
High Street,
Lechlade,
Gloucestershire
GL7 3AD
Tel: 07964 613742
Email: eclecticspirit@outlook.com



**LECHLADE
SPIRITUALIST
CHURCH**
The Pavilion,
Memorial Hall,
Oak Street, Lechlade,
Glos. GL7 3AY
Divine Service
Thursdays 7.45pm

My name is Julie Hincks and I'm a Clairvoyant Medium working with an amazing team from the spirit world. I've had a connection since I was a child; to the point where mum had to serve dinner and kiss my spirit friend goodnight!

I started a career working in finance, where I eventually progressed to Finance Manager earning a well-paid, guaranteed salary. I was guided by spirit to set up my own spiritual shop so I took a blind leap of faith, quit my job and opened Eclectic Spirit (details above). It was quite scary but also very exciting and I trusted that spirit would lead people to me.

I've now been open over a year and have never looked back.

I offer Tarot Readings, Mediumship Readings, Reiki, Trance Healing and Aura Photography.

When doing a Mediumship Reading I connect people with their loved ones in spirit so they can physically feel their presence and know they still walk by their side, as they always have. I also connect people with their own spirit guides.

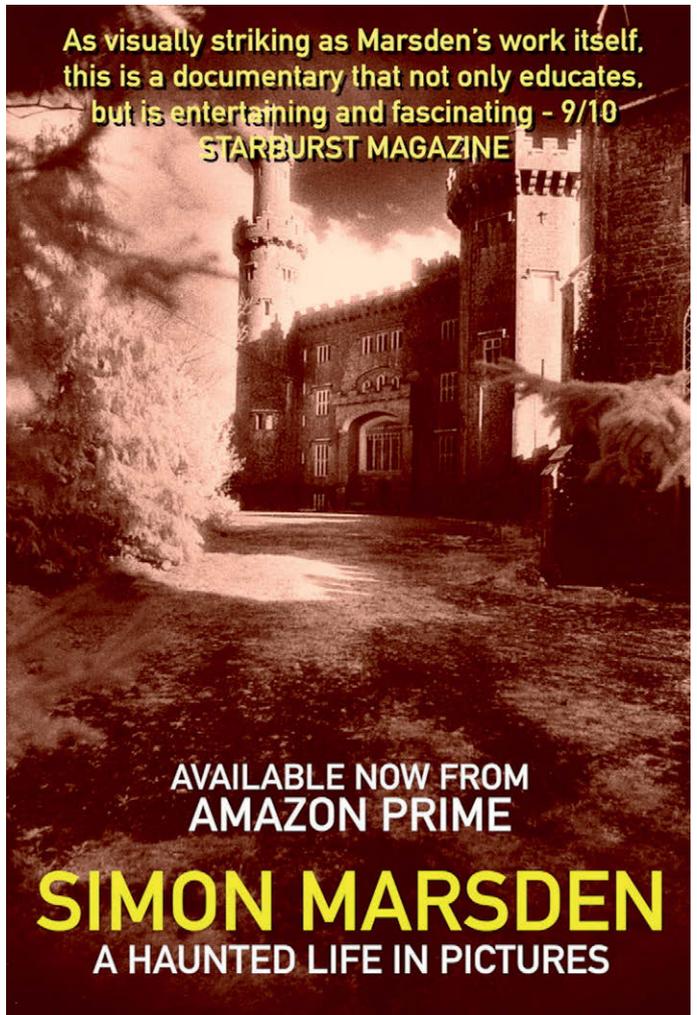
I was also led to start Lechlade Spiritualist Church (details above) where I source different mediums each week to hold a divine service. Please do come and join us.

www.juliehincksmEDIUM.com

THE Est 1994
ALTERNATIVE GUIDE

**THE Free Guide to
Complementary Health & Healing
in London & The South**
www.altguide.com • 01424 465543

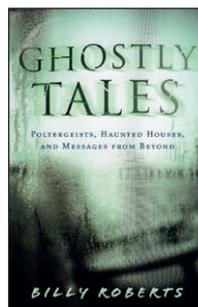
As visually striking as Marsden's work itself, this is a documentary that not only educates, but is entertaining and fascinating - 9/10
STARBURST MAGAZINE



AVAILABLE NOW FROM
AMAZON PRIME

SIMON MARSDEN
A HAUNTED LIFE IN PICTURES

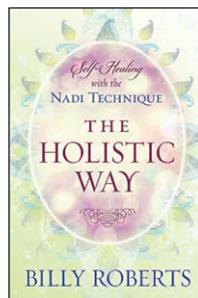
BILLY ROBERTS'
DISCOUNTED BOOKS
★ ★ ★ **SIGNED** ★ ★ ★



GHOSTLY TALES:

A collection of spine-chilling tales
An eclectic mix of true and anecdotal accounts

Usual price £15
NOW £7 with free postage



**SELF-HEALING WITH
THE NADI TECHNIQUE –
THE HOLISTIC WAY**

A unique, self-healing system to energise the body and encourage optimum help

Usual price £15
NOW £7 with free postage

Payable through Paypal to:
billyroberts@sky.com

The Greater World Christian Spiritualist Association

Founded in 1931 as a result of the two-world partnership between medium Winifred Moyes and her guide Zodiac, The Greater World association is still flourishing

SPIRITUAL HEALING

Wednesdays 10.00am until 12.30pm

Membership fee £12.50 p.a.

A free Newsletter is issued to all members quarterly

CONTACT US: Tel: 020 7436 7555

www.greaterworld.net

Have a look at our bookshop

email: greaterworld@btconnect.com

3-5 Conway Street, London W1T 6BJ

THE GREATER WORLD OWNED CHURCHES

LEEDS GREATER WORLD SANCTUARY

14 Clarendon Road, Leeds,
West Yorkshire LS2 9NN
President: Margaret Bellamy
Tel: 01132 456 623
Sunday Services at 3.00pm
and 6.15pm

TEMPLE OF LIGHT

221 New Road (Luton Arches),
Chatham, Kent ME4 4QA
President: Rita Davidson
Tel: 01634 819 268
Sunday Service 6.30pm

LUTON

The Greater World Church,
64A Compton Avenue, Luton,
Beds LU4 9AZ
Cynthia Barnwell, GWRM
Tel: 01582 584164

ALL CHURCHES HAVE
SPIRITUAL HEALING
AVAILABLE ON THE PREMISES
OTHER SERVICES ARE HELD
THROUGHOUT THE WEEK

STEVE HOLBROOK TOUR DATES

Please note that limited dates have become available for 2020

If you would like to book Steve for your venue, centre or church, please call Rob Green on:
07834 218427
or email:
rob.green4@btconnect.com



For full details of Steve's tour dates please visit our website

at:

www.steveholbrook.co.uk



Occasionally changes are made to the venue diary, so please always double check on our website



Due to the closure of churches, centres and spiritual shops in March, the printed version of the **APRIL 2020 PSYCHIC NEWS MAGAZINE** can be bought direct from us for just **£2.80 plus postage**

Buy direct from our website
www.psychicnews.org.uk

CLASSIFIED ADVERTISING

READINGS

OFFICIANT SUSIE MATTHEWS

Is available for
Weddings, Funerals, Namings and
Memorial Services in the Portsmouth area
As well as Private Readings
Email: susiematthews@yahoo.com
Or call: 07809 243283

PSYCHIC POSTAL READING £15
KELLY CUMMING
24 Baglan Heights,
Port Talbot SA12 8UF

JAMES - Medium
Telephone Readings
£15 by appointment
Tel: 0780 4871 958

ACCURATE CLAIRVOYANT
POSTAL READINGS
Palmistry included if able to send photos
of both hands front and back,
stating right or left handed.
Please send SAE, £25, full name,
date, time (if known), place of birth,
and any questions to:
Louise Ridley Foreman
c/o PO Box P1,
Psychic News,
Unit 2, Griggs Business Centre,
West Street,
Coggeshall,
Essex
CO6 1NT
or email: divinology@gmail.com

SANDRA YVONNE
A caring Medium
with over 35 years' experience
Offers Tarot, Runes, Crystal Ball,
Mediumship/Clairvoyance and More
Face to Face, Telephone and Postal Readings
Call me for direction and guidance on:
020 8765 9049
E-mail:
diamond27@talktalk.net

TERESA
Clairvoyant Medium ~ Aberdeen
Phone Readings - £20
Tel: 0782 613 7619

JAN
Medium and Psychic Intuitive
Telephone Readings
Card Payments £15
Tel: 07732 119433
www.telephonejan.simplesite.com

SHIFTING SANDS TAROT
Guidance on life goals, relationships,
discover hidden issues at work
Postal Tarot Readings
(approx. 2,000 word report)
Send question plus payment of £20.00 to:
Shirley Heelas,
14 Scratby Crescent,
Scratby,
Great Yarmouth,
Norfolk NR29 3QR
Tel: 01493 730137

VIOLET MOON Spiritual Centre

Ruskin House,
Nelson Mandela Room,
23 Coombe Road
Croydon CR0 1BD



Fridays: 7pm - 8.30pm
Demonstrations of Mediumship/
Clairvoyant Events
Website: www.violetmoonpsychic.com
Email: lorraine@violetmoonpsychic.com

VIOLET MOON PSYCHIC
Upstairs at Ashnaa Salon,
6 George Street, Croydon CR0 1PA
Crystal sales, face-to-face Psychic,
Spiritual Tarot and Angel Card Readings
Pre-booked appointment times available between
11.30am - 6.15pm Tuesday - Saturday
Phone or Skype Readings Available
To book appointments:
Mobile: 07930 809 172 or 020 8251 7165
Shop Online: www.violetmoonpsychic.online
Email: violetmoonpsychic@outlook.com

EILEEN RENDLE
Experienced Clairvoyance
Psychic/Card Readings
One-to-one or phone reading
Phone: 01288 356802
www.eileenrendle.com

GENUINE
EXPERIENCED CLAIRVOYANT
Accurate written readings £39
Please write to:
Karen
111 High Street
Ilfracombe EX3 9ET

TAROT AND ORACLE
READINGS
Guidance & Direction
Oxford Area
For an appointment call:
07849 756985

DAVID SPENCER
Experienced
Spiritual Medium/Clairvoyant
offering
Spiritually-guided Postal Readings
Send brief letter and £25 to:
Mr D. Spencer,
22 Skylark Rise, Tavistock,
Devon PL19 9FT

POSTAL MEDIUMSHIP READINGS
now available on CD only from
ANDREW WOODLEY
Please send cheques/postal order for £20 to:
5 Maes Y Ffynnon,
Cerrigydrudion,
Corwen, Wales LL21 9SE
Allow ten days for despatch
Please include your name, address,
telephone number and date of birth
www.andrewwoodley.co.uk

SIMPLY THE BEST
Clairvoyant Psychic Medium
Telephone Readings £10
Contact Psychic Sarah
on: 023 8033 8033
or: 07799 644 005

TAROT - REINCARNATION
READINGS
What were your past lives?
How do they affect your current life?
Detailed reading within 7 days
Introductory Offer £20

Write to:
Shirley Heelas,
14 Scratby Crescent,
Scratby, Great Yarmouth,
Norfolk NR29 3QR

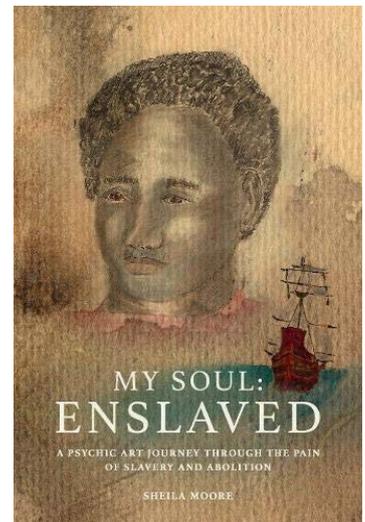
ASSOCIATIONS

THE BRITISH PSYCHIC AND MEDIUM ASSOCIATION

UK-wide directory of
mediums and psychics
www.britishpma.co.uk

FREE TO JOIN
For guidance, support and
advice contact us now.

BOOKS



Available from bookstores,
Amazon etc.

ISBN 978-1-9161899-0-4

CLEARANCE SALE
Spiritual Antiquarian Books
Ex-Church Library
From £1.00 each,
plus £1.00 p & p to UK addresses
(overseas postage please enquire)
For a list, please e-mail:
alanpseymour@btinternet.com

THE GENUINE JESUS
A More Authentic
Channelled Autobiography
For a free pdf download go to
www.thegenuinejesus.com

CRYSTALS

Earth Angel Crystals



A wide selection of beautiful
crystals & gifts

www.earthangelcrystals.co.uk
info@earthangelcrystals.co.uk
Tel: 07955 380788

HEALING

HEALER PRACTITIONER ASSOCIATION INTERNATIONAL

The Gateway Church Building,
2A Northcote Street,
Cardiff
CF24 3BH

Chairman: Mr Ray Williams
Tel: 029204 65171

Website: www.hpai.co.uk

E-mail: ray.e.williams@btconnect.com

The association was established in 1977
to promote the art of spiritual healing

The HPAI maintains a register of all approved
practitioners, healers and healer counsellors

The HPAI is an umbrella for
spiritual healing organisations

We also provide professional
indemnity insurance

See website for therapies we cover and
further information

We also are able to offer membership and
cost effective insurance for reiki healers

ABSENT HEALING
FOR PEOPLE AND ANIMALS
NO FEES

Telephone Tony on:
01923 801166

E-mail: tony.lu101@gmail.com

MICHAEL CHAPMAN NFSH
Healing Clinics: France / Germany / UK
For Appointments Telephone:
(0044) 01970 832696

Or email: chapmanhealing@gmail.com

Website:

www.michael-chapman.co.uk

BAN-TREE HEALING
with
Natural Universal Energies
The Hand Of Love
Opening The Heart Of The Soul
Suffolk Borders
By Appointment Only
Please e-mail:
adgrove.fordham@gmail.com
or Call: 0739 518 7488

HEALING CLINIC
Dr Brown, Spirit Consultant
Every Tuesday morning
10am and 11am group sessions
Donations welcomed
CLEARLY DESTINY
12 Woburn Walk
Euston, London
WC1H 0JL
020 7387 0358

THE
SURREY HEALING SANCTUARY
Penduckshaw,
Rabies Heath Road,
Bletchingley,
Surrey RH1 4NB
(near Junction 6, M25)
Email: surreyhealing@yahoo.co.uk
Contact: Alec & Marilyn Nicolas
Healing and spiritual surgery
(herbal medicine and
reflexology also available)
By appointment only
(including evenings and weekends)
www.surreyhealingsanctuary.co.uk
Tel: 01883 741800

CONTACT AND ABSENT HEALING
for people and animals. No fees
Melksham, Wiltshire
Contact: MIKE FISHER
Tel: 01225 400310
E-mail: mikej.fisher@virginmedia.com

SPIRITUAL PSYCHOTHERAPIST
PGraduate
Experienced, qualified, accredited
www.talkingmedicinecure.com
07817 468361
Jenny Dodson

CLASSIFIED RATES

60p per word inc VAT
Churches/Centres:

40p per word

Website addresses = 4 words

Discounts for block bookings
2-3 adverts = 5%, 4-6 adverts = 10%,
7-12 adverts = 20%, Over 12 = 30%

Display adverts from
£5.59 per single column cm

Call: 01376 563091

Email: pnadverts@gmail.com

Carol Everett Healing Sanctuary

Scientifically tested distance
healer. See 25 years of past
PN articles and Global TV.

Absent healing daily. Numerous
worldwide testimonials.
Donations gratefully accepted.

More information available, or
just register to feel the energies
caroleveretthealingsanctuary.co.uk

DEVELOPMENT CIRCLES

NEW HOME CIRCLE
Like-minded, committed people
invited to join a new Home Circle
Clacton on Sea area
Contact:
jackiehopkins@john-lewis.com

SOUL MATES

THE FREE SPIRITS CLUB
For friends, romance or penpals
Extensive register
Established 20 years
Write to:
Rebecca Snell, Free Spirits Club,
3 Rhosyn Close, Newport,
Wales NP19 0BD
or email: hello@freespiritsclub.co.uk

TRAINING & WORKSHOPS

LINGERTON LODGE
Sited on Scotland's West Coast
and surrounded by ancient woodland.
Training, Treatments and Workshops
to enhance your journey of self-discovery to
re-energise, restore and reconnect you
with "self".
www.dannyandmadge.com

SPIRITUAL REIKI COURSES
Develop the healer within.
Master Teacher 30 years' experience
(inc. as NFSH tutor)
Emphasizing the Spiritual
Venues: Dorset, Surrey, Central London
Email: enquiries@the9thhalo.co.uk
Web: the9thhalo.com
Tel: 0772 090 5123

ANGELIC REIKI UK Official
Information, Practitioners,
Teachers, Courses.
www.angelicreikiuk.com
07925 127222

Spiritualist Churches & Centres, and Spiritual Shops

ENGLAND

BERKSHIRE

READING NATIONAL SPIRITUALIST CHURCH

York Lodge, 81 Baker Street,
Reading, Berkshire RG1 7XY
Tel: 0118 950 7281

Email: church@readingsc.org

**SEE WEBSITE FOR
FULL LIST OF ONLINE
DEMONSTRATIONS,
SERVICES AND WORKSHOPS**

www.readingsc.org

Sunday 6.30pm

Divine Service with Address
and Clairvoyance

Thursday 7.45pm Mediumship
Open Circle

Tuesdays 7.15pm
with

JILL PICKETT & IRENE HALL
Healing

Monday 1.30pm - 3pm
(excluding Bank Holidays)

Wednesday 7.30pm - 9pm

Small animals welcome too

Open Platform

Third Friday of every month at
7.30pm with mentor

SPENCER ROSE

Saturdays - Occasional
Special Events

See website, Facebook or in

Church for details

All Welcome

MAIDENHEAD SPIRITUALIST CHURCH

York Road,
Maidenhead,

Berkshire SL6 1SH

CURRENTLY CLOSED

President: Sharon Silver

Tel: 0777 0433 129

Sunday 6.30pm

Divine Service

Wednesday 1pm - 3pm

Healing Clinic

Thursday 7.30pm

Mediumship Demonstration

Monthly Open Platform

and other Special Events

please see website

<http://maidenhead-spiritualist-church.weebly.com>

A warm welcome is extended to all

Car Park and facilities for

disabled visitors

MARRIAGE and

NAMING CEREMONIES

WINDSOR SPIRITUALIST CHURCH

Adelaide Square, Windsor,
Berkshire SL4 2AQ

President: Denise Shoremi

Tel: 07976 815195

Mediums' Secretary:

Richard Johnson

Tel: 07505 493 153

**SEE FACEBOOK FOR DETAILS
OF ONLINE EVENTS AND
SERVICES**

Facebook: Windsor Spiritualist
Church Group

We are now also on Instagram

Sunday Divine Service 6.30pm

Free-will offering

Tuesday 7.45pm Admission £3

Evening of Clairvoyance

Development Circle

Mondays 7.30pm - 9.30pm

Open Platform

Date list available

Healing

Thursdays 8pm - 9pm

Come along and experience

the lovely atmosphere

Website: www.windsor-spiritualistchurch.co.uk

CHESHIRE

MIND BODY SPIRIT EVENT

Nantwich Civic Hall,

Beam Street, Nantwich,

Cheshire CW5 5DG

Rosemary Douglas Events

Website:

www.rosemarydouglas.com

E: rosiembs@googlemail.com

Tel: 07828 187468

See website for details

of next event

CORNWALL

BUDE FREE SPIRITS SPIRITUALIST CHURCH

The Parkhouse Centre,
Ergue-Gaberic Way, Bude,

Cornwall EX23 8LG

CURRENTLY CLOSED

www.budedefreespirits.co.uk

Service Every Thursday

7.30pm - 9pm

BUDE HEALING CLINIC:

Every Wednesday 7pm - 9pm

Visiting mediums who would

like to serve Bude Free Spirits

please contact Carol

on 01840 770057

All Welcome

PENZANCE CHRISTIAN SPIRITUALIST CHURCH

Bread Street,

Penzance, Cornwall

Tel: 07800 812973

07800 813533

07780 661670

CURRENTLY CLOSED

Monday: Open Healing Circle

7pm sharp

Thursday: Service 7.00pm

Followed by Healing

Follow us on Facebook:

Penzance Spiritualist Church

All Are Welcome

DEVON

EXETER SPIRITUALIST CENTRE AND HEALING GROUP

York Road, Exeter,

Devon EX4 6PF

OPEN Sundays & Wednesdays

Please wear face masks

Website: www.exeterspiritualistcentre.org

Sunday 6.30pm Service

Wednesday 1.30pm Mediumship

Saturday (as advertised only)

Private Readings

Demonstration of Mediumship

Healing:

Please check with centre

See website for

Healing times on Sundays

and details of Special Events

and Development Groups

All Welcome

DORSET

CHRISTCHURCH SPIRITUALIST CENTRE

196B Barrack Road,

Christchurch,

Dorset BH23 2BQ

President: Karen Martin

Enquiries:

07849 606437

OPEN FOR SUNDAY DIVINE

SERVICES ONLY

www.christchurchsc.org.uk

Sunday Service

at 10.45am

Thursday Service at 7.30pm

Healing

Tuesday 10am - 11.30am

Church accessible for

wheelchairs and has loop

system for hearing aid wearers

All Welcome

BOURNEMOUTH SPIRITUALIST CHURCH

16 Bath Road,

Bournemouth,

Dorset BH1 2PE

Telephone: 01202 551751

Website: www.bsnucc.co.uk

OPEN - SEPTEMBER EVENTS

Every Wednesday

10.30am - 12.30pm

Distant Healing

Sunday 6th 10.45am

BARBARA BREEZE

Sunday 13th 10.45am

DARREN ORLOWSKI

Sunday 20th 10.45am

GEOFFREY HAYWARD CSNU

Sunday 27th 10.45am

ROSEMARY SPENCER

Private Sitzings

Saturday 5th & 19th September

£20 for a half-hour sitting

With Covid 19 restrictions in

place. To book, phone the

church from 9am on the day and

arrive at church at your given time.

The first sitting is at 10am and

the last one at 12.30pm.

All Welcome

KINSON SPIRITUALIST GROUP

Kinson Community Centre,

Pelhams Park, Kinson,

Bournemouth BH10 7LH

Tel: 01202 715754

[www.facebook.com/](http://www.facebook.com/KinsonSpiritualistGroup)

[KinsonSpiritualistGroup](http://www.facebook.com/KinsonSpiritualistGroup)

CURRENTLY CLOSED

Every Sunday 6.30pm

Divine Service

2nd Monday in month at 8pm

Clairvoyance Demonstration

All Welcome

ESSEX

EPPING SPIRITUAL SANCTUARY

Thornwood Village Hall,

Weald Hall Lane, Thornwood,

Epping, Essex CM16 6ND

CURRENTLY CLOSED

Jan: 01279 861515

or Linda: 0796 3605 630

(Registered Charity 284561)

Tuesdays

Healing: 1pm - 2.20pm

Freewill Donation

Tuesday Service 2.45pm £3

Plus last **Friday** of every month

at 8pm

Evening of Clairvoyance £5

All Welcome

This is a guide to the churches, centres and spiritual shops that advertise with us on a regular basis. During the coronavirus crisis all are closed unless stated otherwise but please do check with their websites and Facebook pages for details of when they will re-open. A full list of churches, centres and spiritual shops that stock *Psychic News* can be found on our website at www.psychicnews.org.uk

AWARENESS SPIRITUAL & WELLNESS CENTRE

Nevendon Community Centre,
Off Nevendon Road, Wickford,
Essex SS12 0QH

Email: hannonef@gmail.com
Mobile: 07847353054

PLEASE CHECK FACEBOOK PAGE FOR DETAILS:

www.facebook.com/AwarenessSpiritualWellnessCentre

Wednesday evenings:

Entrance £5.00

From 6.30pm until 8.00pm

1-2-1 Private Readings

Spiritual Healing

(which is a freewill donation)

Stalls

From 8pm until 9pm

Demonstration of

Platform Mediumship with
our guest medium

Refreshments of tea, coffee,
cakes & biscuits throughout
the evening

Extended Services, Circles,
Spiritual Workshops, Holistic
Certificated Qualifications,

Pamper Days and

Mind Body Soul Events

Qualified Therapists for

Private Treatments including
Hypnotherapy, Life Coaching,

Hair & Beauty

All Welcome

LYNDA OLDHAM SPIRITUALIST CENTRE

Stanway Village Hall,
Villa Road, Stanway,
Nr Colchester,
Essex CO3 0RH

PLEASE CHECK FACEBOOK PAGE FOR DETAILS

2nd Thursday, Monthly

Evening of Mediumship

Guest Medium each month

6.15pm for a 7.30pm start for

the Mediumship Demonstration

We offer:

15-Minute Readings

(for a donation)

Healings (for a donation)

Gong Healing

10 Craft Tables ~ Raffle

Cakes and a Cuppa

£3 admission

Please arrive early if

you want a reading

Lynda's Mobile:

07591 920603

Follow us on Facebook

HEALING HEARTS SPIRITUAL CENTRE
CURRENTLY CLOSED

A superb Platform Medium
every week,

Psychic Surgery, Healing,

Stalls, 1-2-1 Readings

and Luxury Raffle

Doors open EVERY Tuesday

at 6.00pm for

1-2-1 Readings and Healing

Platform Demonstration begins

at 8.00pm - 9.15pm

£4 entrance fee includes

FREE buffet with cakes and

all refreshments

HEALING HEARTS PSYCHIC SURGEONS

Phone for opening times

(£5 minimum donation

includes refreshments)

All profits above running costs

to four charities

See website for more details at:

www.healing-hearts-centre.co.uk

Or see our Facebook Page

www.facebook.com/healinghearts.centre

Contact: 07455 227100

Bulphan Village Hall,

Church Road, Bulphan,

UPMINSTER, Essex

RM14 3RU

GLOUCESTERSHIRE

CHELTENHAM NATIONAL SPIRITUALIST CHURCH

Bennington Street,

Cheltenham,

Gloucestershire GL50 4ED

Tel: 01242 703 288

Registered for Funerals,

Weddings,

Naming Ceremonies, Blessings,

Commitment of Union

PLEASE CHECK FACEBOOK

PAGE FOR DETAILS

www.snu.org.uk/community/churches/cheltenham.html

Follow us on Facebook:

Cheltenham Spiritualist Church

Sunday 11am Divine Service

Thursday 7.30pm

Open Awareness and

Development Group

Friday 2pm Healing

Saturday 7pm

Evening of Mediumship

Specials and Workshops

every six weeks

All Are Welcome

HAMPSHIRE

BASINGSTOKE SPIRITUALIST CHURCH

28 Victoria Street,

Basingstoke,

Hampshire RG21 3BT

Tel: 07544 548172

CURRENTLY CLOSED

www.basingstokesc.co.uk

Facebook: BasingstokeSC

Sunday 6.30pm Divine Service

Thursday 7.30pm Mediumship

Open Circle

First, Second & Last Wednesday

of month at 7.30pm £3

Open Platform

Third Wednesday of month

at 7.30pm £2

Spiritual Healing

Monday 2pm - 3.30pm

Sunday 5pm - 6pm

BITTERNE SPIRITUALIST CHURCH

Top of Lances Hill,

390 Bitterne Road,

Bitterne, Southampton,

Hampshire SO18 1DR

Tel: 07731 938587

CURRENTLY CLOSED

www.bscw.andydowland.com

Follow us on Facebook:

Bitterne Spiritualist Church

Official services offered:

Spiritual Naming, Weddings

(including Same-Sex Marriages),

Renewal of Vows, Civil Partnerships,

Funerals, Memorial Services

Tuesdays: Spiritual Healing

2pm - 3.30pm and 5pm - 7pm

Sunday 6.30pm

Divine Service with Medium

Also available:

Coffee Mornings, Private

Readings and Pathways

Development Group

See website for details of our

Special Events, Workshops and

Development Groups

All Welcome

FLEET SPIRITUALIST CHURCH

193 Aldershot Road,

Church Crookham,

Hampshire GU52 8JS

CURRENTLY CLOSED

Tel: 01252 625976

President &

Marion's Secretary,

Marion Chilver:

01252 624986

Website: www.fleetspiritualistchurch.co.uk

Sunday Divine Service 6.30pm

Thursday Clairvoyant Evening

at 7.30pm (£2 admission)

Healing

Every Tuesday 7.15pm - 9pm

(doors close at 8.40pm)

with leader ALISON CHAPMAN

Awareness Circle

Monday 7.30pm

Beginners/Novices

£3.50 (£3 members)

Open Circle

7.30pm - 9.30pm

Twice per month on Wednesday

with DENISE PLUMB

Open Platform

Friday 7.30pm with

SPENCER ROSE

£3.50 (£3 members)

See website for dates

All Welcome

HERTFORDSHIRE

CARPENDERS PARK CHRISTIAN SPIRITUALISTS

Bushford Scout Hall,

St Georges Drive,

Carpenders Park,

Watford, Herts WD19 5HD

(Hall cannot be seen

from road - go up drive

between numbers

37 and 39 St Georges Drive)

PLEASE CONTACT FOR

FURTHER DETAILS

Contact Chris Palmer:

01923 221918

Sundays 10.30am

Divine Service

Healing Available

All Are Welcome

An activity table

is provided for children

HITCHIN SPIRITUALIST CHURCH

Whinbush Road,

Hitchin,

Hertfordshire

SG5 1PZ

CLOSED UNTIL JANUARY 2021

Telephone: 07581 492507

www.hitchinspiritualistchurch.co.uk

Sunday Service 6.30pm

Healing:

Tuesdays 2pm & 7.30pm

Demonstrations and workshops

as advertised on website

All Welcome

KENT

BEXLEYHEATH CHRISTIAN SPIRITUALIST CHURCH

85 Lion Road, Bexleyheath,
Kent DA6 8NT
Enquiries: 07950 672200
Email: Bexleyheath.church@gmail.com

Or see us on Facebook
**PLEASE CHECK FACEBOOK
PAGE FOR DETAILS**

Sunday
Evening Service at 6.30pm
Tuesday
Afternoon Service at 2.15pm
Spiritual Healing
Tuesdays 1pm - 1.45pm
& 7.30pm - 9pm
Open Circles
Monday 7.30pm - 9pm £4.50
Wednesdays 12 - 2pm £4.50
Check dates at church or
Facebook
Open Platform 7.30pm
One Wednesday per month
All Welcome

THE SANCTUARY OF HEALING CHRISTIAN SPIRITUALIST CHURCH

Mills Terrace, Chatham,
Kent ME4 5NZ
Tel: 01634 880039
Email:
george.mcqueen@yahoo.co.uk
Website:

www.sanctuaryofhealing.co.uk
OPEN FOR SUNDAY SERVICES

Sunday
Evening Service at 6.30pm
Special Event
Saturday 12th September 2020
12.30pm to 5.30pm
Coronavirus permitting
Psychic Fayre to raise funds for
our Church Restoration Fund
Private Readings with high
quality Mediums and Tarot
Readers at a cost of £15 for
approx. half an hour
Spiritual healing available
Various Stalls with crystals,
jewellery, clothes, plants, gifts,
scented candles etc.
Hot and cold food, snacks and
drinks will also be available.
See website for more information

MAIDSTONE HEALING & SPIRITUAL DEVELOPMENT CENTRE (M.H.S.D.C.)

meets at Madginford Hall,
Egremont Road
(behind the row of shops),
Maidstone, Kent ME15 8LH
**PLEASE CONTACT CENTRE
FOR FURTHER DETAILS**
Tel: 07923 518148
Email: mhsdc@outlook.com

Website: www.mhdc.org.uk
We run Psychic & Spiritual
Development Mornings,
Open Circles,
Healing and Meditation
Mornings with free student
readings, monthly evenings of
Mediumship, Workshops,
Psychic Suppers,
Psychic Fairs, Courses,
Coach Trips etc.
Download the full programme
from our website or ring us!
Regular Events
All Welcome

WEST WICKHAM SPIRITUALIST CHURCH

Surrey Road,
West Wickham,
Kent BR4 0LU
President & Mediums' Secretary:
Alan Mitchell-Sleight
Tel: 01959 573049
E-mail: mitchellsleight@btinternet.com

PLEASE CHECK WEBSITE

Sunday Services 6.30pm
(doors open 5.50pm)
Wednesday Evening
Demonstrations 8.00pm
Open Circle Thursdays
11.30am - 1pm, 5pm - 6.30pm
& 7pm - 8.30pm
Private Readings
Thursdays ~ Please book in
advance with
Alan Mitchell-Sleight on
01959 573049
Spiritual Healing
After the service on a Sunday
at approximately 8pm
(providing healers are available)
and Wednesdays
12noon - 1.45pm
Workshops
Please see website or in church
for details
Please visit our website
www.westwickhamspiritualistchurch.co.uk
for other upcoming events
All Welcome

LANCASHIRE

BURY SPIRITUALIST CENTRE

3 Russell Street, Bury,
Lancashire BL9 5AX
Tel: 0161 654 9282
PLEASE CHECK WEBSITE
Website: burysnu.weebly.com
Follow us on Facebook:
Bury Spiritual Centre
Tuesday 6pm Healing
(last registration 6.30pm)
Healing is also available on
request after the service
Tuesday 7.30pm - 8.45pm
Evening of Mediumship
Friday (fortnightly)
7.15pm for 7.30pm start
Awareness Class

Saturday 7.30pm - 8.45pm
Divine Service
All Welcome

CLEVELEYS SPIRITUALIST CHURCH

93 Beach Road,
Cleveleys,
Lancashire
FY5 1EW
(Opposite the Travellers Rest
Public House)
PARTIALLY OPEN
Every **Sunday** 2pm - 3pm for
Private Prayer

Each person will be allocated 10
mins to sit in prayer
Every **Monday** 1pm - 4pm
Private Readings with
HELEN TAYLOR OSNU
Please book in advance by
phone
Weekly Absent Healing
Wednesdays 12.15 - 1.15pm
Fridays 7pm - 8pm
Our healers can send healing
specifically to loved ones when
you message or call us and
request it to be added to the
healing book.

Awareness Classes
Every Wednesday 6.15-7.15pm
8 week course £2 per week
(paid in full where possible)
We are on Facebook and on the
web at: www.cleveleyspiritualistchurch.co.uk
Call us on: 07756 967803

WHITE FEATHER SPIRITUALIST CENTRE

Claremont Community Centre,
Claremont Road, Blackpool,
Lancashire FY1 2QJ
PLEASE CALL FOR DETAILS
Tel: 01253 355595
Every **Friday**
6.30pm Healing
7.30pm Clairvoyant Evening
followed by Open Circle
All Welcome

LEICESTERSHIRE

LEICESTER PROGRESSIVE SPIRITUALIST CENTRE

4 St. James Street, Lee Circle,
Leicester LE1 3RE
President: Marian Sawczuk
PLEASE SEE WEBSITE
Services with Mediumship
Sundays 6pm Divine Service
Mondays 7.30pm
Wednesdays 2.30pm
Thursdays, Fridays and
Saturdays:
Special Demonstrations
as advertised
Development Groups & Circles
held every day of the week
Healing
Saturdays 10.30am - 12.30pm
Mondays 6pm - 7pm

Wednesdays 12.30pm - 2pm
Fridays 6pm - 7pm
For details of workshops
and special events, visit our
website:
www.progressivespiritualistchurch.co.uk
E: spiritchurch@outlook.com
Tel: 0116 2536098
All Welcome

LONDON

ACTON SPIRITUAL CENTRE The Cottage, Woodhurst Road, Acton, London W3 6SL President: Elaine Jordan **PLEASE CALL FOR DETAILS**

Tel: 020 8896 0184
Sunday Service 6.30pm
One Sunday per month
Wednesday Service 7.30pm
Healing
Every Thursday 7.30pm
Large car park
A warm welcome extended to all

BALHAM SPIRITUALIST CHURCH

Hamilton Hall,
211 Balham High Road,
London SW17 7BQ
Tel: 07933 332187
CURRENTLY CLOSED
Sunday Divine Service 11am
Wednesday Service 7.30pm
Spiritual Healing
12.15pm after Sunday Services

Private Sitzings
See Facebook for details
Open Circle
Mondays 7.30pm - 9pm
(except Bank Hols)
Development Circle
Tuesdays 7.30pm with
PAUL GRANT
Come along and meet us
See our Facebook Ad at:
Balham Spiritualist Church
All Welcome

BARNES HEALING CHURCH

Between 77-79 White Hart Lane,
London SW13 0PW
Five-minute walk from
Barnes Bridge railway station
General Enquiries:
07581 534028
Facebook: [BarnesHealingChurch](https://www.facebook.com/BarnesHealingChurch)
**PARTIALLY OPEN - PLEASE
SEE WEBSITE FOR DETAILS**
Website: www.barneshealingchurch.co.uk
E-mail: barneshealingchurch@hotmail.co.uk
Sunday Healing Service 6.30pm
Wednesday at 7.30pm
Evening of Clairvoyance £3
Special Events
For details about our Open
Platforms, Circles, Workshops,
Special Evenings and more,

please see our website or our Facebook page

Healing

Tuesdays 7.00pm - 8.00pm
Thursdays 10.30am - 1.00pm
A Warm Welcome Awaits Everyone
REGISTERED FOR
MARRIAGES, CEREMONIES
& SACRED SERVICES

BATTERSEA SPIRITUALIST CHURCH

46 Bennerley Road,
Off Northcote Road,
London SW11 6DS

President - Margaret Cutler:
020 7223 3156

Enquiries: 020 7622 4900
or 020 3573 3571

E-mail: bsc@batterseasc.co.uk
Web: www.batterseasc.co.uk

**OPEN 1ST & 3RD SUNDAY OF
MONTH**

Sundays 6th and 20th September
Service 6.00pm

CLAPHAM NATIONAL SPIRITUALIST CHURCH

11a North Street,
Old Town, Clapham,
London SW4 0HN

Enquiries: Tel 020 7498 5521
**PARTIALLY OPEN SATURDAYS
SEE FACEBOOK FOR DETAILS**

Sunday Service: 6.00pm
Tuesday: 6.00pm

Private Readings and Healing,
Readings end at 8.00pm

Saturday: 7.30pm

Evening of Clairvoyance

Open Platform

Every 1st Saturday of the month
6pm - 7pm

Everyone is Very Welcome
at our Church!

EALING NATIONAL SPIRITUALIST CHURCH

66-68 Uxbridge Road,
West Ealing, London W13 8RA
(Next to Ealing Fire Station)

Buses 207, 83, E2, E7, E8

Enquiries: Alison

Tel: 07958 463529

Every Sunday except
Bank Holidays

**OPEN: PLEASE WEAR A MASK
SEPTEMBER 2020 EVENTS**

Sunday Service at 6.30pm

6th SARAH JACKSON

13th CHARLOTTE CODRAI

20th BARBARA POTTS

27th DONNA COLLINS

Thursday Mediumship 7.30pm

3rd GLENDA WALL

10th JACKIE OTHEN

17th THERESA

24th OWEN WILLIAMS

Mondays 6th & 20th September

7.30pm - 9.30pm

£5 (£3 membs)

Open Circle with

OWEN WILLIAMS

Please note that Thursday

demonstrations are charged at
£3.00 (£2.00 members) - unless
stated otherwise - and Sunday
services remain as a
voluntary donation

Private Readings

Saturday 26th September

From 10am

20 minutes £12 (members £10)

Payable in advance

Ring Jeannine 07956 312753

to pay by card

Mediums: ROSIE, THERESA,

LESLEY TURTON,

JACKIE OTHEN &

SARAH JACKSON

Find us on Facebook: Ealing

National Spiritualist Church

MARRIAGES SOLEMNISED

NAMINGS

All Welcome

EDMONTON SPIRITUALIST CHURCH

14 Linnell Road,
London N18 2QW

Telephone: 020 8887 9610

www.edmontonspiritualist

church16.com

Follow us on Facebook

CLOSED UNTIL JANUARY 2021

Last Sunday of month at 6pm

Mondays at 1.30pm

Spiritual Healing Tuesdays

12.15 - 1.45pm & 6.30 - 7.30pm

Reiki Tuesdays 7.30pm £5

Come and enjoy the

empowerment of Reiki

Open Circle

Wednesdays 7.15pm £4

All Welcome

FULHAM NATIONAL SPIRITUALIST CHURCH

Kelvedon Road, Fulham,
London SW6 5BP

(Nearest Underground station

Parsons Green)

Buses No. 11 and 14

Tel: 020 7736 7248

PARTIALLY OPEN

Acting President: Derek Delves

Working for Spirit

into the 21st century

Private Sitzings

Saturday 12th September

Five Mediums giving 30 minute

private sittings for £15

11am to 3pm

Booking available via our

Facebook Page or our email

address:

fulhamspiritualist

church@yahoo.co.uk

We are holding only one

Service a week at the Church on

Thursdays at 7.30pm

Our first Service is

17th HELEN NICHOLAS

24th (To be arranged)

Our 6.30pm Sunday Divine

Services will be held online via

ZOOM

6th JOHN JEMMETT

13th JO GREEN
20th NATHAN POOLE
27th (To be arranged)
Same I.D. and Password applies
to all ZOOM services
Meeting I.D: 689 400 7125

Passcode: FULHAM

A very warm welcome awaits

friends old and new

Come and meet us at

our lovely church

WEDDINGS

NAMINGS ~ FUNERALS

THE LONDON SPIRITUAL MISSION

13 Pembridge Place,
London W2 4XB

secretary@spiritualmission.co.uk

www.spiritualmission.co.uk

Telephone: 020 7229 2024

PARTIALLY OPEN - PLEASE

SEE WEBSITE FOR DETAILS

Church Activities

Fortnightly Sunday Service

at 6.30pm

All other events are via Zoom

For Special Events, Courses &
Workshops please see our website

MORDEN SPIRITUALIST CHURCH

214 Morden Road, Morden,
London SW19 3BY

Enquiries Telephone:

020 8648 5369

Church Tel: 020 8544 1816

E-mail:

morden.church@hotmail.co.uk

OPEN FOR THE FOLLOWING

SERVICES - LIMITED NUMBERS

Sunday Evening 6.30pm

Service and Clairvoyance

Thursday Evening 7.45pm

Clairvoyance Entrance £2.50

All Welcome

VIOLET MOON SPIRITUAL CENTRE

Ruskin House,

Nelson Mandela Room,

23 Coombe Road, Croydon,

Greater London CR0 1BD

PARTIALLY OPEN - PLEASE

SEE WEBSITE FOR DETAILS

Website:

www.violetmoonpsychic.com

Email: lorraine@violetmoonpsychic.com

Fridays: 7pm - 8.30pm

Demonstrations of Mediumship

Clairvoyance Events

SYDENHAM SPIRITUAL & HEALING CENTRE

Venner Community Hall,

1, Venner Road, Sydenham,

London SE26 5EQ

(Venner Road is opposite

Sydenham Railway Station

The hall is adjacent to

Sydenham High Street)

Bus routes:

176, 312, 75, 194, 202, 450

Enquiries: Caroline Hackett
on 07891 067478

HOPING TO OPEN

MID-SEPTEMBER.

SEE WEBSITE AND

FACEBOOK FOR UPDATES

Demonstration of Clairvoyance

every Wednesday at 8.00pm

Doors open 7.30pm

Healing every week by

registered healers from

7.30pm until 9pm

Visit our website at:

www.sydenhamspiritual

centre.co.uk

WOOD GREEN SPIRITUALIST CHURCH

(Cnr of Maryland Road)

High Road, Wood Green,

London N22 5AR

CURRENTLY CLOSED

Minister in Spirit:

Mrs Ida Stenning

Enquiries: 020 8888 1992

Website: www.woodgreen

spiritualistchurch.co.uk

WOODFORD SPIRITUALIST CHURCH

9 Grove Crescent,

South Woodford,

London E18 2JR

http://woodfordchurch.com

CLOSED UNTIL JANUARY 2021

MIDDLESEX

HAMPTON HILL SPIRITUALIST

CHURCH

Angel Close,

Windmill Road,

Hampton Hill TW12 1RG

Enquiries: 020 8941 5177

CURRENTLY ONLINE

MEETINGS ONLY. SEE

WEBSITE FOR DETAILS

www.hamptonhillspiritualists.

webeden.co.uk

Sunday 6.30pm Service

Thurs 7.30pm Demonstration

Evening Open Circles & Classes

See website for days & dates

Open Platform with

MARTIN TWYCROSS

Open Awareness Circle with

LINDA TWYCROSS

Mediumship Practice Circle

with PAMELA POLLINGTON

Open Healing Circle with

SHEILA SMOOTHY

Open Awareness Circle with

SUSIE SHAW

Speakers & Philosophy Class

with MARTIN TWYCROSS

Spiritual Healing

Every Wednesday from 7.30pm

Weddings, Namings and

Funerals arranged

See our website for

further details

All Welcome

HAYES
SPIRITUALIST CHURCH
Albert Hall, Albert Road,
Hayes, Middlesex UB3 4HR
Telephone: 07949 186308
Find us on Facebook:

Hayes Spiritualist Society
CURRENTLY CLOSED
Wednesday 6.30pm - 7.30pm
Healing Wednesday 7.30pm £4 on
the door
Service with Clairvoyance
Thursday 2.30pm - 4pm Healing
Every Friday 7.30pm £4
Open Circle
Coffee Morning:
last Saturday of the month
Jan - Nov 11am - 4pm
Private Readings:
£15 for 20 mins
Bookable in advance
All Welcome

KENTON SPIRITUALIST
CHURCH & HEALING
CENTRE
35 Churchill Avenue, Kenton,
Harrow, Middlesex HA3 0AX
President: Bette Kotecha
Tel: 020 8621 3103
(Answerphone)

CURRENTLY CLOSED
Sunday Service 6.30pm
Thursday Clairvoyance 7.45pm
Visit: www.kentonspiritualistchurch.co.uk for further details
Special events
throughout the year
A Warm Welcome Awaits YOU!

THE LIGHT ON THE HILL
HARROW
SPIRITUALIST CHURCH
1 Vaughan Road, Harrow,
Middlesex, London HA1 1DP
CURRENTLY ONLINE
MEETINGS ONLY. SEE
WEBSITE FOR DETAILS
Website:

www.harrowsnuchurch.wixsite.com/harrow
Email: lightonthehill@live.co.uk
Telephone: 07528 348 432

Service Times:
Sunday 7.30pm - 9pm
Wednesday 7.45pm - 9pm
Healing Services:
Monday 10am - 12pm
Wednesday 9.15pm - 9.45pm
Sunday 7.30pm at start
of Service
All Welcome

THE
SANCTUARY OF
THE SILVER CROSS
Friends Meeting House,
Belmont Road, Uxbridge,
Middlesex UB8 1QW
President: Linda Chant
CLOSED UNTIL 2021
Tel: 07792 900194
Website: www.sanctuaryofthesilvercross.com

Sunday Divine Service 6.15pm
Healing available after service
We are a five-minute walk from
Uxbridge Underground station.
Tea and cakes after services
All very welcome!

NORFOLK

SNETTISHAM
INDEPENDENT
SPIRITUALIST CHURCH
Memorial Hall,
Old Church Road,
(Next to the Rose and Crown)
Snettisham, Norfolk PE31 7NA
Contact Sandra: 01485 541719

CURRENTLY CLOSED –
PLEASE CHECK FACEBOOK
PAGE FOR DETAILS
Follow us at:
www.facebook.com/SnettishamSpiritualChurchServices
Every 2nd and 4th Sunday
of the month at 3pm
Healing available after Service
All Welcome

NOTTINGHAMSHIRE

WEST BRIDGFORD
SPIRITUALIST CHURCH
Wilford and South Notts
Community Centre,
Wilford Lane,
Nottingham,
Nottinghamshire
NG11 7AX
Tel: 07787 136531

OPEN – PLEASE BOOK
SPACES BEFORE ATTENDING
SEE FACEBOOK FOR DETAILS
Tuesdays 7.30pm Service £4
including Raffle (optional)
Fridays 1.30pm Divine Service
freewill donation £1 Raffle
Saturdays 7.30pm Service
£4 including Raffle (optional)
Follow us on Facebook:
West Bridgford Spiritualist
Church
All Welcome

SHROPSHIRE

DAWLEY
GUIDING LIGHT
SPIRITUALIST CHURCH
Dawley House,
22 Burton Street, Telford,
Shropshire TF4 2ES
Contact us: 01952 507188
CURRENTLY CLOSED

Facebook:
Dawley Guiding Light
Spiritualist Church
Saturdays 7.30pm - 9pm
Evening of Clairvoyance
£3 at the door
includes raffle ticket, tea,
coffee and biscuits
Fridays: Specials as advertised
All Welcome

SOMERSET

ALCOMBE & MINEHEAD
CHRISTIAN
SPIRITUALIST CHURCH
Grove Place, Manor Road,
Alcombe, Minehead TA24 6EH
Tel: 0783 110 4896
CURRENTLY CLOSED

Summer Sunday Service at 6.30pm
(March to end of October)
Winter Sunday Service at 3pm
(November to end of February)
Healing Groups,
a monthly Healing Day,
Healing Evenings, Open Circles,
Evenings of Clairvoyance
all available on various days
during each month.
See our website for the full
day-by-day itinerary of what
our church can offer you.
www.mineheadspiritualistchurch.co.uk

STAFFORDSHIRE

ANGEL ATTIC
Staffordshire's Principal
Independent Psychic Centre,
St Patricks Place, Stafford,
Staffordshire ST16 2PN
TEL: 01785 600994
or 07504 126336
OFFERING ONLINE AND
PHONE READINGS
Contact Rachel by email:
rachel.angelattic@gmail.com
Private One-to-One Sitzings,
Courses, Workshops,
Social Events, Afternoon Teas,
Psychic Suppers,
Classes & Groups, Open Circle,
Demonstration Evenings,
Educational Programmes
and so very much more...
Do call or email, check out our
Facebook (Angel Attic) page
for upcoming events
A warm welcome is extended to all
Proud stockists of Psychic News

SURREY

CROYDON
SPIRITUALIST CHURCH
Chatsworth Road, Croydon,
Surrey CR0 1HE
President:
Mr Alan Seymour CSNU, LSSNU
Contact Tel: 020 8688 1827
Email:
alanseymour@btinternet.com
CURRENTLY ONLINE
MEETINGS AND ABSENT
HEALING ONLY. SEE WEBSITE
FOR DETAILS

Website: www.croydonspiritualistchurch.org.uk
Sunday 11am Service
Sunday 6.30pm Service
Wednesday 7.45pm Service
Healing Every Thursday at

1.30 - 3.30pm & 6.00 - 8.00pm
Open Platform
Third Monday of the month
at 7.30pm Fledglings, training
speakers, demonstrators &
congregation required ~ Free
All Welcome

FARNHAM INDEPENDENT
CHRISTIAN
SPIRITUALIST CHURCH
Hale Village Hall, 1 Wings Rd,
Farnham GU9 0HN
President: Jean Harris
Tel: 07936 708882
CURRENTLY ONLINE
MEETINGS ONLY. SEE
FACEBOOK FOR DETAILS
Follow us on Facebook
Divine Service
Every Sunday 6.30pm - 8pm
Free-will offering
Awareness Group
See Facebook or in church
Open Platform
See Facebook or in church
Healing After Services
All Welcome

SPIRITUAL
AWARENESS GROUP
Bringing Spirit to the people
Glyn Hall, Cheam Road,
Ewell Village,
Surrey KT17 1SP
Enquiries: Betty Masters
Tel: 07786 741509
Email: spiritualawarenessgroup@gmail.com
Sunday Services with
Clairvoyance
Entrance fee £4.50
Doors 6.15pm for 6.45pm start
With regret, due to the current
coronavirus situation we are
currently suspending services.
Contact for re-opening dates.

HACKBRIDGE
SPIRITUALIST CHURCH
CURRENTLY CLOSED
For information call
Jackie on: 0781 806 1063
for further details

KINGSTON NATIONAL
SPIRITUALIST
CHURCH
OPEN: SEPTEMBER 2020
EVENTS
Villiers Road,
Kingston upon Thames,
Surrey KT1 3AR
Website: www.kingstonsc.net
Email:
kingston.spiritualist@yahoo.com
Also on Facebook
President: Bernadete May
Secretary: Gerrie Chaney
Telephone: 020 8401 6967
Church Mobile: 07910 335 763
Sunday 11am Divine Service
6th IRENE GLOUX
Followed by AGM

13th MICHAEL LENNON
20th ROY MACKAY
27th JANET GLASGOW
Monday 7.30pm
Evenings of Mediumship
7th IAIN MASON
14th PAULINE WALSH
21st BARBARA POTTS
28th LYNN ROSE &
STEVE CORBETT

Open Platform

Saturday 5th September
2pm - 4pm
with ANN BLACKMORE &
LILY JENKINS

Spiritual Awareness Evenings
with ANN BLACKMORE
Friday 4th 7.30pm &
Friday 18th 7.30pm

Special Event

Friday 25th 7.30pm £5
Exploring Our Spirituality:
The Spiritual Cycle of Life –
A Guided Tour by Spirit with
JANET NEVILLE &
STEVE BRIDGER

Distance Group Healing

Every Wednesday
2pm - 3.45pm by donation

**SUTTON YOUNG
SPIRITUALIST
CHURCH**

Thomas Wall Centre,
Benhill Avenue, Sutton,
Surrey SM1 4DP

RING FOR DETAILS

Enquiries: 020 8641 2630

Sunday Service at 6.30pm
followed by Healing

Clairvoyant Evening at 7.30pm
One Wednesday per month
We are a friendly independent
Spiritualist church

All very welcome indeed
Do come and visit us!
All Welcome

**RICHMOND
SPIRITUALIST CHURCH**

97 Church Road, Richmond,
Surrey TW10 6LU

Website: www.richmondspiritualistchurch.com

Email:

richmondchurch97@gmail.com

Enquiries: 07507 703497

Follow us on Facebook

**PARTIALLY OPEN - PLEASE
SEE FACEBOOK FOR DETAILS**

EAST SUSSEX

SEAFORDSPIRIT

Seaford Independent
Spiritualist Church,
3 Warwick Road, Seaford,
East Sussex BN25 1RS
Tel: 01323 737407

**WEEKLY DIVINE SERVICES
ARE BEING CONDUCTED
ONLINE VIA ZOOM AT
7.30PM EACH THURSDAY
PLEASE SEE WEBSITE**

Email:
enquiries@seafordspirit.co.uk

Website:

www.seafordspirit.co.uk

Thursday 7.30pm

Divine Service

All Welcome

WEST SUSSEX

ANGEL IN BLUE

Storrington Village Hall,
59 West Street, Storrington,
West Sussex RH20 4DZ

**OPEN: SEE FACEBOOK FOR
FURTHER DETAILS**

Telephone: 07809 532461
Sunday 4.30pm - 5.30pm
Healing

Sunday 6.30pm Divine Service
Monday 7pm Clairvoyance
Thursday 7pm

Discussion and Open Circle
Specials as advertised
All Welcome

The last **Friday** of each month
Starts at 7.00pm

Entrance £6 inclusive of
Raffle and Refreshments

Enquiries: Contact Val Harber
01403 865823
angelinblue@btinternet.com

**BARNHAM
SPIRITUAL CENTRE**

Barnham Community Hall,
Murrell's Field,
Yapton Road,

Barnham PO22 0AY

RING FOR DETAILS

Contact Darren Hart:

0774 945 4281

Every **Monday** 7.30pm
Evening of Mediumship
First **Sunday** of the month
6.30pm Divine Service

We are a spiritual centre
providing Evenings of
Mediumship on a weekly basis
and a monthly Divine Service

We also provide Private
Readings as well as Healing
**Find details of all our latest
events on Facebook:**

Barnham Spiritual Centre
Serving all local communities
All Welcome

**CRAWLEY
SPIRITUALIST CHURCH
& HEALING CENTRE**

Capel Lane,
Gossops Green,
Crawley,

West Sussex RH11 8HL

CURRENTLY CLOSED

President: Maureen Hedger
Tel: 01342 870657

Sunday Divine Service
6.30pm - 8.00pm

Wednesday 7.30pm 9.00pm

Clairvoyant Evening

£4.00 (Members £3.00)

Spiritual Healing

Thursdays 7.30pm - 9.00pm

E-mail:

crawleyspiritual@gmail.com

Website: www.crawleyspiritualistchurch.co.uk

All Welcome

TYNE & WEAR

**NEWCASTLE
UPON TYNE,
HEATON AND BYKER
SPIRITUALIST CHURCH**

16 - 18 Tosson Terrace, Heaton,
Newcastle upon Tyne,
Tyne and Wear NE6 5LX

**OPEN: SEE FACEBOOK FOR
FURTHER DETAILS**

Telephone: 07809 532461

Sunday 4.30pm - 5.30pm

Healing

Sunday 6.30pm Divine Service
Monday 7pm Clairvoyance
Thursday 7pm

Discussion and Open Circle
Specials as advertised
All Welcome

WILTSHIRE

**WILTON
SPIRITUALIST CHURCH**

Light, Nature, Truth

3 Warminster Road,

Wilton, Salisbury,

Wiltshire SP2 0AT

Tel: 07892 685626

CURRENTLY CLOSED

Follow us on Facebook at:

Wilton Spiritualist Church

Sunday 6.30pm Divine Service

Includes a Demonstration

of Mediumship

Open Circle

2nd and 4th Tuesday of each

month at 7.30pm

Everyone Welcome

WEST MIDLANDS

**SUTTON COLDFIELD
SPIRITUALIST CHURCH**

Kenelm Road, Off Manor Hill,

Sutton Coldfield B73 6HD

CURRENTLY CLOSED

Website: www.scsconline.co.uk

Telephone: 0121 354 3266

Follow us on Facebook at:

Spiritualist Church,

Sutton Coldfield

Sunday 6.30pm Service

Monday 1.30pm Service

Tuesday 7.30pm

Mediumship Classes

Thursday 8.00pm Healing

Friday 7.30pm Open Circle

Saturday 11.00am Healing

For Monthly Specials &

Workshops please see our

Website/Facebook pages

All Welcome

**THE ADVERTISING
DEADLINE IS THE
8TH DAY OF THE
MONTH PRIOR TO
THE PUBLICATION
MONTH**



**THE
BUTTERFLY
FELLOWSHIP 2012**

Wollaston Village Hall
Community Centre,
Bridgnorth Road, Stourbridge,
West Midlands DY8 3QA
(unless specified in listing)
PLEASE SEE WEBSITE

Evening of Mediumship,
Special Events and
Afternoon Clubs

Complimentary refreshments

served after each event

Enquiries to: 07809 464165

See our excellent website at

www.butterfly2012.com

& follow us on Facebook:

The Butterfly Fellowship 2012

Psychic News available

at our meetings

Large Car Park at

Community Centre

All Welcome

STH YORKS

**WHITHAM ROAD
SPIRITUALIST CHURCH**

109 Whitham Road,

Broomhill, Sheffield,

South Yorkshire S10 2SL

Tel: 0114 2664025

Mob: 0742 266 5205

CURRENTLY ONLINE

**MEETINGS ONLY – SEE
FACEBOOK FOR DETAILS**

www.whithamroad.co.uk

Sunday 6.30pm - 8pm

Divine Service

Sunday 3pm - 4.30pm

Open Circle

Tuesday 7.30pm - 9pm

Mediumship

Wednesday 11am - 1pm Healing

Wednesday 1.30pm - 3pm

Open Circle

Wednesday 7.30pm - 9pm

Open Circle

We also hold monthly

Special Evenings of Mediumship

along with other Special Events

throughout the year,

including three Psychic Fairs,

a Psychic Supper,

Development Workshops and

Development Courses

TO ADVERTISE

IN

PSYCHIC NEWS

EMAIL:

pnadverts@gmail.com

OR VISIT

psychicnews.org.uk

WALES

THE GATEWAY CHRISTIAN SPIRITUALIST CHURCH
2A Northcote St (off City Road)
CARDIFF CF24 3BH
CURRENTLY CLOSED
Telephone: 029 20470461
Saturday 7.00pm
Demonstration of Mediumship
Sunday 6.30pm
Divine Service
Tuesday 7.00pm
Demonstration of Mediumship
Wednesday 7.15pm
Spiritual Healing
Registered for the
Solemnisation of Marriage,
Naming & Funeral Services
Website:
gatewaychurch.co.uk
All are welcome

SCOTLAND

ARTHUR CONAN DOYLE CENTRE
Home of THE EDINBURGH ASSOCIATION OF SPIRITUALISTS
25 Palmerston Place,
Edinburgh, Scotland EH12 5AP
SEE WEBSITE: www.arthurconandoylecentre.com
Phone: 0131 625 0700
Sundays 11am DIVINE SERVICE
Wednesdays 7.30pm
OPEN CIRCLE (Except August)
Full programme of Special Events,
Workshops, Talks and Courses
See website for details
Also available: Holistic Therapies • Healing • Private Sitzings • Aura Camera Readings • Victorian Tearoom • Room Hire • Psychical Research and Investigation Unit • Follow us on Facebook & Twitter

GUERNSEY

THE GREETING PLACE FOUNDATION
SPIRITUALIST CENTRE
Douzaine Room, St Peters,
Guernsey, Channel Islands
Enquiries to: Ann Jennings
Telephone: 01481 247185
Mobile: 07781 413218
OPEN: SEE FACEBOOK
Email:
greetingplace@cwgsy.net
Website: www.healingandspiritualcentre.co.uk
Our regular services are:
Sunday 11.00am
Address and Communication
Monday 7.30pm Healing Group
Saturday 10.30am
Healing Clinic
Other services as announced
Everyone Welcome

GREECE



SPIRITUALIST SOCIETY OF ATHENS
"The Divine Light"
Channelled Teachings from the highest authority of the Heavenly Kingdom.
Various spiritual leaders, from Socrates and St. John the Baptist to Goethe and Newton teach invaluable lessons to humanity.
Website: www.divinelight.org.gr
E-mail:
info@divinelight.org.gr
Address:
12 Niovis Str.,
Athens, Greece,
11252



WEBSITE LISTINGS

Advertise your website here
for just £25.00 a year
Call: 01376 563091
or email: pnaverts@gmail.com

www.colourpsychologytoday.com	www.chrisratterpsychicsurgeon.com
www.thepleiadianchild.com	www.hpai.co.uk
www.psychicfields.com	www.earthangelcrystals.co.uk
www.michael-chapman.co.uk	www.spiritualtruthfoundation.org
www.healing-hearts-centre.co.uk	www.magicalenchantedart.com
www.newspiritsongs.co.uk	www.petrene.com
www.spiritartgallery.net	www.arthurconandoylecentre.com
www.dawnsholisticshop.co.uk	www.mysticmoonsong.com
www.victoriashealing.co.uk	www.andrewwoodley.co.uk
www.daviddrew.co.uk	www.psychicnews.org.uk
www.edmontonspiritualistchurch16.com	www.atlantiswisdom.org
www.southandwest.webs.com	www.artofspirit.co.uk
www.lightworkenergy.com	www.sandingham.co.uk
www.garypsychicportraits.co.uk	www.lotushealing.co.uk
www.broniawestclairvoyantmedium.co.uk	www.tomjohnstonspiritualistmedium.com
www.angelicreikiuk.com	www.healingangels.co.uk



IRENE - 'BEAUTY FROM WITHIN'

When it comes to Royal Jelly – Nothing else compares

Irene Stein is not your average 80 year old. She is fit, healthy, energetic and, when not working on her business, she is out playing a game of tennis or two and enjoying life to the fullest. Not only this, her flawless complexion has many second guessing her age and not an inch of grey can be found in her full head of hair. Even more interesting is the photo of her mother at 82 years who also managed to get rid of her Arthritis and improved her heart condition by taking the Formula. **Is this not impressive!**



This miraculous formulation, created by Irene herself in conjunction with a Master in Complex Homeopathy and another Master in plant/herbal knowledge, is an excellent blend of Royal Jelly which is naturally preserved in honey with Ginseng, Echinacea and herbs and has been used in the treatment of at least 75 different health conditions. From allergies, digestive problems, diabetes, menopause and migraines right through to heart conditions, blood pressure, cancer, chemotherapy and prostate problems, Royal Jelly can significantly reduce symptoms and in many cases eliminate the condition completely.

Irene's first encounter with Royal Jelly was when she was around 40 years of age. After suffering from a retroverted uterus which was causing her a great deal of pain, Irene went through a hysterectomy.

She was advised that she would need to take hormone replacement tablets and would go into early menopause. As well as the inevitable hot flushes, night sweats and other hormonal imbalance symptoms she was also advised she would be out of action for at least 6 months.

Strong willed and determined to avoid medication; Irene refused to take the tablets and instead took Royal Jelly. Astonishingly, she did not go into early menopause and instead made a full recovery and was back at her desk just one week later!

Not only did this incredible formula relieve Irene of her symptoms, it completely removed her migraines – from which she had suffered from at an early age – and dramatically improved her immune system, meaning she never suffers from coughs, colds or flu.

"I was born to a mother ahead of her time and brought up on black molasses, cider vinegar, and told about the importance of breathing" Irene comments, "These early introductions worked for me and became my own belief, and when I discovered Royal Jelly in 1974 through a Greek Bee Keeper, my mother knew all about it, even though it wasn't readily available."

"I think it is true to say that I don't actually resemble my 80 years. Things like memory, retention, absorption, clarity, focus, agility, and I still seem to be firing on all cylinders. During the early part of my experiences with Royal Jelly, I was fascinated by the way in which my mother's arthritis disappeared completely in her late 70's and I watched her greying hair turned back to its natural colour.

"Incidentally my tennis is getting better and better. I am amazed how I am able to outplay players that I believe are much stronger than



myself. I am also amazed that many younger tennis partners are puffing and blowing by the time that we finish and I've still got energy to go on!"

Around 30,000 people worldwide have incorporated Royal Jelly into their daily diet including professional athletes, showbiz celebrities and members of the British Royal Family with famous faces including Queen Elizabeth, Prince Phillip, Princess Diana and Cliff Richard.

Irene's formula is 10 times more potent than Royal Jelly in other forms, thanks to the homeopathic potentiation of Echinacea and other herbs. Ingredients such as amino acids and glutamic acid are known to delay aging, while the pantothenic acid helps to prevent premature grey. In addition, elements such as inositol, lysine, phosphorus, silicon and sulphur are responsible for maintaining the skin, nails and hair, leaving them in peak condition and the ginseng, iron, thiamine (B1) and cyanocobalamin (Vit B12) provide an abundant source of natural energy.

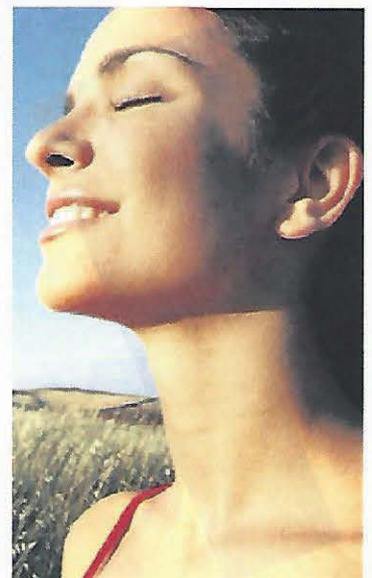
"In the 45+ years, I have been involved with this remarkable substance and my unique formulation," explained Irene, "there have never been harmful side-effects or contra-indications in any way, shape or form, including diabetics who are actually able to lower their units of insulin they take. Many people who believe they are allergic to Ginseng or any other ingredient, find that does not apply to this formulation. I also give it to babies before birth.

"I have as many people making this a-way-of-life as taking it just for a specific condition, since it is cumulative and there are many on-going benefits. I have always had a number of Practitioners sharing my vision and recommending the product to their patients as well as the biggest growth being the recommendation from one person to another."

"From this amazing learning experience," she concluded, "I still continue to astonish myself with the results that I see and hear about. I am still passionate and thrilled to bits with the way in which my unique formulation changes peoples' lives, and have no intention of retiring. Why would I give up my magnificent obsession!"

Irene believes Royal Jelly is something that needs to be discussed before use, and therefore does not feel it should be sitting on the shelves of supermarkets. She is more than happy to provide more information to those who are interested and discuss their conditions and needs to provide the best plan to suit them.

**Contact Irene now on:
+44 (0)7831 641 199
email: ireneroyaljelly@gmail.com
or visit the website at:
www.irenesteinrj.com**



PSYCHIC NEWS ARCHIVES



How to view every issue of *Psychic News* ever published, from 1932 to the present day!

Issues of it in newspaper format, from 1932 to 2010, are being made available online for FREE as a historic archive by the University of Manitoba at:

<https://libguides.lib.umanitoba.ca/psychicnews>

Every issue in its magazine format, from 2011 to the present day, can be viewed by website subscribers at:
www.psychicnews.org.uk
for just £26 for 1 year
or £14 for 6 months

